



Heartland Intergrouper

Newsletter

May 2026 Edition

“SHOEMAKER, stick to thy last!...better do one thing supremely well than many badly. That is the central theme of this Tradition. Around it our Society gathers in unity. The very life of our Fellowship requires the preservation of this principle.

There is another reason for this singleness of purpose. It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away.

For us, if we neglect those who are still sick, there is unrelenting danger to our own lives and sanity. Under these compulsions of self-preservation, duty and love, it is not strange that our Society has concluded that it has but one high mission—to carry the A.A. message to those who don't know there's a way out.”

***- Twelve Steps and Twelve Traditions —
Tradition Five***

Heartland Intergroup

Welcome! Heartland Intergroup Inc. is a non-profit organization providing resources for District 3, Polk, Highlands and Hardee, counties. We are funded entirely by group contributions, individual contributions and a bit of our store sales.

The mission of Intergroup is to assist Alcoholics Anonymous (AA) Groups and individuals in the tri-county area of Polk, Highlands and Hardee County, through centralization efforts that advance the shared primary purpose of staying sober and helping other alcoholics achieve sobriety. Centralization efforts include, but are not limited to, the formation, procedures and empowerment of an Intergroup office, a Representative Body, Board of Officers and the employment of an Office Manager and Volunteers necessary for Intergroup to operate.

Contact Information

www.heartlandintergroup.org

Our new address:

1643 Williamsburg Square, Suite 103

Lakeland, Florida 33803

Call us:

[863.688.0211](tel:863.688.0211)

Visit us:

Monday through Friday

9:00 a.m.— 5:00 p.m.

We Love Hearing From You!

Heartland Intergroup is here to serve our sobriety community. Emails and phone messages are returned as promptly as possible; however, response times may vary due to limited staff and office hours.

If your need is urgent, calling the office, [863.688.0211](tel:863.688.0211), may provide the quickest assistance, especially when a volunteer is available.

We also recommend calling ahead before visiting to ensure coverage is available when you arrive. Please contact us at [863.688.0211](tel:863.688.0211).

Thank you for your patience, your support, and for allowing us to be of service.

Service Opportunities

Front Desk Volunteers - Opening Tuesday and Friday 1-5pm, For the Month of May Only - Wednesday 9:00a.m. - 1:00p.m.

Intergroup E-Newsletter Editor

Night-Watch, 12-Step Phone List

Vice-Chair Opening:

Recently, Heartland Intergroup was informed by our Vice Chair Deb G. of her need to step down

effective immediately. We want to notify our community of the opening and invite interested

members to apply. The current term of the Vice Chair position runs from now until December

31, 2026. To stand for the Vice Chair position, two years of continuous sobriety is required.

The Vice Chair position has the following duties:

A. Chair Intergroup meetings in Chairperson's absence.

B. Act as Chairperson of a Group Relations Committee. This committee might operate in the

following manner:

i. Visit AA Groups on a regular basis, explaining the functions of the Intergroup office.

C. Attend all Intergroup-sponsored events.

D. Perform any other duties that the Chairperson may request.

E. Must be familiar with the By-Laws and 36 principles.

The group representatives can approve someone for the Vice Chair position at a regularly

scheduled monthly group rep meeting. The next meeting will be held on May 11th at 6 p.m. The

meetings are held both in person at the Heartland Intergroup office and on Zoom. Anyone who

would like to stand for the Vice Chair opening should attend the May 11th group rep meeting in

person or online.

If you have any questions, or would like to receive an email invitation to the next group rep

meeting, please reach out to Intergroup at officemanager@heartlandintergroup.org

Link: [Service – Heartland Intergroup, Inc.](#)

Meeting Changes?

Has your meeting made a change?

Is your meeting New?

To ensure we have up to date meeting information, visit www.heartlandintergroup.org click “Find A Meeting”

located at the top menu bar and choose the appropriate item from the drop-down list to fill out the online form.

Please contact us with any questions you may have.

The Downtown Group has moved to 934 South Blvd,

Lakeland – College Heights United Methodist Church.

Meets: Sunday 6:30pm and Wednesday 6:30pm

New Hope Group – Thursday night meeting time change to 7:00pm (formerly 8:00pm)

Meeting that needs support: Into Action Beginner's Meeting, Wednesday night 7:00pm – 690 Berkely Road, Auburndale

Submit Your Story

Heartland Intergrouper would like to extend space in our newsletter to AA members to provide, “in a general way, what it was like, what happened and what it's like now” in 500 words or less and which upholds A.A.'s singleness of purpose. The newsletter section is titled “A Daily Reprieve”.

Please email your story to officemanager@heartlandintergroup.org or “snail-mail” or visit our office. Please contact the office with any questions 863.688,0211.

A Daily Reprieve

Unfortunately we did not have a member submission for the May 2026 Newsletter

Events

June 6th,2026

Founders Day Picnic - Heartland Intergroup Fundraiser - 11:00am - 2:00pm - Serenity Ranch - 3 ribs/chicken leg quarter, baked beans, potato salad, bottled water and cake provided - Barbeque by Award Winning BBQ

Cheff!! Speaker John D. 37 Years - Bring a chair - Ticket Sales End May 29th, 2026

May 11th, 2026

Heartland Intergroup Monthly Representative Meeting Please visit [Events – Heartland Intergroup, Inc.](#) for more information.

Faithful Fiver — Small Gift, Big Impact

Donate to be a Faithful Fiver

Faithful Fivers are A.A. members who graciously pledge to contribute at least five dollars each month to support Heartland Intergroup in its efforts to carry the A.A.

message of hope and sobriety to those alcoholics who still suffer. As a Faithful Fiver, your personal contribution can and will make our vital services possible.

The Faithful Fiver idea came about when we remembered that we wasted much more than five

dollars each month during our drinking days. Today, many of us are blessed with the opportunity to give back a small portion in gratitude for the sobriety we have

been freely given. It is a simple way to practice responsibility, unity, and service — principles that strengthen both our personal sobriety and our

Fellowship as a whole.

Your contribution helps Central Office provide essential services such as answering calls from newcomers and families seeking help, maintaining meeting lists,

supporting A.A. events, coordinating Twelfth Step opportunities, and keeping A.A. accessible in our community. These services often happen quietly behind the scenes, yet they are lifelines for someone reaching out in desperation for the first time.

No amount is too small, and participation is entirely voluntary and anonymous in keeping with our Traditions. Whether you can give five dollars or a different amount, your willingness to contribute helps ensure that the hand

of A.A. will always be there when someone reaches out for help.

If you are already a Faithful Fiver, thank you for being part of this vital service effort. If you have been considering it, we warmly invite you to join us. Together, we help carry the message — one day, one person, and one small act of service at a time.

Link: [Faithful Fiver Donation – Heartland Intergroup, Inc.](#)

Stay Connected

Curious how Heartland Intergroup Works?

Come visit us during our Monthly Rep meeting on the second Monday of each month via Zoom (ID 846 [0554](#)

[4925](#), Password 681818) or In-person at 6:00pm at the Heartland Intergroup Office

The next meeting will be:

Monthly Intergroup Rep Meetings - May 11th @ 6:00p.m.

Please send your Groups Intergroup

Representatives email to

officemanager@heartlandintergroup.org

Remember, Heartland Intergroup serves Polk, Hardee and Highlands counties. Let's ALL stay connected!

District III Business Meeting

Meets at 2:00pm on the third Sunday of every month Where you ask?

Holy Trinity Episcopal Church - 500 West Stuart Street, Bartow, Florida 33830

May A.A. Anniversaries

Please let us know if you would like to be added to the Anniversary list! We want to know your Sobriety Anniversary and Group Anniversary!!

Addresses for Contributions:

General Service Office

Post Office Box 2407
James A Farley Station
New York, NY 10116
Payable to: General Service Board

Area 15 Treasurer

2950 W Cypress Creek Rd
Ste 333 # 1097
Fort Lauderdale, FL 33309
Payable to: Area 15 Treasurer

District III Treasurer

District 3
PO Box 333
Bartow FL 33831
Payable to: District 3 Treasurer

Heartland Intergroup

1643 Williamsburg Square, Suite 102
Lakeland, FL 33803
Payable to: Heartland Intergroup

Did you know?

It costs the General Service Office \$6.13 to process every contribution sent to them by mail.

That means if 1000 Groups from all the U.S. and Canada send in a mailed contribution a month, it costs GSO \$6,130 a month or \$73,560 a year!

The real number is probably more.

Consider seeing if making online contributions might be a method that works for your group.

Below is a link to their page where you can set up an account to send it via card or PayPal. After setting up the account, you can choose your group and have a receipt of the contribution emailed to you for your group's records!

Click here to be taken to the GSO Contribution page

Heartland Intergroup of A.A., Inc.

Founder's Day Picnic!

It's time to celebrate **91** years of AA – Founder's Day
We look forward to seeing you there!

June 06, 2026
11:00 am – 2:00 pm

Serenity Ranch – 327 Eagle Lake Loop Rd W, Winter Haven 33880
3 Ribs/ 1-Leg Quarter, Baked Beans, Potato Salad, Cake, Water

Speaker – John D. 37 years
Bring Your Own:
Chair - Canopy

NO SWIMMING – NO PLAYING WITH THE LIVESTOCK – NO DOGS

Tickets - \$25.00

Ticket Sales End May 29th, 2026
For directions the day of the event call 863.944.2020

Please note this is a Heartland Intergroup Fund Raiser
Please email: officemanager@heartlandintergroup.org
Or call 863.688.0211 if you have any questions

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Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

Want to change how you receive these emails?
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