

Heartland Intergrouper Newsletter

April 2026 Edition

“The fact is that most alcoholics, for reasons yet obscure, have lost the power of choice in drink. Our so-called will power becomes practically nonexistent. We are unable, at certain times, to bring into our consciousness with sufficient force the memory of the suffering and humiliation of even a week or a month ago. We are without defense against the first drink.”

- There Is A Solution, Alcoholics Anonymous

Heartland Intergroup

Welcome! Heartland Intergroup Inc. is a non-profit organization providing resources for District 3, Polk, Highlands and Hardee, counties. We are funded entirely by group contributions, individual contributions and a bit of our store sales.

The mission of Intergroup is to assist Alcoholics Anonymous (AA) Groups and individuals in the tri-county area of Polk, Highlands and Hardee County, through centralization efforts that advance the shared primary purpose of staying sober and helping other alcoholics achieve sobriety. Centralization efforts include, but are not limited to, the formation, procedures and empowerment of an Intergroup office, a Representative Body, Board of Officers and the employment of an Office Manager and Volunteers necessary for Intergroup to operate.

Contact Information

www.heartlandintergroup.org

Our new address:

1643 Williamsburg Square, Suite 103
Lakeland, Florida 33803

Call us:

[863.688.0211](tel:863.688.0211)

Visit us:

Monday through Friday

9:00 a.m.– 5:00 p.m.

We Love Hearing From You!

Heartland Intergroup is here to serve our sobriety community. Emails and phone messages are returned as promptly as possible; however, response times may vary due to limited staff and office hours.

If your need is urgent, calling the office, [863.688.0211](tel:863.688.0211), may provide the quickest assistance, especially when a volunteer is available.

We also recommend calling ahead before visiting to ensure coverage is available when you arrive. Please contact us at [863.688.0211](tel:863.688.0211).

Thank you for your patience, your support, and for allowing us to be of service.

Service Opportunities

Front Desk Volunteers - Opening Mondays and Friday's 9:00a.m. - 1:00p.m.

Intergroup E-Newsletter Editor

Night-Watch, 12-Step Phone List

Link: [Service – Heartland Intergroup, Inc.](#)

Meeting Changes?

Has your meeting made a change?

Is your meeting New?

To ensure we have up to date meeting information, visit www.heartlandintergroup.org click "Find A Meeting" located at the top menu bar and choose the appropriate item from the drop-down list to fill out the online form. Please contact us with any questions you may have.

The Downtown Group has moved to 934 South Blvd, Lakeland – College Heights United Methodist Church. Meets: Sunday 6:30pm and Wednesday 6:30pm

New Hope Group – Thursday night meeting time change to 7:00pm (formerly 8:00pm)

Meeting that needs support: Into Action Beginner's Meeting, Wednesday night 7:00pm – 690 Berkely Road, Auburndale

Submit Your Story

Heartland Intergrouper would like to extend space in our newsletter to AA members to provide, "in a general way, what it was like, what happened and what it's like now" in 500 words or less and which upholds A.A.'s singleness of purpose. The newsletter section is titled "A Daily Reprieve". Please email your story to officemanager@heartlandintergroup.org or "snail-mail" or visit our office. Please contact the office with any questions 863.688,0211.

A Daily Reprieve

Unfortunately we did not have a member submission for the April 2026 Newsletter

Events

June 6th, 2026

Founders Day Picnic - Heartland Intergroup Fundraiser - 11:00am - 2:00pm - Serenity Ranch - 3 ribs/chicken leg quarter, baked beans, potato salad, bottled water and cake provided - Barbeque by Award Winning BBQ Chef!! Speaker TBA - Bring a chair - Ticket Sales End May 29th, 2026

April 13th, 2026

Heartland Intergroup Monthly Representative Meeting

April 25th, 2026

District III Breakfast

Please visit [Events – Heartland Intergroup, Inc.](#) for more information.

Faithful Fiver — Small Gift, Big Impact

Donate to be a Faithful Fiver

Faithful Fivers are A.A. members who graciously pledge to contribute at least five dollars each month to support Heartland Intergroup in its efforts to carry the A.A. message of hope and sobriety to those alcoholics who still suffer. As a Faithful Fiver, your personal contribution can and will make our vital services possible. The Faithful Fiver idea came about when we remembered that we wasted much more than five dollars each month during our drinking days. Today, many of us are blessed with the opportunity to give back a small portion in gratitude for the sobriety we have been freely given. It is a simple way to practice responsibility, unity, and service — principles that strengthen both our personal sobriety and our Fellowship as a whole. Your contribution helps Central Office provide essential services such as answering calls from newcomers and families seeking help, maintaining meeting lists, supporting A.A. events, coordinating Twelfth Step opportunities, and keeping A.A. accessible in our community. These services often happen quietly behind the scenes, yet they are lifelines for someone reaching out in desperation for the first time. No amount is too small, and participation is entirely voluntary and anonymous in keeping with our Traditions. Whether you can give five dollars or a different amount, your willingness to contribute helps ensure that the hand of A.A. will always be there when someone reaches out for help. If you are already a Faithful Fiver, thank you for being part of this vital service effort. If you have been considering it, we warmly invite you to join us. Together, we help carry the message — one day, one person, and one small act of service at a time. Link: [Faithful Fiver Donation – Heartland Intergroup, Inc.](#)

Stay Connected

Curious how Heartland Intergroup Works?

Come visit us during our Monthly Rep meeting on the second Monday of each month via Zoom (ID 846 0554 4925, Password 681818) or In-person at 6:00pm at the Heartland Intergroup Office

The next meeting will be:

Monthly Intergroup Rep Meetings - April 13th @ 6:00p.m.

District III Business Meeting

Meets at 2:00pm on the third Sunday of every month

Where you ask?

Holy Trinity Episcopal Church - 500 West Stuart Street, Bartow, Florida 33830

April A.A. Anniversaries

Karen Z. - 4/9/2009

Michelle H.M. - 4/10/2021

Auburndale Group - 4/7/1972

Please let us know if you would like to be added to the Anniversary list! We want to know your Sobriety Anniversary and Group Anniversary!!

ORLANDO

2026

68th Florida
State Convention

REGISTER TODAY



August 6-9, 2026



EXPERIENCE A NEW FREEDOM

- ✓ Affordable
- ✓ Central Location
- ✓ So Much to Do
- ✓ Register Early and Save

FUN ACTIVITIES

- ✓ Indoor Go-Kart Racing
- ✓ Indoor Water Volleyball
- ✓ World-Class Golf
- ✓ Scenic 5K
- ✓ Dance Parties



\$159 Room Rates



\$40 Early Registration

Addresses for Contributions:

General Service Office

Post Office Box 2407
James A Farley Station
New York, NY 10116
Payable to: General Service Board

Area 15 Treasurer

2950 W Cypress Creek Rd
Ste 333 # 1097
Fort Lauderdale, FL 33309
Payable to: Area 15 Treasurer

District III Treasurer

District 3
PO Box 333
Bartow FL 33831
Payable to: District 3 Treasurer

Heartland Intergroup

1643 Williamsburg Square, Suite 102
Lakeland, FL 33803
Payable to: Heartland Intergroup

Did you know?

It costs the General Service Office \$6.13 to process every contribution sent to them by mail.

That means if 1000 Groups from all the U.S. and Canada send in a mailed contribution a month, it costs GSO \$6,130 a month or \$73,560 a year!

The real number is probably more.

Consider seeing if making online contributions might be a method that works for your group.

Below is a link to their page where you can set up an account to send it via card or PayPal. After setting up the account, you can choose your group and have a receipt of the contribution emailed to you for your group's records!

[Click here to be taken to the GSO Contribution page](#)

*Copyright © *|2019|* *|Heartland Intergroup|*, All rights reserved.*

Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

