

HEARTLAND INTERGROUPER

www.heartlandintergroup.org 863-688-0211 or 863-687-9275

1643 Williamsburg Square, Suite 103 Lakeland, FL 33803 Mondays - Friday 9 am to 5 pm

The Volunteers work hard to ensure we are open these hours, but we to live on life's terms. Please feel free to call ahead to ensure we are open.

New Website Coming Soon!

We're excited to let you know that a brand-new Heartland Intergroup website is on the way to serve our AA Community. Our updated site will be mobile-friendly and will provide easier access to resources, event information, and ways to get involved and support our mission.

Stay tuned – and check back soon for the launch of our refreshed look! Like to look now? <u>Help us fine tune the new website before we go live!</u>

Heartland Intergroup – Connecting the Fellowship, One Day at a Time.

Click here if you would like to help with testing the new site!



Is your meeting making a change? Are you part of a new meeting?

Heartland Intergroup encourages you to use our website to ensure that we have an up-to-date contact person from your meeting, in case we have any follow-up questions.

Click here to add/update a meeting



We are in need of Front Desk Volunteers

Front desk volunteers are often the first voice of A.A. to a newcomer looking for their first meeting.

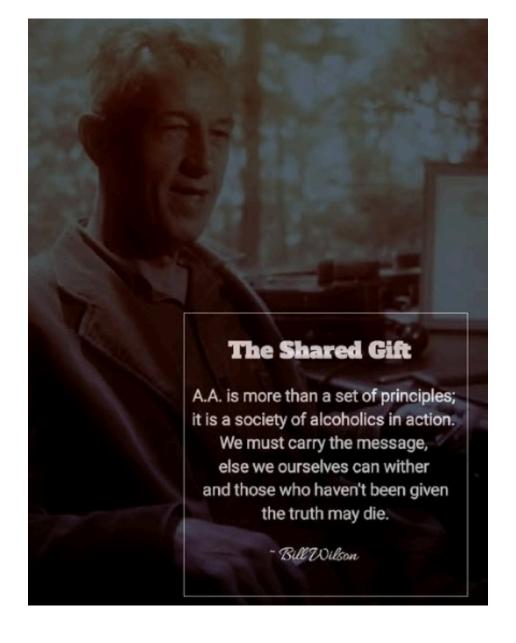
Requirements:

• 1 Year Sobriet

Tuesdays

1 pm - 5 pm

Please feel free to email **officemanager@heartland.org** if you would like to visit and see if this area of service is right for you!









"A Daily Reprieve", Stories of Everyday Life in Sobriety

There are many talented members of A.A.

Heartland Intergroup would like to offer space in our Intergrouper to share some of their works.

·Limited to 500 words or less
·First sent -first published in the order they are sent
· Meets A.A.'s singleness of purpose

In His Eyes by Anonymous

I remember thinking that it was not a big deal and shouldn't be a surprise,

But when I wanted to go out at midnight for more beer, I saw shock in his eyes.

I thought it was only fair to yell and scream when he said no,

And then I proceeded to run out the door even though I had nowhere to go.

When I said I was ready to stop and had had enough,

His eyes showed no sign of believing that I would ever give up.

When I told him his disbelief was the cause of my next drink,

I saw pity in his eyes for the first time, I think.

When Momma died and I drank through night and day,
I couldn't see what his eyes said because he just looked away.

When he did look at me, I couldn't look back.

My disease told me I had every right to drink, and he had no right to attack.

When he said he was leaving, I thought he was joking.

As he packed his bag, His eyes held a seriousness that need not be spoken.

Even though he was the only one who was by my side through it all,

Almost losing him didn't make me honest with myself at all.

I started working the steps and I saw hope in his eyes again,

I had to face every sordid fact of who I had been,

Asking his forgiveness was hardly enough.

He had been down that road and was calling my bluff.

Years into the program and now a different version of myself,

The look in his eyes really is something else.

For the first time, maybe forever, there is something I thought I would never see.

In his eyes is a loving glance letting me know that he finally trusts

me.

If you wish to submit a piece, please email it to Officemanager@heartlandintergroup.org

You can also mail in a submission to

1643 Williamsburg Square Suite 102

Lakeland FI 33860



Faithful Fivers agree to contribute \$5 a month or more to help Heartland Intergroup make sure our phone lines keep running and we are able to keep services which enable us to maintain an up-to-date meeting list that is shared with the Meeting Guide app.

How much will my \$5 actually help?

- It would cover 5% of our phone bill
- It would buy a ream of paper for flyers
- It would cover .5 % of our rent
- It covers 11% of our annual bill to keep the domain, which is the name for our site, so you can always find us at Heartlandintergroup.org

These are just a few examples. Your \$5 a month contribution matters.

If you would like to commit to being a Faithful Fiver, Please email Officemanager@heartlandfintergroup.org

Heartland Intergroup of AA inc. can be set up on your bill pay, as well.

You can also click the link below and check this box for a monthly contribution. The office manager will be notified and you will be added to our Faithful Fiver list.

Donate to Heartland Intergroup of AA Heartland AA Web Donations \$0 USD Make this a monthly donation P Donate with PayPal Donate with Debit or Credit Card

Want to join the Faither Fiver online? Click here, donate now, and choose monthly



December Anniversaries

We want to know your Sobriety Birthdays AND Group Anniversaries!

Help us show the newcomer it does work!

Email: Officemanager@heartlandintergroup.org to add your date



THE DOWNTOWN GROUP OF A.A.

IS MOVING

12/03/2025

COLLEGE HEIGHTS UNITED METHODIST CHURCH 934 SOUTH BLVD LAKELAND FL. 33803

SUNDAY: STEP STUDY 7:30PM

WEDNESDAY: BIG BOOK STUDY 7:30PM

that there

are

9 WEEKLY OPEN MEETINGS ON THE NORTHSIDE at Christ The King Church

✓ MON. 10:30 AM Step and Tradition

Study

√MON. NOON "Living Sober" Study

√TUE. NOON Literature Study

√TUE. 7 PM* Literature Study

✓ WED. NOON Open Discussion

√ THU. NOON **Open Discussion**

√ THU. 8 PM* Open Discussion ✓ FRI. NOON **Open Discussion**

√ SUN. 6 PM* "Big Book" & "12 & 12" Study

(* = Use South Entry Doors)

Come and Join Us. Everyone is Welcome!

Christ The King Church 6400 N Socrum Loop Road Lakeland, FL 33809



Curious how Heartland Intergroup works?

Come and visit us during our Monthly Rep meeting on the second

Monday of each month

via Zoom or In-person at 6 pm.

The next one will be December 8th

1643 Williamsburg Square
Suite 103
Lakeland, FL 33803
The entry code for the front door
after 5pm is 19355

Zoom Meeting ID: 232 358 0422

No password is needed. The Host will let you in.

Click here to join the meeting via Zoom





Southern States Alcoholics Anonymous Service Assembly

13 Areas are included in the Southern States!! Come and represent yours!

What: SSAASA 8, hosted by Area 71

When: December 5-7, 2025

Where: Hyatt Regency Dulles 2300 Dulles Corner Blvd., Herndon, VA 20171

Go to: www.SSAASA.com to register, reserve your room, and then plan to have FUN!!

Who is SSAASA for? SSAASA is for anyone interested in or involved in A.A. service (GSRs, DCMs, District & Area Committee Members, Intergroup/Central Office representatives). All A.A. members are welcome to attend to learn more about our Third Legacy – Service!

What happens at an SSAASA event? A program is set up by the host committee where there are general sharing sessions, panels on specific topics, and workshops or roundtables where A.A. members holding the same jobs can share their experience with each other and learn more about each service opportunity.

Is there a cost? Yes, and it's only \$35.00! The SSAASA event is self-supporting through your registration fee. Home groups, districts, and areas can honor the 7th tradition by supporting your trusted servants so that they may attend.

Come experience Virginia hospitality and get to know some of your neighboring AA members - we'll be happy to have you!

Still have questions? Please email Chair@ssaasa.com.

Click here to register online for SSAASA!



District 3 Breakfast The Hardee Co Welcome Group

December 13, 2025 320 4th St E Zolfo Springs, FL

(First Baptist Church)

Doors Open: 9:30 am Breakfast: 10:00 am

Speaker to Follow: Dawn M

Tickets are available for \$10.00- Not sold at the door

50/50 Raffle
All proceeds will be contributed to District 3





New Year Alcothon 2026



Begins - Wednesday December 31,2025 @ 5:30 PM
Ends - Thursday New Years Day, 2026 @ 4:00 PM

- 2720 East Main St Lakeland, Fl. 33801
- FINGER FOOD, DRINKS AND SNACKS WILL BE AVAILABLE. Side dishes and donations appreciated,
- 50/50 Drawing to be held at the end of the Alcothon. You do not have to be present to win.

Show up and have a Happy Sober New Year

Sponsored by AA Meetings at the 2720 Club

Not for Profit or a Fundraiser



Click here to register, buy merch, and/or reserve a banquet ticket!

Heartland Intergroup has a private hidden Facebook Group.

In the event of a hurricane, the office will be closed, and meetings will need to make decisions whether they will be open or not.



This Facebook Page is private and hidden. That means no one can see this page unless invited by a current member and posts cannot be shared. However, members can post closed meetings to keep our A.A. Community informed.

If you would like to join.

Please message Michelle HM.

There is only one on Facebook, so she is easy to find.

Of course, Heartland Intergroup respects the fact that not everyone will be comfortable with this method and we will try to share information as best we can outside of this group, however it may be the only way to get information out on short notice.

"I CHOSE SOBER BECAUSE
I WANTED A BETTER LIFE.
I STAY SOBER BECAUSE
I GOT ONE."

DISTRICT III BUSINESS MEETING- Meets at 2:00PM on the 3rd Sunday of every month at

Holy Trinity Episcopal Church,

500 West Stuart St. Bartow, FL 33830.

Addresses for Contributions:

General Service Office

Post Office Box 2407 James A Farley Station

New York, NY 10116 Payable to: General Service Board

Area 15 Treasurer

2950 W Cypress Creek Rd Ste 333 # 1097 Fort Lauderdale, FL 33309 Payable to: Area 15 Treasurer

District III Treasurer

District 3

PO Box 333

Bartow FL 33831 Payable to: District 3 Treasurer

Heartland Intergroup

1643 Williamsburg Square, Suite 102

Lakeland, FL 33803 Payable to: Heartland Intergroup

Did you know?

It costs the General Service Office \$6.13 to process every contribution sent to them by mail.

That means if 1000 Groups from all the U.S. and Canada send in a mailed contribution a month, it costs GSO \$6,130 a month or \$73,560 a year!

The real number is probably more.

Consider seeing if making online contributions might be a method that works for your group.

Below is a link to their page where you can set up an account to send it via card or PayPal. After setting up the account, you can choose your group and have a receipt of the contribution emailed to you for your group's records!

Click here to be taken to the GSO Contribution page

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Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

Want to change how you receive these emails?
You can <u>update your preferences</u> or <u>unsubscribe from this list.</u>

