



HEARTLAND INTERGROUPE

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275

www.heartlandintergroup.org

MONDAY- 9AM-5PM
TUESDAY-9AM-5PM
WEDNESDAY-9AM- 5PM
THURSDAY- 9AM- 5PM
FRIDAY- 9AM- 5PM

WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!

**HEARTLAND INTERGROUP WILL BE CLOSED
SEPTEMBER 4th IN OBSERVANCE OF LABOR DAY**

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO
WEBSITE:**

[Submit Meeting Changes](#) | [Heartland AA \(heartlandintergroup.org\)](http://Heartland AA (heartlandintergroup.org))

It we are painstaking about
this phase of our development, we
will be amazed before we are half
way through. We are going to know
a new freedom and a new happiness.
We will not regret the past nor
wish to shut the door on it. We will
comprehend the word serenity and
we will know peace. No matter how
far down the scale we have gone, we
will see how our experience will benefit
others... Self-seeking will slip away



ABOUT FAITHFUL FIVERS

Faithful Fivers are A.A. Members who pledge to contribute at least \$5.00 a month to support our local Intergroup office in its efforts to carry the A.A. message of hope and recovery to alcoholics in Polk, Highlands, and Hardee counties.

HOW TO BECOME A FAITHFUL FIVER

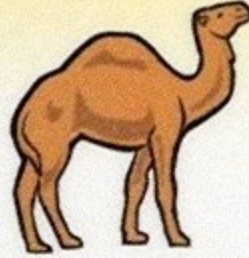
- Call the office manager at (863) 688-0211
- Visit our website at Heartlandintergroup.org. Go to the *donate* tab at the top right of the screen.

What does our Intergroup do?

- Provides a 24-hour A.A. Hotline
- Has available space for AA meetings
- Sells A.A. literature and merchandise
- Publishes a monthly Newsletter called the Intergrouper, free to sign up for.
- Offers an informative up-to-date website with current meeting lists, and events.
- Has an online bookstore for convenience to those that may not be able to visit in person.
- Has an extensive Lending Library of speaker CD's and tapes.
- Provides a 12-Step room for sponsor/sponsee to meet.

(863) 688-0211
4204 S. FLORIDA AVE STE. H
LAKELAND, FL 33813

The camel each day goes
twice to his knees.
He picks up his load with
the greatest of ease.
He walks through the day
with his head held high.
And stays for that day,
completely dry.



CAMEL PRAYER

The tasks of the day
can pass with ease
when a camel or I start
on our knees.

One Master we serve,
the camel and I,
and stay for that day
completely dry.

STEP 9

MADE **DIRECT** AMENDS
TO SUCH PEOPLE
WHEREVER POSSIBLE,

EXCEPT WHEN TO
DO SO WOULD
INJURE THEM OR
OTHERS



We Need Help!!!

My name is Jack W. I am the Corrections Chairman for District 3 which includes Polk, Hardee and Highlands Counties. We are looking for volunteers to go into the jails and state prisons in this district. We especially need help at the men's jail in Polk County which is in Frostproof and the Hardee men's jail in Hardee County, and the state prison in Avon Park.

We know that this kind of service work is not for everyone, but we believe of all the service work, this is one of the most rewarding.

The requirements are; 1 year of sobriety, has worked the 12 steps, can follow the rules set by the institution that you serve and a willingness to serve for at least 2 years. If you have been incarcerated before does not mean you cannot serve in a jail or prison. It depends on your situation. Also, having not been arrested at all does not mean you cannot take a meeting into a jail or prison. I myself have never been arrested. But I bring a meeting into a prison every week.

We are also looking for people to serve on a Corrections Committee. We need a secretary, treasure, and other members to help serve on this important committee.

If you would like to be involved in this important 12th step work please contact me at: corrections@aadistrict3fl.org or call 618-407-9879.

A.A. Oldtimers...On the Nineth Step

A.A. Grapevine, July 1945, Vol. 2 No. 2

Editorial: On the 9th Step...

"Made direct amends to such people wherever possible except when to do so would injure them or others."

Like others of the Steps, Number Nine is closely related to Number Three –"to turn our will and our lives over to God as we understood Him." If we have accomplished this step to any measurable degree, we have attained at least a small measure of humility and a realization of our dependence on Him.

Having prepared a list of all people we have harmed and brought ourselves to the point where we are willing to make amends to them, our Ninth Step is one calling for positive action. There is a world of difference between being willing to do a thing and actually

doing it. How many times in the pre-A.A. state have we said “I am sorry, I won’t do it again” and felt that that constituted complete amends.

A sincere apology, with a true explanation to the person harmed, of what we believe to be the reason for our past actions can quite frequently readjust personal relations –but the A.A. realizes that this cannot take care of the ones we have really hurt and invariably these are the ones we should and do love most.

Most of us had at least a few years of real pathological drinking behind us when we first learned of the Twelve Steps. Those terrible years are the ones that become repulsive to us as we progress in our new-found life program for order and happiness—years in which our every action was influenced by alcoholic thinking, with all its implications. It naturally follows that whatever our state in life may be, those close to us bore the brunt of our outrageous behaviour. How can one make amends to a dear wife, son or daughter or parent who through no fault of their own truly suffered physically and financially and more important, mentally, the humiliation and embarrassment of going through life with a drunkard? A simple “I am sorry; it won’t happen again” is not enough. It is not enough for us and it is not enough for the aggrieved person.

Direct amends, by all means, is a must, in restoring physical property to the rightful owner, paying debts willingly within our ability to do so and retracting the lie that hurt a reputation; but the real amends are made in scrutinizing our day-in and day-out conduct and keeping that conduct “on the beam.” The loved ones whom we have hurt don’t want their “pound of flesh.” Whether they are still in daily contact with us or not, amends are best made to them by restoring the love and confidence and respect they once had for us by the action of right living. With that thought clearly in our minds that “first drink” is an improbability, even an impossibility and the well-rounded, good life we all yearn for becomes readily visible to us.

B. H.

Forest Hills, New York

LOOKING FOR A PLACE TO CALL HOME?



WE WELCOME YOUR GROUP!

What does that include?

1ST MONTH'S RENT FREE

INSURANCE IS COVERED

COFFEE AND WATER INCLUDED

HYBRID MEETING POSSIBILITIES

BIG BOOKS TO USE WHILE IN MEETING SPACE

LOTS OF TIME SLOTS AVAILABLE

CONTACT OFFICE MANAGER AT:
OFFICEMANAGER@HEARTLANDINTERGROUP.ORG

When we sincerely took such a position, all sorts of remarkable things followed. We had a new Employer. Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or the hereafter. We were reborn.

We were now at Step Three. Many of us said to our Maker, *as we understood Him*: "God, I offer myself to

HYBRID MEETING- September Heartland Intergroup Representative Meeting, Monday, September 11th, at 6:00PM.

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Topic: September Heartland Intergroup Rep Meeting

Time: Sep 11, 2023 06:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422>

Meeting ID: 232 358 0422

One tap mobile

+13052241968,,2323580422# US

+16469313860,,2323580422# US

Dial by your location

- +1 305 224 1968 US
- +1 646 931 3860 US
- +1 929 205 6099 US (New York)
- +1 301 715 8592 US (Washington DC)
 - +1 309 205 3325 US
 - +1 312 626 6799 US (Chicago)
 - +1 346 248 7799 US (Houston)
 - +1 360 209 5623 US
 - +1 386 347 5053 US
 - +1 507 473 4847 US
 - +1 564 217 2000 US
 - +1 669 444 9171 US
- +1 669 900 6833 US (San Jose)
 - +1 689 278 1000 US
 - +1 719 359 4580 US
 - +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/kWFhYUFGP>

What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!

ACCEPTANCE
IS THE ANSWER
TO ALL OF MY
PROBLEMS TODAY.
WHEN I AM DISTURBED,
IT IS BECAUSE I FIND SOME
PERSON, PLACE, THING OR SITUATION
- SOME FACT OF MY LIFE -
UNACCEPTABLE TO ME,
AND I CAN FIND NO SERENITY
UNTIL I ACCEPT THAT
PERSON, PLACE, THING OR SITUATION
AS BEING EXACTLY THE WAY IT IS
SUPPOSED TO BE
AT THIS MOMENT.
NOTHING, ABSOLUTELY NOTHING,
HAPPENS IN GOD'S WORLD BY MISTAKE.

p.417



We Would Love To Update Your Group Contacts:

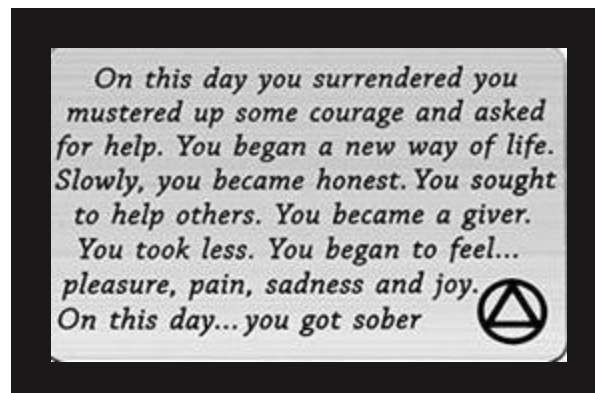
If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: Heartlandintergroup.org
Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES, and answer the questions! It's that easy!

If you would rather, you are always welcome to email officemanager@heartlandintergroup.org and send us your info that way!

Thank you everyone for your continued support!





We are forming a Heartland Intergroup
Outreach Committee.

Our goal is to bring the tri-county AA
community closer together. We are looking
for volunteers who are willing to travel to
meetings throughout the tri-county area to
spread the word that Intergroup is here to
support and help them. If you are interested
in attending new meetings, meeting new
people and being of service, please call or
text Mark C. at 863-307-6545 or send an
email to LakelandWW@gmail.com.

R. H. SMITH, M. D.
2ND NATIONAL BLDG. AKRON, OHIO
TELEPHONE: HE-8523 REG. NO. _____
FOR alcoholics
R ADDRESS _____ DATE Feb 1937
always remember it
1. Trust God
2. Clean house
3. Help others
NR 1 2 3 INF. *[Signature]* M. D.

HEARTLAND INTERGROUP MERCHANDISE OF THE MONTH!!!

For the month of SEPTEMBER, *Alcoholics Anonymous Comes of Age*, will be 20% off!!!! Take advantage of this merchandise while it's at this great price!

September Merchandise of the Month

ALCOHOLICS ANONYMOUS

Comes of Age

a brief history of A.A.

20% off in September

Bill W. tells the story of how the A.A. Fellowship grew, from its beginnings in New York and Akron to its spread across the country and overseas. Through the lens of the Three Legacies of Recovery, Unity and Service, Bill explains how the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service evolved. Closing chapters share the perspectives of early "friends of A.A.," including Dr. Silkworth and Father Ed Dowling. With 16 pages of archival photographs.

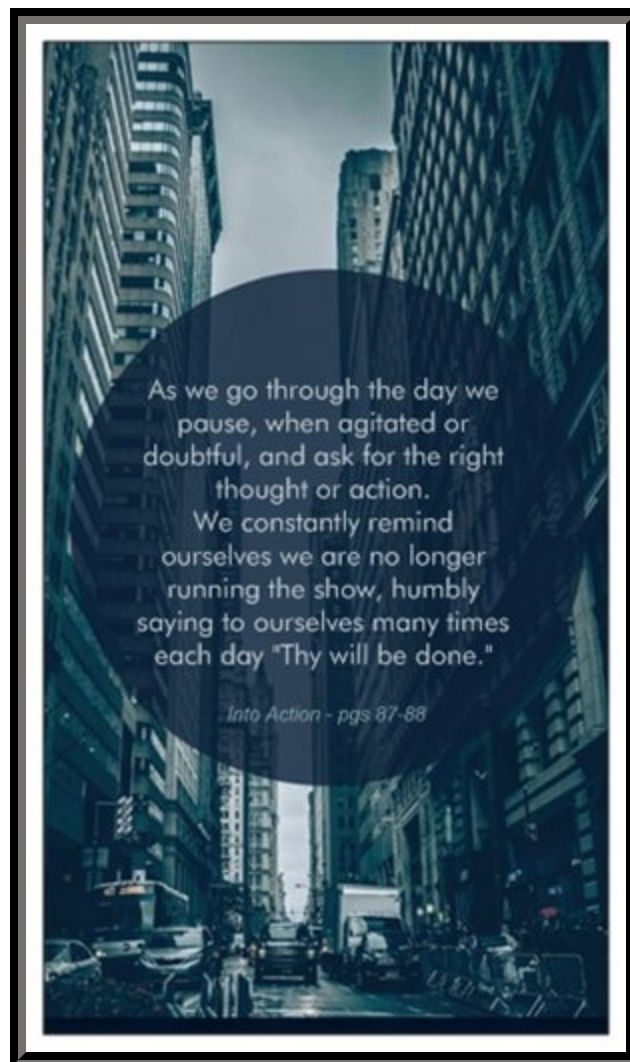
General Service Conference-approved.

**We want to know your Sobriety Birthdays AND
Group Anniversaries!**

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at officemanager@heartlandintergroup.org.
THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!

SEPTEMBER ANNIVERSARIES

Paul B.- 9/20/1984, 39 years!
Dan B.- 9/20/2007, 16 years!
Michelle S.- 9/20/2018, 5 years!



LITERATURE SPOTLIGHT

Area 15 District 3 Literature Committee

Beginner pamphlets to have or to share with those new to AA.
Use QR code to view or download the PDF file of the pamphlet!

A Brief Guide to A.A.



A Newcomer Asks



Is A.A. for You?

TWELVE QUESTIONS
ONLY YOU CAN ANSWER



A.A. at a glance

What is A.A.?
Alcoholics Anonymous is a voluntary, worldwide fellowship of men and women born of habit of the who meet together to share and support sobriety. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership.

Current Membership
A.A. membership has grown from 170,000 groups and over 2,000,000 members in over 100 countries.

Relationship With Outside Agencies
This Fellowship has adopted a policy of "non-identification" with other organizations concerned with the problem of alcoholism. We have no formal relationship with A.A. and neither address nor identify any members.

How A.A. Is Supported
Over the years, Alcoholics Anonymous has obtained and strengthened a tradition of being fully self-supporting and of neither seeking nor accepting contributions from non-members. Within this Fellowship, the amount each may be contributed by any individual member is limited to \$10.00 a year.



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How to use QR codes:

- Open the camera app on your phone.
- Hold the phone so the QR code appears in view
- Tap the notification to open link associated with QR code
- This will take you to the AA.ORG website where you can download a copy of the pamphlet for your personal use.

How to get copies of these pamphlets:

- Many groups have display racks of pamphlets for those who want them.
- A.A. At A Glance is a free brochure. The others are 15-35 cents plus tax and shipping if applicable.
- Heartland Intergroup (4204 S. Florida Ave, Suite H, Lakeland) has a store where they sell all the AA pamphlets (or give away the free ones). They also sell books, medallions, and many other items to support the members and groups of AA in our area.
www.heartlandintergroup.org/store/ or call (863)688-0211.
- AA.ORG sells pamphlets and other literature. Use the QR code and you can follow options to order copies. AA World Services permits printing a single copy of pamphlets for personal use.

How to use the Pamphlets

- Individuals can keep these pamphlets on hand to carry this message to alcoholics in need. (12th step)
- Groups can give these pamphlets to newcomers, put them in a display rack, or scatter them on tables to carry this message to the alcoholic who still suffers (5th tradition).

July 2023, www.aadistrict3fl.org/literature

**DISTRICT III BUSINESS MEETING- Meets at 2:00PM
on the 3rd Sunday of every month at Holy Trinity
Episcopal Church, 500 West Stuart St. Bartow, FL
33830.**

RIGOROUSLY HONEST GROUP

8TH ANNIVERSARY DINNER

**Bring your favorite dish to
share and we will provide
the chicken, drinks, and
dessert!!**



FAM Church
1400 E. Canal St.
Mulberry, FL 33860



Monday, October 9th,
2023
6:00PM- Doors Open
6:30PM- Dinner
7:00PM- Speaker, John M.
sharing on 27 years!

**Come celebrate
with us!**

Primary Purpose



Food ♦ Fellowship ♦ Fun



Live Music ♦ Bounce House



Cornhole & Horseshoes



Boat Ramp Access

Come join us on the shores of Lake Idylwild on

Saturday, October 21, 2023

10 am to 3 pm

Tickets \$10 (kids free)

All proceeds to benefit

Heartland Intergroup



Burgers, Dogs & Drinks Provided
Lunch Will Be Served From 12:00 – 1:30

♦ 2305 Havendale Blvd NW ♦

- ♦ Picnic pavilion located behind Winter Haven Moose Lodge ♦
- ♦ Hosted by the Auburndale and Weekend Serenity Groups ♦

Inspire and Attract! SSAASA7

South East Region Service Assembly

Meet your peers around the South East Region

Hosted by Area 14, North Florida

- ✓ Panel Discussions
- ✓ Service Workshops
- ✓ Share Your Service Experience
- ✓ Learn and Discover
- ✓ Volunteer Opportunities

**Southern States
A. A.
Service Assembly
Orlando Florida
Sheraton Orlando North
November 17-19, 2023**



Questions? Chair.ssaasa7@gmail.com

SSAASA7.ORG

Scan to go to website

Service Workshops * Panel Discussions * Service Experience

YOU Are Invited!

Inquiring minds and trusted servants from all over the South East Region will come together to discuss all things service. Come to Discover, Learn and Share. See old friends, and make new ones.

Volunteer to help in so many ways:

- Greeter
- Registration
- Hospitality
- Presenter

Discuss and Share:

- General Service Positions
- Grapevine
- Intergroup
- Traditions (Have fun)
- Concepts (Learn)
- Just checking out the 3rd Legacy?

Register and reserve your room at ssaasa7.org, or download paper registration form and FAQ

Questions? Email chair.ssaasa7@gmail.com

Need A Scholarship? We are able to offer a scholarship for Registration Only. Email chair.ssaasa7@gmail.com for an application. Be sure to allow time to reserve your hotel room if one will be needed.

Prodigal Sons V

Central Florida AA Men's 12-Step Retreat, Fall 2023

The Fall Retreat is once again around the corner!

WHAT: This is a 3-day, 12-Step Men's Retreat welcome to all members of Alcoholics Anonymous. This retreat is based on the 12 steps of Alcoholics Anonymous, put on by recovered alcoholics for other alcoholics in recovery. It is not a religious retreat and the presenters utilize only AA conference approved literature. The events include speakers for each step, buzz group sessions to work the steps, (5) meals, AA speaker meeting, snacks, fellowship, bonfire, lakeside morning meditation. Camp style lodging included with registration fee.

WHEN: Friday November 17 thru Sunday November 19, 2023

WHERE: Lake Yale Baptist Convention Center
39034 County Rd 452, Leesburg, FL 34788

WELCOME: Registration begins 2:00 pm Friday, November 17th
Retreat begins at 4:00pm
Dinner served at 5:30pm

COST: **\$155:** Camp lodging and bring your own bedding, towels, pillow

\$170: Camp lodging with supplied bedding

\$120: All retreat events with no lodging

*Limited hotel room space for additional fee is available. Call for details.

Payment (check money order, PayPal) **Due on September 1, 2023**

WHO TO CONTACT: For the application form send an email to:
prodigalsonsv@gmail.com
or call/text Daniel at 941-730-4274

6TH FLORIDA AA ARCHIVES WORKSHOP



Hosted by Areas 1, 14, 15 and FCYPAA
9AM to 4PM on Saturday February 17, 2024
Redeemer Lutheran Church
3377 Aloma Ave, Winter Park FL 32792
\$20/person, registration fee includes lunch

**Presentations include Florida's AA history, What to collect,
How to organize/digitize, How to Interview Old Timers,
How to prepare Group Histories, Area/District/Intergroup
Archives Displays, and Ethics**

**Please make checks payable to Florida Archives Workshop and Send
Registration check to JoAnn B. 7202 Morningsgate Way, Riverview, FL 33578
by February 1, 2024 . If you have any questions feel free to contact JoAnn B,
Registrar/Treasurer, at jballvikingfan@gmail.com**

Addresses for Contributions:

General Service Office

Post Office Box 2407
James A Farley Station New York, NY 10116
Payable to: AA General Service Office

Area 15 Treasurer

PO Box 590835
Fort Lauderdale, FL 33359-0835
Payable to: Area 15 Treasurer

District III Treasurer

District III
5441 Chandler Drive
Winter Haven, FL 33884
Payable to: District III Treasurer

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup



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Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

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