

[View this email in your browser](#)



# HEARTLAND INTERGROUP

4204 S. Florida Ave, Suite H.  
Lakeland, FL 33813  
863-688-0211 or 863-687-9275

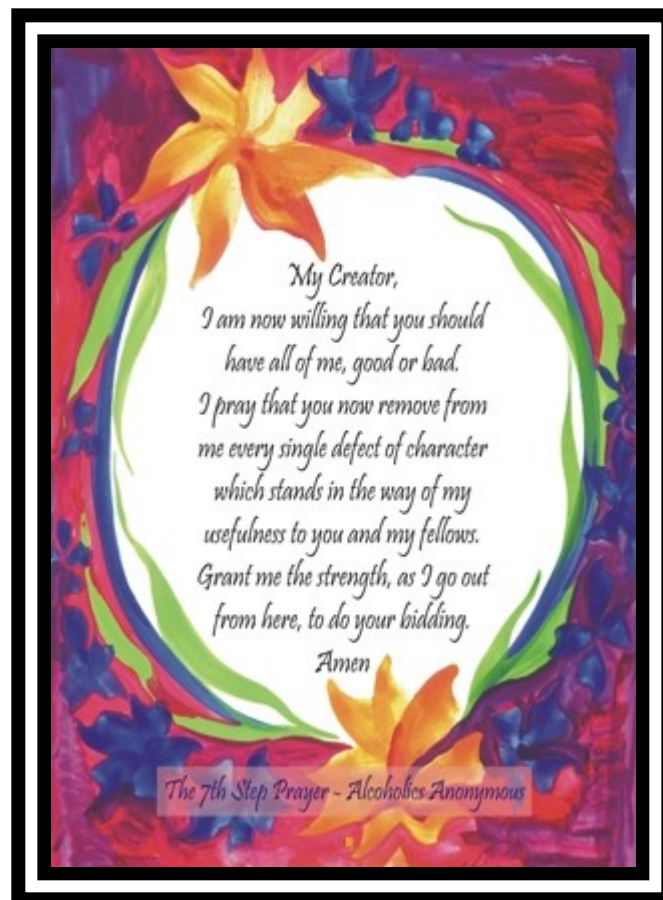
[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

MONDAY- 9AM-5PM  
TUESDAY-9AM-5PM  
WEDNESDAY-9AM- 5PM  
THURSDAY- 9AM- 5PM  
FRIDAY- 9AM- 5PM

**WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!**

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO  
WEBSITE:**

[Submit Meeting Changes](#) | [Heartland AA \(heartlandintergroup.org\)](#)





## ABOUT FAITHFUL FIVERS

Faithful Fivers are A.A. Members who pledge to contribute at least \$5.00 a month to support our local Intergroup office in its efforts to carry the A.A. message of hope and recovery to alcoholics in Polk, Highlands, and Hardee counties.

## HOW TO BECOME A FAITHFUL FIVER

- Call the office manager at (863) 688-0211
- Visit our website at [Heartlandintergroup.org](http://Heartlandintergroup.org). Go to the **donate** tab at the top right of the screen.

## What does our Intergroup do?

- Provides a 24-hour A.A. Hotline
- Has available space for AA meetings
- Sells A.A. literature and merchandise
- Publishes a monthly Newsletter called the Intergrouper, free to sign up for.
- Offers an informative up-to-date website with current meeting lists, and events.
- Has an online bookstore for convenience to those that may not be able to visit in person.
- Has an extensive Lending Library of speaker CD's and tapes.
- Provides a 12-Step room for sponsor/sponsee to meet.

(863) 688-0211  
4204 S. FLORIDA AVE STE. H  
LAKELAND, FL 33813

The camel each day goes  
twice to his knees.  
He picks up his load with  
the greatest of ease.  
He walks through the day  
with his head held high.  
And stays for that day,  
completely dry.



### CAMEL PRAYER

The tasks of the day  
can pass with ease  
when a camel or I start  
on our knees.  
One Master we serve,  
the camel and I,  
and stay for that day  
completely dry.

A recruitment poster for A.A. District III Corrections. The poster has a blue background with a large circular inset on the right showing a broken metal chain. The text is in white and blue. The title 'DISTRICT III CORRECTIONS' is in large blue letters. Below it, 'Polk, Highlands, and Hardee County' is in white, followed by 'WE NEED YOU!!' in white. A list of requirements is in white. Contact information is in white on a dark blue background.

## DISTRICT III CORRECTIONS

Polk, Highlands, and  
Hardee County

WE NEED YOU!!

If you have:

- 1 year of sobriety
- Has a sponsor
- Has worked all 12 Steps
- Must pass level 2 background check

PLEASE CONTACT:

JACK W.  
(618)407-9879

[CORRECTIONS@AADISTRICT3FL.ORG](mailto:CORRECTIONS@AADISTRICT3FL.ORG)

**A.A. Oldtimers...On the Seventh Step**

***A.A. Grapevine, May 1945, Vol. 1 No. 12***

**Editorial: On the 7th Step**

***“Humbly asked Him to remove our***



*shortcomings.”*

We all know that it is God’s will that we live clean, wholesome lives; that we think clearly and become persons of honest decision. This we know we cannot do until we become our real selves, so, in desperation, we alcoholics revert to prayer. We humbly ask God to remove our shortcomings; to restore us to our natural selves, so that we may think clearly on our problems. Emerson says, “None will ever solve the problem of his character according to our prejudice, but only in his own high unprecedented way.”

Character is undoubtedly accumulative, and in removing shortcomings it stands to reason that we are striving to build character. This can be done by observing our errors, and, one at a time, correcting them on the spot.

We have already accepted this “Power greater than ourselves” as a reality. Something to which we can pray, expecting to receive help. So now we ask for courage to look at our shortcomings honestly. To recognize them for what they really are, and not what we might wish them to be.

What are some of our shortcomings? Let us list just a few: 1. Excessive drinking. 2. Resenting help. 3. Resenting the good fortune of others. 4. Defending ourselves when we know we are in the wrong. 5. Jealousy and envy of all kinds. 6.

Shunning responsibility.

Through the grace of God we have found A.A.,

which teaches us that we are sick people and that alcohol in any form or amount is out. So we stop drinking. That takes care of our number one problem.

We must be willing to accept help of all kinds without resentment. This takes a little time, as we are the world's most sensitive persons. We know too well that we have neglected all of our talents and abilities for alcohol, and we have terribly guilty feelings, made more acute by persons who are already in better circumstances than we are. Nevertheless, we learn to suffer our hurt feelings and start building a constructive, happy life.

Defending what we call our "pride" is one of the most difficult shortcomings to remove. Many of us have thought of pride as something virtuous, something to be honored. Well, what have we left, we who are humbly seeking help, that we can put on exhibition as virtue? Often we cannot actually put our finger on anything in our make-up of which we are really proud. So we break down our false pride, and exchange it for humility.

The most beautiful art in the world is simple, with few lines, little fuss and complications. So we try being simple for a change. Just plain honest simplicity. We look for the best in our fellow man, "Pardon the wrong in him; hark to the song in him."

By accepting God's help, we learn to think clearly; to play fairly; and to give generously.

**Elizabeth W.  
Boston, Massachusetts**

LOOKING FOR A PLACE TO CALL HOME?



**WE WELCOME YOUR GROUP!**

*What does that include?*

**1ST MONTH'S RENT FREE**

**INSURANCE IS COVERED**

**COFFEE AND WATER INCLUDED**

**HYBRID MEETING POSSIBILITIES**

**BIG BOOKS TO USE WHILE IN MEETING SPACE**

**LOTS OF TIME SLOTS AVAILABLE**

**CONTACT OFFICE MANAGER AT:  
[OFFICEMANAGER@HEARTLANDINTERGROUP.ORG](mailto:OFFICEMANAGER@HEARTLANDINTERGROUP.ORG)**



When we sincerely took such a position, all sorts of remarkable things followed. We had a new Employer. Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or the hereafter. We were reborn.

We were now at Step Three. Many of us said to our Maker, *as we understood Him*: "God, I offer myself to

## HYBRID MEETING- July Heartland Intergroup Representative Meeting, Monday, July 10th, at 6:00PM.

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Topic: July Heartland Intergroup Rep Meeting

Time: Jul 10, 2023 06:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422>

Meeting ID: 232 358 0422

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One tap mobile

+13052241968,,2323580422# US

+16469313860,,2323580422# US

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Dial by your location

• +1 305 224 1968 US

- +1 646 931 3860 US
- +1 929 205 6099 US (New York)
- +1 301 715 8592 US (Washington DC)
  - +1 309 205 3325 US
- +1 312 626 6799 US (Chicago)
- +1 346 248 7799 US (Houston)
  - +1 360 209 5623 US
  - +1 386 347 5053 US
  - +1 507 473 4847 US
  - +1 564 217 2000 US
  - +1 669 444 9171 US
- +1 669 900 6833 US (San Jose)
  - +1 689 278 1000 US
  - +1 719 359 4580 US
  - +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/kWFhYUFGP>

What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!

**ACCEPTANCE**  
**IS THE ANSWER**  
**TO ALL OF MY**  
**PROBLEMS TODAY.**  
**WHEN I AM DISTURBED,**  
**IT IS BECAUSE I FIND SOME**  
**PERSON, PLACE, THING OR SITUATION**  
**- SOME FACT OF MY LIFE -**  
**UNACCEPTABLE TO ME,**  
**AND I CAN FIND NO SERENITY**  
**UNTIL I ACCEPT THAT**  
**PERSON, PLACE, THING OR SITUATION**  
**AS BEING EXACTLY THE WAY IT IS**  
**SUPPOSED TO BE**  
**AT THIS MOMENT.**  
**NOTHING, ABSOLUTELY NOTHING,**  
**HAPPENS IN GOD'S WORLD BY MISTAKE.**

p.417



## **We Would Love To Update Your Group Contacts:**

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: [Heartlandintergroup.org](http://Heartlandintergroup.org)  
Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES, and answer the questions! It's that easy!

If you would rather, you are always welcome to email [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org) and send us your info that way!

Thank you everyone for your continued support!





*On this day you surrendered you  
mustered up some courage and asked  
for help. You began a new way of life.  
Slowly, you became honest. You sought  
to help others. You became a giver.  
You took less. You began to feel...  
pleasure, pain, sadness and joy.  
On this day... you got sober*



We are forming a Heartland Intergroup  
Outreach Committee.

Our goal is to bring the tri-county AA  
community closer together. We are looking  
for volunteers who are willing to travel to  
meetings throughout the tri-county area to  
spread the word that Intergroup is here to  
support and help them. If you are interested  
in attending new meetings, meeting new  
people and being of service, please call or



text Mark C. at 863-307-6545 or send an email to [LakelandWW@gmail.com](mailto:LakelandWW@gmail.com).

R. H. SMITH, M. D.  
2ND NATIONAL BLDG. AKRON, OHIO  
TELEPHONE: HE-8523 REG. NO. \_\_\_\_\_  
R FOR alcoholics  
ADDRESS \_\_\_\_\_ DATE Feb 1937  
*always remember it*  
1. Trust God  
2. Clean house  
3. Help others  
NR 1 2 3 INF. \_\_\_\_\_ M. D.

## **HEARTLAND INTERGROUP MERCHANDISE OF THE MONTH!!!**

For the month of July, *ALL KEYCHAINS*, will be 20% off!!!! Take advantage of this merchandise while it's at this great price!



JULY MERCHANDISE OF  
THE MONTH

# ALL KEYCHAINS

20% OFF FOR THE  
MONTH OF JULY



Heartland Intergroup

## **We want to know your Sobriety Birthdays AND Group Anniversaries!**

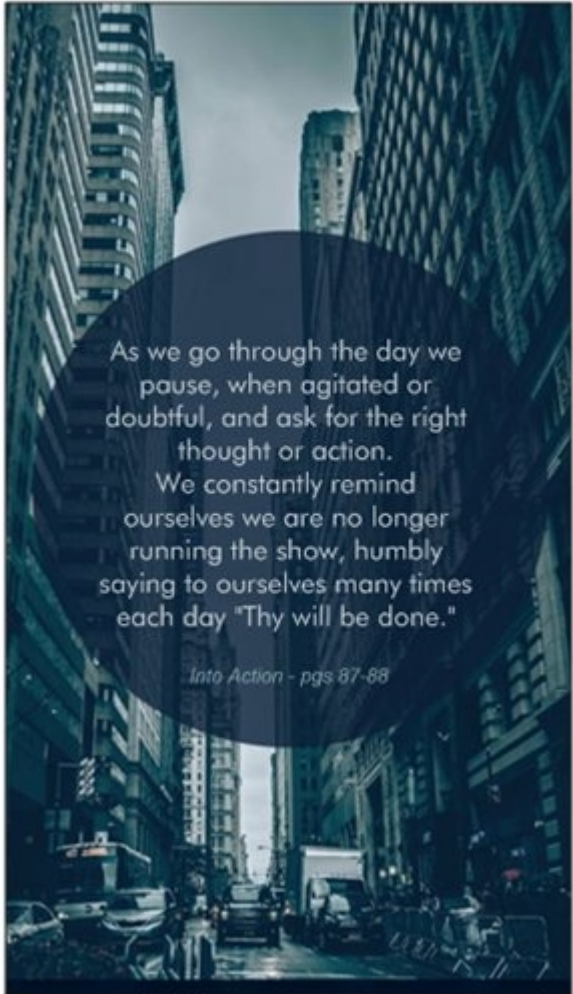
Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org).

**THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!**

### **JULY ANNIVERSARIES**

Dagmar J.- July 28th,1991- 32 Years!

John C. - July 7th, 1999- 24 Years!



As we go through the day we  
pause, when agitated or  
doubtful, and ask for the right  
thought or action.

We constantly remind  
ourselves we are no longer  
running the show, humbly  
saying to ourselves many times  
each day "Thy will be done."

*Into Action - pgs 87-88*

THE  
GREATEST  
SUCCESS  
*we'll know*  
IS HELPING  
OTHERS  
SUCCEED  
& GROW.

DISTRICT III BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.

\*Due to the Area 15 Quarterly Assembly taking place on the 3rd weekend in the month of July. District III will be announcing the date of the *July* Business meeting at a later date.





Let's celebrate

— 4<sup>TH</sup> JULY —

SOBER BASH

★★★★ RED, WHITE & BBQ ★★★★★

FRIENDS | FOOD | FELLOWSHIP | 50/50 RAFFLE

Tuesday, 4th July, 2023

2:00pm-7:00pm

745 Fairway Ave. Lakeland, FL

Bring a dish or dessert to share.  
Bring a chair.

*Don't be alone for the holiday*



The background of the invitation is decorated with a vibrant, festive pattern. It features a mix of colors including blue, purple, yellow, and white. The design includes various shapes such as circles, squares, and wavy lines, resembling confetti and streamers. A central white rectangular box with a thin blue border contains the main text.

# **WINNER'S CIRCLE 30<sup>TH</sup> ANNIVERSARY DINNER!!**

**YOU'RE INVITED TO CELEBRATE WITH US!**

**SATURDAY, JULY 22<sup>ND</sup>, 2023**

175 LK. HOLLINGSWORTH DRIVE  
LAKELAND FL 33803

DOORS OPEN AT 5 PM

DINNER AT 6 PM

SPEAKER, JACK G., AT 7 PM

MEAT AND DRINKS PROVIDED  
BRING A SIDE DISH IF YOU LIKE  
DOOR PRIZES AND 50:50 RAFFLE



# 66TH FLORIDA STATE CONVENTION 2023

THURSDAY AUGUST 10 - SUNDAY AUGUST 13

WWW.FLORIDASTATECONVENTION.COM

SADDLEBROOK RESORT - WESLEY CHAPEL, FL 33543

WWW.SADDLEBROOK.COM

Name \_\_\_\_\_ Name to be printed on nametag \_\_\_\_\_

Home Group \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zipcode \_\_\_\_\_

Email Address \_\_\_\_\_

Sobriety Date \_\_\_\_\_ Special needs: ☐Hearing ☐Vision ☐Wheelchair

Other: \_\_\_\_\_

I am a(n): ☐AA ☐AlAnon ☐Alateen ☐Visitor  
☐Delegate ☐Past Delegate ☐Trustee ☐Past Trustee  
 (Check all that apply)

REGISTRATION AND SPORTS			
ITEM	PRICE	QTY	SUBTOTAL
REGISTRATION	\$40		
ALATEEN ONLY REGISTRATION	\$15		
SCHOLARSHIP CONTRIBUTION	\$5		
ALL-INCLUSIVE PACKAGE (Includes: \$35 Registration, 2 Banquets \$55 each, 2 Ice Cream Socials \$10 each, & Sat BBQ \$27)	\$192		
FRIDAY BANQUET (choice of one) BEEF/CHICKEN/FISH/VEGAN	\$55		
FRIDAY ICE CREAM SOCIAL	\$10		
SATURDAY BBQ LUNCH	\$27		
SATURDAY BANQUET (choice of one) BEEF/CHICKEN/FISH/VEGAN	\$55		
SATURDAY ICE CREAM SOCIAL	\$10		
GOLF TOURNAMENT	\$85		
5K WALK/RUN	\$20		
PICKLEBALL	\$30		
ESCORTED MOTORCYCLE RIDE	\$25		
SELECT SHIRT SIZE FOR YOUR SPORT	S M L XL 2XL 3XL		
SUBTOTAL			_____

MERCHANDISE			
ITEM	PRICE	QTY	SUBTOTAL
EMBROIDERED DRI FIT POLO SIZE: S M L XL 2XL 3XL COLOR: WHITE/LIGHT GREY/BLACK	\$25		
UNISEX COTTON T-SHIRT SIZE: S M L XL 2XL 3XL COLOR: BLACK/LIGHT GREY/BLUE	\$12		
WOMEN'S TANK TOP SIZE: S M L XL 2XL 3XL COLOR: BLUE/LIGHT GREY/WHITE	\$15		
UNISEX TANK TOP SIZE: S M L XL 2XL 3XL COLOR: BLACK/LIGHT GREY/BLUE	\$15		
EMBROIDERED BALL CAP COLOR: WHITE/BLACK	\$15		
ENGRAVED INSULATED METAL TUMBLER	\$15		
CANVAS TOTE BAG - COLOR: GREEN/BLUE	\$12		
CERAMIC MUG: WHITE W/FULL COLOR LOGO	\$10		
SPORTS WATER BOTTLE	\$5		
LAPEL PIN	\$5		
NECK BADGE HOLDER	\$5		
SUBTOTAL			_____

METHOD OF PAYMENT	
MAKE CHECKS PAYABLE TO: 66TH FLORIDA STATE CONVENTION	
GRAND TOTAL _____	

Address For Mail-in Registration:  
 66th Florida State Convention  
 PO BOX 422 Lutz, FL 33548



SCAN CODE  
FOR WEBSITE





# 66TH FLORIDA STATE CONVENTION 2023

THURSDAY AUGUST 10 - SUNDAY AUGUST 13

[WWW.FLORIDASTATECONVENTION.COM](http://WWW.FLORIDASTATECONVENTION.COM)

SADDLEBROOK RESORT - WESLEY CHAPEL, FL 33543

[WWW.SADDLEBROOK.COM](http://WWW.SADDLEBROOK.COM)

## PROGRAM AND ACTIVITIES



AA, Al-Anon, Alateen, Spanish Speaking, LGBTQIA, YPG, First Nations, Old Timer's Panel, Marathon Meetings, Workshops, and Archives Display; Friday and Saturday Banquets, Saturday BBQ lunch and Ice Cream Socials; Sports Activities include Golf, 5K Walk/Run, Pickle Ball, Morning Yoga, and Escorted Motorcycle Ride; Dances, Saturday Pool Party, and much more...

ASL Interpretation at main conference's speaker meetings.

## GUEST SPEAKERS

Marty J. - Vancouver, B.C., Canada

Aaron Z. - Molalla, OR

Larcine G. (Al-Anon) - Hawthorne, CA

Candice M. - Los Angeles, CA

Chris R. - Ingram, TX

Myers R. - Ingram, TX

Marion M. - Ft. Lauderdale, FL

Cathy C. - Tampa, FL

Jane D. L. - Tallahassee, FL

## HOST HOTEL INFORMATION

SADDLEBROOK RESORT

A PREMIER MEETING, GOLF, AND TENNIS RESORT

5700 SADDLEBROOK WAY WESLEY CHAPEL, FL 33543

[WWW.SADDLEBROOK.COM](http://WWW.SADDLEBROOK.COM)

800-729-8383

CONVENTION CODE: FSC

HOTEL RESERVATIONS START ON AUGUST 3, 2022

HOTEL RESERVATION LINK: [HTTPS://BE.SYNXIS.COM/?HOTEL=392446](https://BE.SYNXIS.COM/?HOTEL=392446)

CHAIN=283946CONFIG=INITIALCONFIG6THEME=INITIALTHEME&ARRIVE=

2023-08-10&DEPART=2023-08-11&ADULT=1&CHILD=0&GROUP=FSC

RATES:

STANDARD ROOM - \$135

ONE BEDROOM SUITE - \$155

TWO BEDROOM SUITE - \$265

RATES WILL BE HONORED 3 DAYS BEFORE  
AND 3 DAYS AFTER THE CONVENTION DATES  
BASED ON AVAILABILITY



ALL ROOMS ARE SUBJECT TO STATE AND LOCAL TAXES

THIS HOTEL IS NON-SMOKING

CHECK-IN 4 PM - CHECK-OUT 11 AM

AGE OF MIRACLES



# SWACYPAA 9

SOUTHWESTERN AREA CONFERENCE FOR YOUNG PEOPLE IN AA

**AUGUST 17 - 20** ALBUQUERQUE, NM

## Double Tree Hilton & Convention Center

Room Rate: \$135 Per Night - Room Rate Cutoff Date: July 25th

## Join Us for an Experience You Must Not Miss!

Pre-Register Now for \$25 Before Price Increases!!!



@SWACYPAA-CORP



SWACYPAA9@GMAIL.COM



Book Room Online Now!  
<< Scan the QR Code  
Or Call 800.584.7058 and  
Use Reference Code: SWA

Pre-Register Now!  
Scan the QR Code >>  
Or Register Online at  
[www.swacypaa9.org](http://www.swacypaa9.org)





**Prodigal Sons V**  
**Central Florida AA Men's 12-Step Retreat,**  
**Fall 2023**

**The Fall Retreat is once again around the corner!**

**WHAT:** This is a 3-day, 12-Step Men's Retreat welcome to all members of Alcoholics Anonymous. This retreat is based on the 12 steps of Alcoholics Anonymous, put on by recovered alcoholics for other alcoholics in recovery. It is not a religious retreat and the presenters utilize only AA conference approved literature. The events include speakers for each step, buzz group sessions to work the steps, (5) meals, AA speaker meeting, snacks, fellowship, bonfire, lakeside morning meditation. Camp style lodging included with registration fee.

**WHEN:** Friday November 17 thru Sunday November 19, 2023

**WHERE:** Lake Yale Baptist Convention Center  
39034 County Rd 452, Leesburg, FL 34788

**WELCOME:** Registration begins 2:00 pm Friday, November 17th  
Retreat begins at 4:00pm  
Dinner served at 5:30pm

**COST:**   **\$155:** Camp lodging and bring your own bedding, towels, pillow  
                  **\$170:** Camp lodging with supplied bedding  
                  **\$120:** All retreat events with no lodging

\*Limited hotel room space for additional fee is available. Call for details.

Payment (check money order, PayPal) **Due on September 1, 2023**

**WHO TO CONTACT:** For the application form send an email to:  
**prodigalsonsv@gmail.com**  
or call/text Daniel at 941-730-4274

**WHAT:** This is a 3-day, 12-Step Men's Retreat welcome to all members of Alcoholics Anonymous. This retreat is based on the 12 steps of Alcoholics Anonymous, put on by recovered alcoholics for other alcoholics in recovery. It is not a religious retreat and the presenters utilize only AA conference approved literature. The events include speakers for each step, buzz group sessions to work the steps, (5) meals, AA speaker meeting, snacks, fellowship, bonfire, lakeside morning meditation. Camp style lodging included with registration fee.

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39034 County Rd 452, Leesburg, FL 34788

**COST:**    **\$155:** Camp lodging and bring your own bedding, towels, pillow  
                   **\$170:** Camp lodging with supplied bedding  
                   **\$120:** All retreat events with no lodging  
 \*Limited hotel room space for additional fee is available. Call for details.

**WHO TO CONTACT:** For the application form send an email to:  
**prodigalsonsv@gmail.com**  
or call/text Daniel at 941-730-4274

# 6<sup>TH</sup> FLORIDA AA ARCHIVES WORKSHOP



Hosted by Areas 1, 14, 15 and FCYPAA  
9AM to 4PM on Saturday February 17, 2024  
Redeemer Lutheran Church  
3377 Aloma Ave, Winter Park FL 32792  
\$20/person, registration fee includes lunch

**Presentations include Florida's AA history, What to collect,  
How to organize/digitize, How to Interview Old Timers,  
How to prepare Group Histories, Area/District/Intergroup  
Archives Displays, and Ethics**

Please make checks payable to Florida Archives Workshop and Send  
Registration check to JoAnn B. 7202 Morningsgate Way, Riverview, FL 33578  
by February 1, 2024. If you have any questions feel free to contact JoAnn B,  
Registrar/Treasurer, at [jballvikingfan@gmail.com](mailto:jballvikingfan@gmail.com)

## Addresses for Contributions:

### General Service Office

Post Office Box 2407  
James A Farley Station New York, NY 10116  
Payable to: AA General Service Office

### Area 15 Treasurer

PO Box 590835  
Fort Lauderdale, FL 33359-0835  
Payable to: Area 15 Treasurer

### District III Treasurer

District III  
5441 Chandler Drive  
Winter Haven, FL 33884  
Payable to: District III Treasurer

### Heartland Intergroup

4204 S. Florida Ave, Suite H  
Lakeland, FL 33803  
Payable to: Heartland Intergroup



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**Any questions can be emailed to the office manager at:**

\*officemanager@heartlandintergroup.org

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\*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|\*USA

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