



# HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H.  
Lakeland, FL 33813  
863-688-0211 or 863-687-9275

[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

MONDAY- 9AM-5PM  
TUESDAY-9AM-5PM  
WEDNESDAY-9AM- 5PM  
THURSDAY- 9AM- 5PM  
FRIDAY- 9AM- 5PM

**WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!**

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO  
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](#)

“THEREFORE, WE STARTED UPON A PERSONAL INVENTORY. THIS WAS STEP FOUR. A BUSINESS WHICH TAKES NO REGULAR INVENTORY USUALLY GOES BROKE. TAKING A COMMERCIAL INVENTORY IS A FACT-FINDING AND A FACT-FACING PROCESS. IT IS AN EFFORT TO DISCOVER THE TRUTH ABOUT THE STOCK-IN-TRADE. ONE OBJECT IS TO DISCLOSE DAMAGED OR UNSALABLE GOODS, TO GET RID OF THEM PROMPTLY AND WITHOUT REGRET. IF THE OWNER OF THE BUSINESS IS TO BE SUCCESSFUL, HE CANNOT FOOL HIMSELF ABOUT VALUES.”

ALCOHOLICS ANONYMOUS P. 64

*Gratitude*  
turns what we have  
into enough



## **Fourth Step Prayer**

Dear God,

It is I who have made my life a mess. I have done it, but I cannot undo it. My mistakes are mine, and I will begin a searching and fearless moral inventory. I will write down my wrongs, but I will also include that which is good.

I pray for the strength to complete the task

Amen.



## ABOUT FAITHFUL FIVERS

Faithful Fivers are A.A. Members who pledge to contribute at least \$5.00 a month to support our local Intergroup office in its efforts to carry the A.A. message of hope and recovery to alcoholics in Polk, Highlands, and Hardee counties.

## HOW TO BECOME A FAITHFUL FIVER

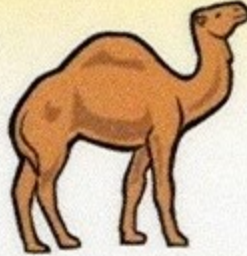
- Call the office manager at (863) 688-0211
- Visit our website at [Heartlandintergroup.org](http://Heartlandintergroup.org). Go to the **donate** tab at the top right of the screen.

## What does our Intergroup do?

- Provides a 24-hour A.A. Hotline
- Has available space for AA meetings
- Sells A.A. literature and merchandise
- Publishes a monthly Newsletter called the Intergrouper, free to sign up for.
- Offers an informative up-to-date website with current meeting lists, and events.
- Has an online bookstore for convenience to those that may not be able to visit in person.
- Has an extensive Lending Library of speaker CD's and tapes.
- Provides a 12-Step room for sponsor/sponsee to meet.

(863) 688-0211  
4204 S. FLORIDA AVE STE. H  
LAKELAND, FL 33813

The camel each day goes  
twice to his knees.  
He picks up his load with  
the greatest of ease.  
He walks through the day  
with his head held high.  
And stays for that day,  
completely dry.



### CAMEL PRAYER

The tasks of the day  
can pass with ease  
when a camel or I start  
on our knees.  
One Master we serve,  
the camel and I,  
and stay for that day  
completely dry.

## A.A. Oldtimers...On the Fourth Step

*A.A. Grapevine, February 1945. Vol. 1 No. 9*

### **Editorial: On the Fourth Step**

*"Made a searching and fearless moral inventory of ourselves."*

Since I cannot speak for anyone else, I'll have to make my experience with the 4th step autobiographical. Before A.A., I tried almost daily to stop drinking. I hated myself constantly. I could not understand why such a wonderful person as I was would do the things I did. I was in a constant state of mental turmoil and misery, and I knew that I could not handle liquor.

On coming into A.A., I had already taken the 1st step, but the 2nd and 3rd steps were discouraging, as I had no faith in a Higher Power. I tried to believe, and would have gladly forced myself to do so, were that possible, because I really wanted to succeed with the A.A. program. However, I skipped over these for the moment, as I was advised to do, and went on to the 4th step. . . .

I tried to make a "searching and fearless moral inventory," and discovered that it was difficult to push my pride and egotism aside sufficiently to get a better view of myself. My first attempt was neither searching nor fearless, but it was a very important start, and I developed and revised it over many months. During this time, I began to see myself as

a person who was riddled with resentments, selfishly expecting life to treat me well; a super-sensitive person always inclined to feel hurt about everything that was not to my liking, and intolerant of any opinion differing from my own. I began to see that my thinking was based on fear and vague worries. I saw more. I realized that this very special person I had imagined myself to be could do nothing directly against the power of alcohol. But I began to see how the person I was beginning to understand could outflank old John and attack the cause of the drinking.

For years, I had wanted desperately to do something about my drinking. This, I knew, was impossible. But the 4th step taught me that I could do something about the cause of my drinking. By trying to do something about myself, I found that I did not need to drink. The 4th step showed me what was needed to be done. Without this knowledge, I doubt if sobriety would have been possible for me. The 4th step is just that important.

**Richard S.**



LOOKING FOR A PLACE TO CALL HOME?



## WE WELCOME YOUR GROUP!

*What does that include?*

1ST MONTH'S RENT FREE

INSURANCE IS COVERED

COFFEE AND WATER INCLUDED

HYBRID MEETING POSSIBILITIES

BIG BOOKS TO USE WHILE IN MEETING SPACE

LOTS OF TIME SLOTS AVAILABLE

CONTACT OFFICE MANAGER AT:  
OFFICEMANAGER@HEARTLANDINTERGROUP.ORG

**HYBRID MEETING- April Heartland  
Intergroup Representative Meeting, Monday,  
April 10th, at 6:00PM.**

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422>

Meeting ID: 232 358 0422  
One tap mobile  
+13052241968,,2323580422# US  
+16469313860,,2323580422# US

Dial by your location  
+1 305 224 1968 US  
+1 646 931 3860 US  
+1 929 205 6099 US (New York)  
+1 301 715 8592 US (Washington DC)  
+1 309 205 3325 US  
+1 312 626 6799 US (Chicago)  
+1 346 248 7799 US (Houston)  
+1 360 209 5623 US  
+1 386 347 5053 US  
+1 507 473 4847 US  
+1 564 217 2000 US  
+1 669 444 9171 US  
+1 669 900 6833 US (San Jose)  
+1 689 278 1000 US  
+1 719 359 4580 US  
+1 253 205 0468 US  
+1 253 215 8782 US (Tacoma)  
Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/kWFhYUFGP>

**What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!**



**ACCEPTANCE**  
**IS THE ANSWER**  
**TO ALL OF MY**  
**PROBLEMS TODAY.**  
**WHEN I AM DISTURBED,**  
**IT IS BECAUSE I FIND SOME**  
**PERSON, PLACE, THING OR SITUATION**  
**- SOME FACT OF MY LIFE -**  
**UNACCEPTABLE TO ME,**  
**AND I CAN FIND NO SERENITY**  
**UNTIL I ACCEPT THAT**  
**PERSON, PLACE, THING OR SITUATION**  
**AS BEING EXACTLY THE WAY IT IS**  
**SUPPOSED TO BE**  
**AT THIS MOMENT.**  
**NOTHING, ABSOLUTELY NOTHING,**  
**HAPPENS IN GOD'S WORLD BY MISTAKE.**

p.417



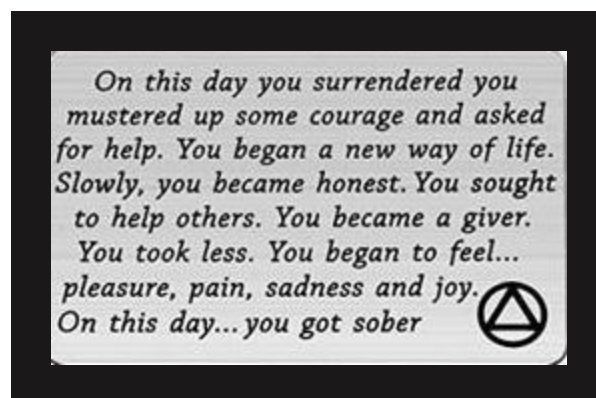
**We Would Love To Update Your Group Contacts:**

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: [Heartlandintergroup.org](http://Heartlandintergroup.org)  
Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES, and answer the questions! It's that easy!

If you would rather, you are always welcome to email [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org) and send us your info that way!  
Thank you everyone for your continued support!





We are forming a Heartland Intergroup  
Outreach Committee.

Our goal is to bring the tri-county AA  
community closer together. We are looking  
for volunteers who are willing to travel to  
meetings throughout the tri-county area to  
spread the word that Intergroup is here to  
support and help them. If you are interested  
in attending new meetings, meeting new  
people and being of service, please call or  
text Mark C. at 863-307-6545 or send an  
email to [LakelandWW@gmail.com](mailto:LakelandWW@gmail.com).



R. H. SMITH, M. D.  
2ND NATIONAL BLDG. AKRON, OHIO  
TELEPHONE: HE-8523 REG. NO. \_\_\_\_\_  
FOR alcoholics  
R ADDRESS \_\_\_\_\_ DATE Feb 1937  
*always remember it*  
1. Trust God  
2. Clean house  
3. Help others  
NR 1 2 3 INF. *[Signature]* M. D.

## HEARTLAND INTERGROUP MERCHANDISE OF THE MONTH!!!

For the month of April, *CAME TO BELIEVE- Large Print*, will be 20% off!!!! Take advantage of this merchandise while it's at this awesome price!



# APRIL MERCHANDISE OF THE MONTH

*Came  
to Believe...*

LARGE PRINT

**20% OFF**

OVER 75 A.A. MEMBERS FROM AROUND THE WORLD SHARE ABOUT WHAT THE TERMS "SPIRITUAL AWAKENING," "HIGHER POWER" AND "GOD AS WE UNDERSTOOD HIM" MEAN TO THEM. OFFERS A RANGE OF PERSPECTIVES ON WHAT SPIRITUALITY CAN LOOK LIKE IN THE CONTEXT OF ALCOHOLICS ANONYMOUS. LARGE-PRINT FORMAT SUITABLE FOR THOSE WITH LOW VISION.

GENERAL SERVICE CONFERENCE-APPROVED.

\*LARGE PRINT ONLY

**We want to know your Sobriety Birthdays AND  
Group Anniversaries!**



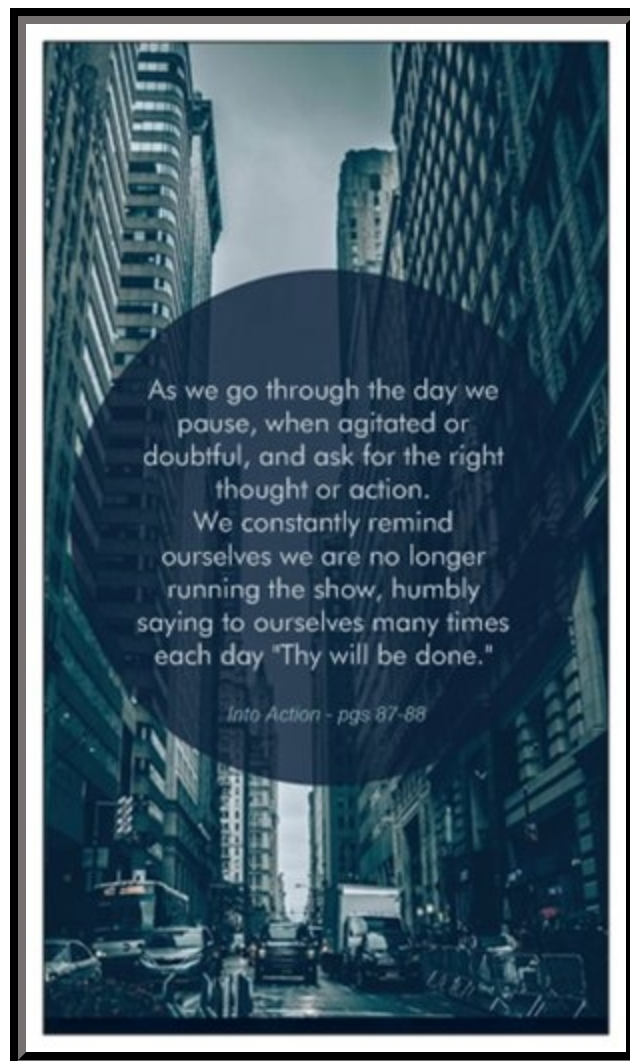
Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org).

**THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!**

## APRIL ANNIVERSARIES

Shirley D- 4.9.2006, 17 years



Auburndale Group- 4.7.1972, 51 years



THE  
GREATEST  
SUCCESS  
*we'll know*  
IS HELPING  
OTHERS  
SUCCEED  
& GROW.

DISTRICT III BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.

\*Due to the Area 15 Assembly, the April District III Business meeting will be held the 4th Sunday this month, April 23rd, 2023. Same place and same time, 2:00 PM.



Willingness without action  
is kinda like  
faith without works.

Letting Go & Holding Tight

# DISTRICT 3

## Breakfast



**SAT, MAY 20, 2023**

DOOR OPENS  
AT 8 AM

Tickets: \$10 at the Door  
Door Prizes 50/50 Raffle

JACKIE H. IS OUR SPEAKER  
WINNERS CIRCLE

1ST PRESBYTERIAN CHURCH  
175 LK HOLLINGSWORTH DRIVE  
LAKELAND, FL

### Addresses for Contributions:

#### General Service Office

Post Office Box 2407  
James A Farley Station New York, NY 10116  
Payable to: AA General Service Office

#### Area 15 Treasurer

Area 15

P.O. Box 311  
Safety Harbor, FL 34695  
Payable to: Area 15 Treasurer

**District III Treasurer**

District III  
5441 Chandler Drive  
Winter Haven, FL 33884  
Payable to: District III Treasurer

**Heartland Intergroup**

4204 S. Florida Ave, Suite H  
Lakeland, FL 33803  
Payable to: Heartland Intergroup



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**Any questions can be emailed to the office manager at:**

\*officemanager@heartlandintergroup.org

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