



HEARTLAND INTERGROUPE

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275

www.heartlandintergroup.org

MONDAY- 9AM-5PM
TUESDAY-9AM-5PM
WEDNESDAY-9AM- 5PM
THURSDAY- 9AM- 5PM
FRIDAY- 9AM- 5PM

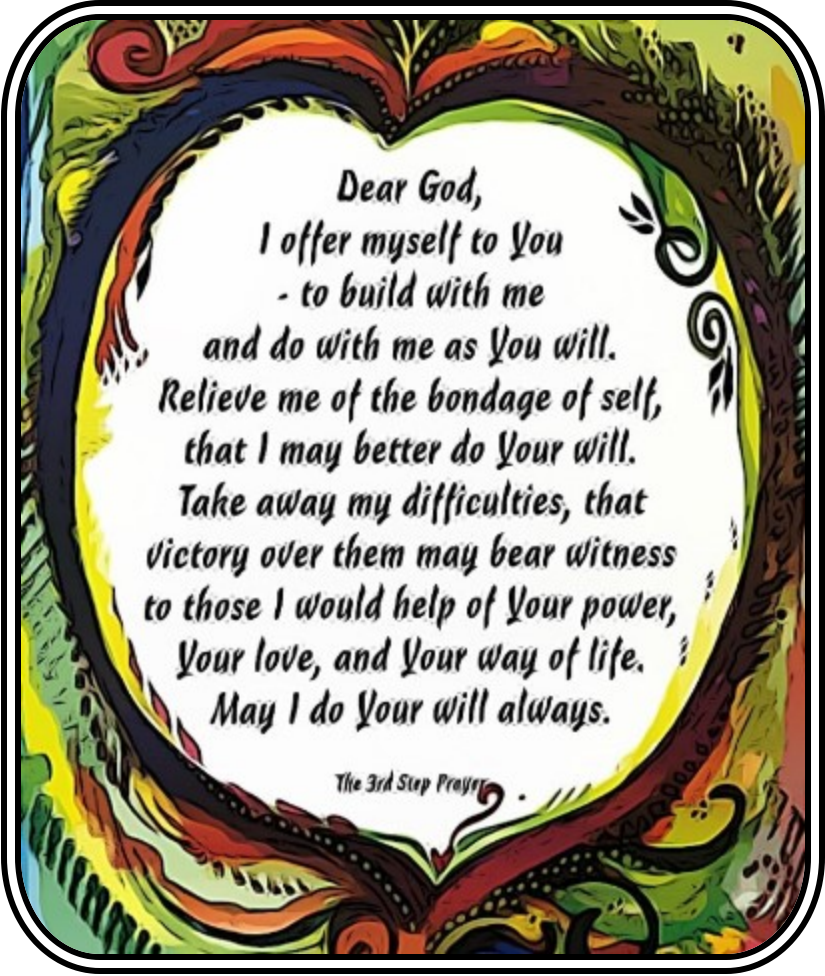
WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](#)

do this. In fact, the effectiveness of the whole A.A. program will rest upon how well and earnestly we have tried to come to “a decision to turn our will and our lives over to the care of God *as we understood Him.*”





Dear God,
I offer myself to You
- to build with me
and do with me as You will.
Relieve me of the bondage of self,
that I may better do Your will.
Take away my difficulties, that
victory over them may bear witness
to those I would help of Your power,
Your love, and Your way of life.
May I do Your will always.

The 3rd Step Prayer



ABOUT FAITHFUL FIVERS

Faithful Fivers are A.A. Members who pledge to contribute at least \$5.00 a month to support our local Intergroup office in its efforts to carry the A.A. message of hope and recovery to alcoholics in Polk, Highlands, and Hardee counties.

HOW TO BECOME A FAITHFUL FIVER

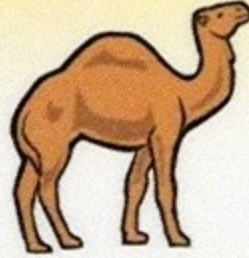
- Call the office manager at (863) 688-0211
- Visit our website at Heartlandintergroup.org. Go to the *donate* tab at the top right of the screen.

What does our Intergroup do?

- Provides a 24-hour A.A. Hotline
- Has available space for AA meetings
- Sells A.A. literature and merchandise
- Publishes a monthly Newsletter called the Intergrouper, free to sign up for.
- Offers an informative up-to-date website with current meeting lists, and events.
- Has an online bookstore for convenience to those that may not be able to visit in person.
- Has an extensive Lending Library of speaker CD's and tapes.
- Provides a 12-Step room for sponsor/sponsee to meet.

(863) 688-0211
4204 S. FLORIDA AVE STE. H
LAKELAND, FL 33813

The camel each day goes
twice to his knees.
He picks up his load with
the greatest of ease.
He walks through the day
with his head held high.
And stays for that day,
completely dry.



CAMEL PRAYER

The tasks of the day
can pass with ease
when a camel or I start
on our knees.

One Master we serve,
the camel and I,
and stay for that day
completely dry.

LOOKING FOR A PLACE TO CALL HOME?



WE WELCOME YOUR GROUP!

What does that include?

1ST MONTH'S RENT FREE

INSURANCE IS COVERED

COFFEE AND WATER INCLUDED

HYBRID MEETING POSSIBILITIES

BIG BOOKS TO USE WHILE IN MEETING SPACE

LOTS OF TIME SLOTS AVAILABLE

CONTACT OFFICE MANAGER AT:
OFFICEMANAGER@HEARTLANDINTERGROUP.ORG

**HYBRID MEETING- March Heartland
Intergroup Representative Meeting, Monday,
March 13th, at 6:00PM.**

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422>

Meeting ID: 232 358 0422

One tap mobile

+13052241968,,2323580422# US

+16469313860,,2323580422# US

Dial by your location

+1 305 224 1968 US

+1 646 931 3860 US

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 309 205 3325 US

+1 312 626 6799 US (Chicago)

+1 346 248 7799 US (Houston)

+1 360 209 5623 US

+1 386 347 5053 US

+1 507 473 4847 US

+1 564 217 2000 US

+1 669 444 9171 US

+1 669 900 6833 US (San Jose)

+1 689 278 1000 US

+1 719 359 4580 US

+1 253 205 0468 US

+1 253 215 8782 US (Tacoma)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/kWFhYUFGP>

What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!

ACCEPTANCE
IS THE ANSWER
TO ALL OF MY
PROBLEMS TODAY.
WHEN I AM DISTURBED,
IT IS BECAUSE I FIND SOME
PERSON, PLACE, THING OR SITUATION
- SOME FACT OF MY LIFE -
UNACCEPTABLE TO ME,
AND I CAN FIND NO SERENITY
UNTIL I ACCEPT THAT
PERSON, PLACE, THING OR SITUATION
AS BEING EXACTLY THE WAY IT IS
SUPPOSED TO BE
AT THIS MOMENT.
NOTHING, ABSOLUTELY NOTHING,
HAPPENS IN GOD'S WORLD BY MISTAKE.

p.417

Step 1. I can't

Step 2. He can

Step 3. I think I'll let Him

"When we saw others solve their problems by a simple reliance upon the Spirit of the Universe, we had to stop doubting the power of God. Our ideas did not work. But the God idea did." Big Book pg 52

We Would Love To Update Your Group Contacts:

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: Heartlandintergroup.org

Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES, and answer the questions! It's that easy!

If you would rather, you are always welcome to email officemanager@heartlandintergroup.org and send us your info that way!

Thank you everyone for your continued support!



*On this day you surrendered you
mustered up some courage and asked
for help. You began a new way of life.
Slowly, you became honest. You sought
to help others. You became a giver.
You took less. You began to feel...
pleasure, pain, sadness and joy.
On this day... you got sober*



We are forming a Heartland Intergroup
Outreach Committee.

Our goal is to bring the tri-county AA
community closer together. We are looking
for volunteers who are willing to travel to
meetings throughout the tri-county area to
spread the word that Intergroup is here to
support and help them. If you are interested
in attending new meetings, meeting new
people and being of service, please call or
text Mark C. at 863-307-6545 or send an
email to LakelandWW@gmail.com.

R. H. SMITH, M. D.
2ND NATIONAL BLDG. AKRON, OHIO
TELEPHONE: HE-8523 REG. NO. _____
R FOR alcoholics
ADDRESS _____ DATE Feb 1937
always remember it
1. Trust God
2. Clean house
3. Help others
NR 1 2 3 INF. _____ M. D.

HEARTLAND INTERGROUP MERCHANDISE OF THE MONTH!!!

For the month of March, *Meeting In A Pockets* will be 20% off!!!! Take advantage of this merchandise while it's at this awesome price!

Heartland Intergroup

MARCH

MERCHANDISE OF THE MONTH!

20% OFF



A.A. MEETING IN A POCKET

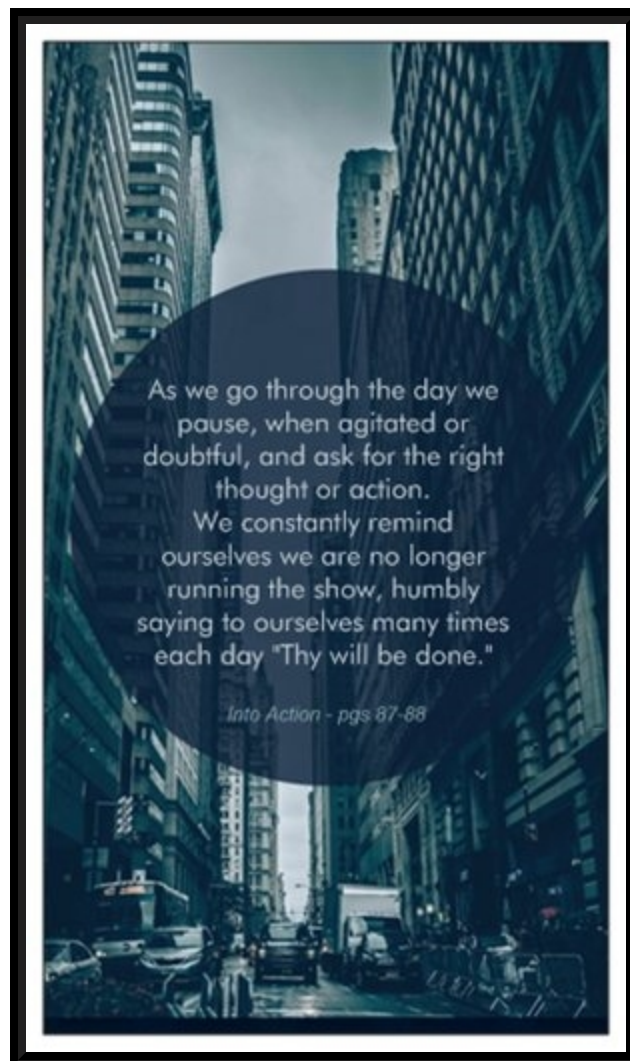
Our Meeting In a Pocket is full of
topic ideas, meeting readings,
prayers of each step, Big Book
excerpts and so much more!

**We want to know your Sobriety Birthdays AND
Group Anniversaries!**

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at officemanager@heartlandintergroup.org.
THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!

MARCH ANNIVERSARIES



Judi R.- 3/25/1973, 40 years
Danielle P.- 3/15/2020, 3 years





THE
GREATEST
SUCCESS
we'll know
IS HELPING
OTHERS
SUCCEED
& GROW.

DISTRICT 3 BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.



Willingness without action
is kinda like
faith without works.

Letting Go & Holding Tight



ANNUAL



CHILI COOK-OFF

BRING THE HEAT!

Hot Prizes for the best chili!

PLUS



3.4.2023

3:30 pm: Doors Open

4:00 pm: Speaker Meeting:

Lauren L. from Ft. Myers/Naples

Chili & Bingo to follow

Holy Trinity Episcopal Church
500 West Stuart St | Bartow, FL

To Sign Up to Make Chili, call/text:

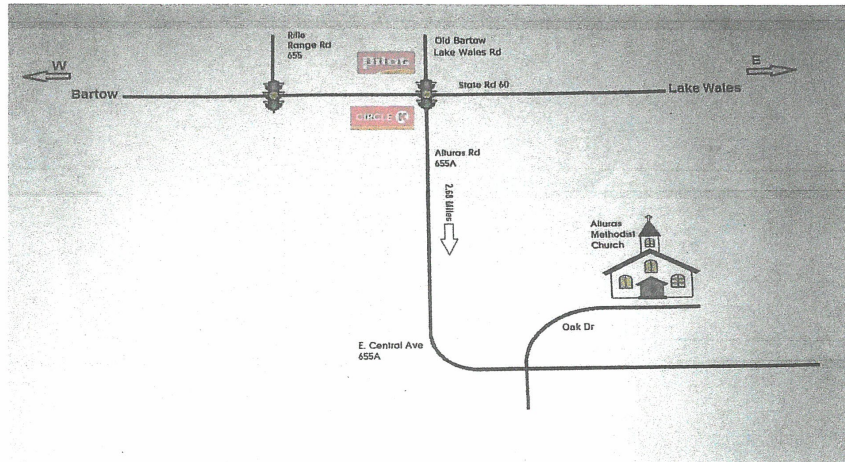
Brennen: 850-933-4030

Tasha: 863-869-5618

www.polkcountybid.com

ALCOHOLICS ANONYMOUS
GOING TO ANY LENGTH IN ALTURAS
**GROUP'S
6TH ANNIVERSARY**

4 PM: DOORS OPEN
5 PM: BAR-B-Q
6 PM: SPEAKER DAVID B



Where	When
Alturas Methodist Church 2745 Oak Drive, Alturas	April 2nd, 2023

Addresses for Contributions:

General Service Office

Box 459 Grand Central Station
New York, NY 10163
Payable to: AA General Service Office

Area 15 Treasurer

Area 15
P.O. Box 311
Safety Harbor, FL 34695
Payable to: Area 15 Treasurer

District III Treasurer

Jade
District III
5441 Chandler Drive
Winter Haven, FL 33884

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup



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Any questions can be emailed to the office manager at:

***officemanager@heartlandintergroup.org**

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*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

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