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# HEARTLAND INTERGROUP

4204 S. Florida Ave, Suite H.  
Lakeland, FL 33813  
863-688-0211 or 863-687-9275

[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

MONDAY- 9AM-5PM  
TUESDAY-9AM-5PM  
WEDNESDAY-9AM- 5PM  
THURSDAY- 9AM- 5PM  
FRIDAY- 9AM- 5PM

**WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!**

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO  
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](#)







## ABOUT FAITHFUL FIVERS

Faithful Fivers are A.A. Members who pledge to contribute at least \$5.00 a month to support our local Intergroup office in its efforts to carry the A.A. message of hope and recovery to alcoholics in Polk, Highlands, and Hardee counties.

## HOW TO BECOME A FAITHFUL FIVER

- Call the office manager at (863) 688-0211
- Visit our website at [Heartlandintergroup.org](http://Heartlandintergroup.org). Go to the **donate** tab at the top right of the screen.

## What does our Intergroup do?

- Provides a 24-hour A.A. Hotline
- Has available space for AA meetings
- Sells A.A. literature and merchandise
- Publishes a monthly Newsletter called the Intergrouper, free to sign up for.
- Offers an informative up-to-date website with current meeting lists, and events.
- Has an online bookstore for convenience to those that may not be able to visit in person.
- Has an extensive Lending Library of speaker CD's and tapes.
- Provides a 12-Step room for sponsor/sponsee to meet.

(863) 688-0211  
4204 S. FLORIDA AVE STE. H  
LAKELAND, FL 33813



## Heartland Intergroup Treasurer Position Opening!!!

Thats right, you read correctly! Our Intergroup is looking to fill its Treasurer position for the year of 2023! *YOU* could be the one to do it!! We ask you have two years of continuous sobriety and an understanding of finances. If interested or looking for more details we ask that you email the Heartland Intergroup office manager at [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org), with your letter of intent to stand and/or show up to the December Heartland Intergroup Rep Meeting December 12th at 6PM to stand. We look forward to adding to our team! :)



LOOKING FOR A PLACE TO CALL HOME?



## WE WELCOME YOUR GROUP!

*What does that include?*

1ST MONTH'S RENT FREE

INSURANCE IS COVERED

COFFEE AND WATER INCLUDED

HYBRID MEETING POSSIBILITIES

BIG BOOKS TO USE WHILE IN MEETING SPACE

LOTS OF TIME SLOTS AVAILABLE

CONTACT OFFICE MANAGER AT:  
[OFFICEMANAGER@HEARTLANDINTERGROUP.ORG](mailto:OFFICEMANAGER@HEARTLANDINTERGROUP.ORG)

**HYBRID MEETING-** December Heartland Intergroup Representative Meeting, Monday, 12th, at 6:00PM.

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting  
<https://us02web.zoom.us/j/2323580422>

Meeting ID: 232 358 0422

One tap mobile

+13052241968,,2323580422# US

+16469313860,,2323580422# US

Dial by your location

+1 305 224 1968 US

+1 646 931 3860 US

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 309 205 3325 US

+1 312 626 6799 US (Chicago)

+1 346 248 7799 US (Houston)

+1 360 209 5623 US

+1 386 347 5053 US

+1 507 473 4847 US

+1 564 217 2000 US

+1 669 444 9171 US

+1 669 900 6833 US (San Jose)

+1 689 278 1000 US

+1 719 359 4580 US

+1 253 205 0468 US

+1 253 215 8782 US (Tacoma)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/2323580422>

What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!

**ACCEPTANCE**  
**IS THE ANSWER**  
**TO ALL OF MY**  
**PROBLEMS TODAY.**  
**WHEN I AM DISTURBED,**  
**IT IS BECAUSE I FIND SOME**  
**PERSON, PLACE, THING OR SITUATION**  
**- SOME FACT OF MY LIFE -**  
**UNACCEPTABLE TO ME,**  
**AND I CAN FIND NO SERENITY**  
**UNTIL I ACCEPT THAT**  
**PERSON, PLACE, THING OR SITUATION**  
**AS BEING EXACTLY THE WAY IT IS**  
**SUPPOSED TO BE**  
**AT THIS MOMENT.**  
**NOTHING, ABSOLUTELY NOTHING,**  
**HAPPENS IN GOD'S WORLD BY MISTAKE.**

p.417

## 12 Principles

HONESTY  
HOPE  
ACTION  
COURAGE  
INTEGRITY  
WILLINGNESS  
HUMILITY  
BROTHERLY LOVE  
DISCIPLINE  
PERSEVERANCE  
SPIRITUAL AWARENESS  
SERVICE



## We Would Love To Update Your Group Contacts:

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: [Heartlandintergroup.org](http://Heartlandintergroup.org)  
Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES, and answer the questions! It's that easy!

If you would rather, you are always welcome to email [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org) and send us your info that way!

Thank you everyone for your continued support!



*On this day you surrendered you  
mustered up some courage and asked  
for help. You began a new way of life.  
Slowly, you became honest. You sought  
to help others. You became a giver.  
You took less. You began to feel...  
pleasure, pain, sadness and joy.  
On this day... you got sober*



We are forming a Heartland Intergroup  
Outreach Committee.

Our goal is to bring the tri-county AA  
community closer together. We are looking  
for volunteers who are willing to travel to  
meetings throughout the tri-county area to  
spread the word that Intergroup is here to  
support and help them. If you are interested  
in attending new meetings, meeting new  
people and being of service, please call or  
text Mark C. at 863-307-6545 or send an

email to [LakelandWW@gmail.com](mailto:LakelandWW@gmail.com).

R. H. SMITH, M. D.  
2ND NATIONAL BLDG. AKRON, OHIO  
TELEPHONE: HE-8523 REG. NO. \_\_\_\_\_  
FOR alcoholics  
ADDRESS \_\_\_\_\_ DATE Feb 1937  
*always remember it*  
1. Trust God  
2. Clean house  
3. Help others  
NR 1 2 3 INF. *R. H. Smith* M. D.

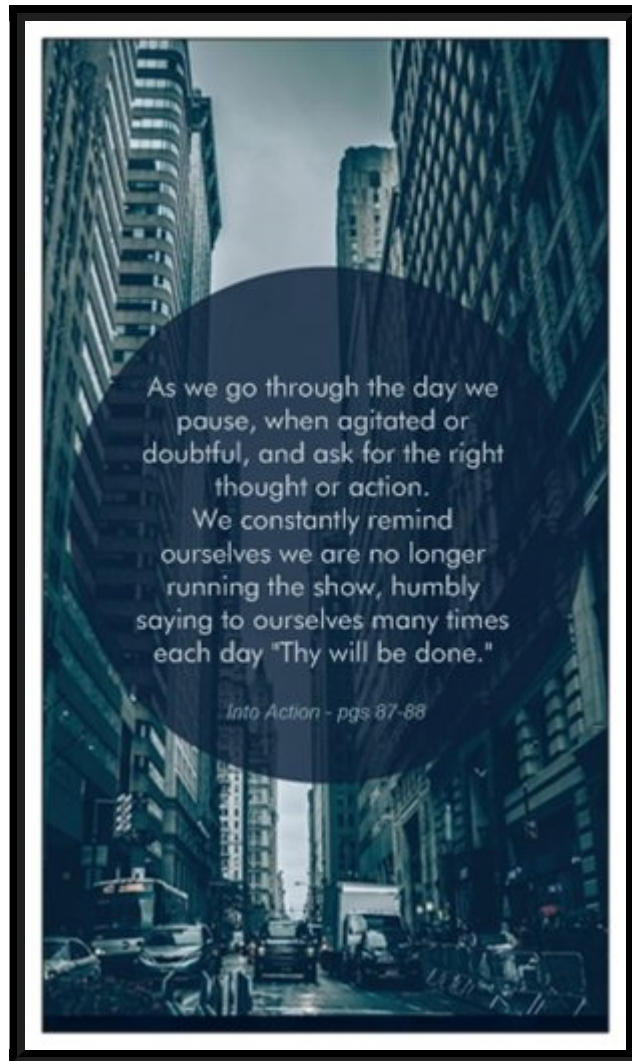
## **DECEMBER ANNIVERSARIES**

**Shut Up and Get In the Car-  
12/4/2018, 4 years**

### **We want to know your Sobriety Birthdays AND Group Anniversaries!**

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org).

**THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!**



## **HEARTLAND INTERGROUP MERCHANDISE OF THE MONTH!!!**

For the month of December, Grapevine 2023 wall calendars will only be **\$9.00!!!** Take advantage of this merchandise while it's at this awesome price!



DECEMBER MERCHANDISE  
OF THE MONTH

## 2023 GRAPEVINE CALENDAR



**\$9.00 for the month of December!!**

Full-color photographs taken by readers,  
accompanied by brief quotes selected from Grapevine  
articles. The quotes aren't directly related to either AA  
or alcoholism, so the calendar may be displayed  
anonymously.

*GREAT FOR GIFTS!*

### **December Merchandise of the Month-** **Grapevine 2023 Wall Calendars**

This merchandise will be \$9.00 for the month of December, get  
them before they're gone!!!

THE  
GREATEST  
SUCCESS  
*we'll know*  
IS HELPING  
OTHERS  
SUCCEED  
& GROW.

DISTRICT 3 BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.

# AREA 15 DISTRICT 3 ELECTIONS



Position	Sobriety Requirement	Suggested
Chairperson	5 years	Hold DCM position previously
Vice chair	5 years	
Registrar	2 years	
Secretary	2 years	
PICP	2 years	
Corrections	2 years	
Archives	2 years	
Treatment	2 years	
Events	2 years	
Web Chair	2 years	
DCM (Multiple areas)	2 years	

ABOVE ARE ALL OPEN POSITIONS

"I am responsible—when anyone, anywhere reaches out for help, I want the hand of AA always to be there, and for that: I am responsible."

Interested in serving? Please join us at the next District 3 Meeting held October 16th, 2022, at 2:00PM. The address is 500 W. Stuart St. Bartow, FL at the Holy Trinity Episcopal Church





Willingness without action  
is kinda like  
faith without works.

Letting Go & Holding Tight



# Nooner Group

## Ugly Christmas Sweater Party



We invite you to wear your

**Ugliest Christmas Sweater!!**

Contest with prizes for the ugliest Christmas sweaters.  
50/50 raffle.

Lunch and snacks will be provided  
by the Nooner Group  
and ready at 10:30

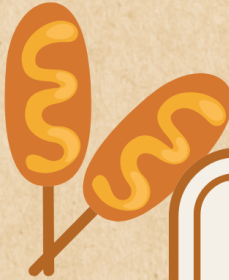
(If you want to bring a dish, feel free!)

**December 11th**  
**Speaker at noon!**

**At the Last House on the Block**

**300 Medical Center Ave (behind Highlands Hospital)**





PRESENTS

# CORNTASTIC

## IN POLK COUNTY

# DAY

JOIN US IN UNITY, SERVICE, & RECOVERY

### LOCATION

HOLY TRINITY CHURCH  
500 West Stuart St  
Bartow, FL 33830

### DECEMBER

**17** Doors Open  
at 12:00 pm

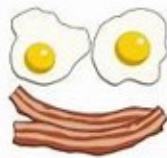
1:00 pm Speaker Meeting: SHANE M.

CORNHOLE TOURNAMENT  
CORNIEST Outfit Contest  
Candy CORN Counting  
50/50 Raffle  
Prizes & More!

CORNdogs  
PopCORN  
Street CORN  
CORN Bread  
Sodas, Energy Drinks,  
& Water

**\$15** SUGGESTED  
DONATION

FOR MORE INFO:  
[polkcountybid@gmail.com](mailto:polkcountybid@gmail.com)  
[www.polkcountybid.com](http://www.polkcountybid.com)



**\$10 at Door**

**50/50 Raffle**

# ***District 3 Breakfast***

Key To Sobriety

**Saturday, January 21, 2023**

Breakfast & Speaker

SPEAKER: Allen C. from St Pete

Church of the Good Shepherd 221 4<sup>th</sup> St Lake Wales, FL

**Doors Open 8am\*\*Breakfast 8:30am\*\*Speaker 10am**

**\$10 at the Door**

**50/ 50 Raffle**



Welcome!

We are an AA online group focused on sharing experience, strength, and hope. Thank God for the traditions that bind us. We believe that Bill and Bob would be proud of technology enabling us to reach alcoholics in their respective environments. "We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the road of Happy Destiny".

## AA UNITY IN RECOVERY ZOOM GROUP

Meetings are starting October 11, 2020. In an effort to keep our meetings safe, we ask that you email for the password.

[aa.unityinrecovery@gmail.com](mailto:aa.unityinrecovery@gmail.com)



MEETING ID:  
720 314 8528

MON: 7 PM CST  
CLOSED DISCUSSION  
(AA LITERATURE)

WED: 7 PM CST  
CLOSED DISCUSSION  
(AA LITERATURE)

FRI: 7 PM CST OPEN  
SPEAKER MEETING

SUN: 10 AM CST  
CLOSED SPIRITUAL  
MEETING

Addresses for Contributions:

General Service Office



Box 459 Grand Central Station  
New York, NY 10163  
Payable to: AA General Service Office

**Area 15 Treasurer**

Area 15  
P.O. Box 311  
Safety Harbor, FL 34695  
Payable to: Area 15 Treasurer

**District III Treasurer**

Beverly Ennis  
District III  
200 El Camino Dr #305  
Winter Haven, FL 33884

**Heartland Intergroup**

4204 S. Florida Ave, Suite H  
Lakeland, FL 33803  
Payable to: Heartland Intergroup



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**Any questions can be emailed to the office manager at:**

[\\*officemanager@heartlandintergroup.org](mailto:*officemanager@heartlandintergroup.org)

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