

HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H. Lakeland, FL 33813 863-688-0211 or 863-687-9275

www.heartlandintergroup.org

MONDAY- 9AM-5PM
TUESDAY-9AM-5PM
WEDNESDAY-9AM- 5PM, every other we close at 1PM
THURSDAY- 9AM- 5PM
FRIDAY- 9AM- 5PM, every other we close at 1PM

WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!

ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO WEBSITE:

Submit Meeting Changes | Heartland AA (heartlandintergroup.org)





Front Desk Volunteer Openings:

Every other Wednesday- 1:00pm- 5:00pm Every other Friday- 1:00pm- 5:00pm

If you have a year or more of sobriety this is your opportunity to give back what was so freely given to us!

Questions or interested call the office manager at 863-688-0211 or email at officemanager@heartlandintergroup.org

Ninth Step Prayer

Higher Power,

I pray for the right attitude to make my amends,
Being ever mindful not to harm others in the process.
I ask for Your guidance in making indirect amends.
Most important, I will continue to make amends
By staying abstinent, helping others and
Growing in spiritual progress.





HYBRID MEETING- September Heartland Intergroup Representative Meeting, Monday, September 12th, at 6:00PM.

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting https://us02web.zoom.us/j/2323580422

Meeting ID: 232 358 0422
One tap mobile
+16469313860,,2323580422# US
+19292056099,,2323580422# US (New York)

Meeting ID: 232 358 0422

Find your local number: https://us02web.zoom.us/u/kWFhYUFKP

What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!

ACCEPTANCE IS THE ANSWER TO ALL OF M PROBLEMS TODAY. WHEN I AM DISTURBED. IT IS BECAUSE I FIND SOME PERSON, PLACE, THING OR SITUATION SOME FACT OF MY LIFE -UNACCEPTABLE TO ME, AND I CAN FIND NO UNTIL I ACCEPT PERSON, PLACE, THING OR AS BEING EXACTLY THE WAY IT IS NOTHING, ABSOLUTELY NOTHING.

HAPPENS IN GOD'S WORLD BY MISTAKE.

p.417

If sponsoring yourself was a picture! •••



We Would Love To Update Your Group Contacts:

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: Heartlandintergroup.org
Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES, and answer the questions! It's that easy!

If you would rather, you are always welcome to email officemanager@heartlandintergroup.org and send us your info that way!

Thank you everyone for your continued support!



On this day you surrendered you mustered up some courage and asked for help. You began a new way of life. Slowly, you became honest. You sought to help others. You became a giver. You took less. You began to feel... pleasure, pain, sadness and joy. On this day... you got sober

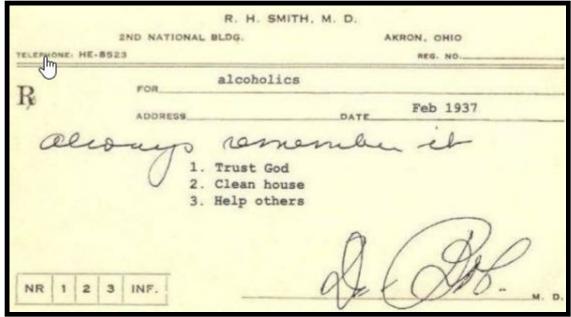




We are forming a Heartland Intergroup Outreach Committee.

Our goal is to bring the tri-county AA community closer together. We are looking for volunteers who are willing to travel to meetings throughout the tri-county area to spread the word that Intergroup is here to support and help them. If you are interested in attending new meetings, meeting new people and being of service, please call or text Mark C. at 863-307-6545 or send an email to LakelandWW@gmail.com.





We want to know your Sobriety Birthdays AND Group Anniversaries!

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at officemanager@heartlandintergroup.org.

THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!

SEPTEMBER ANNIVERSARIES

Paul B.- 9/20/1984, 38 years Dan B.- 9/20/2007, 15 years Michelle S.- 9/20/2018, 4 years Cassie M.- 9/1/2016, 6 years

The Ninth Step Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

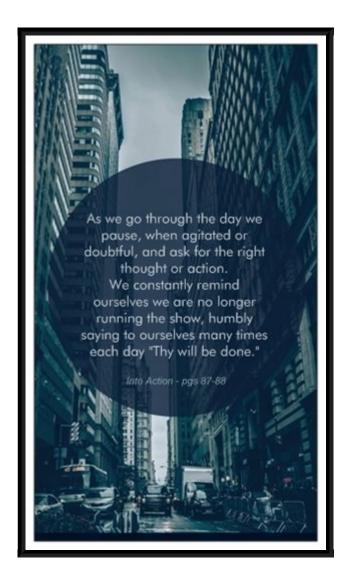
Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—

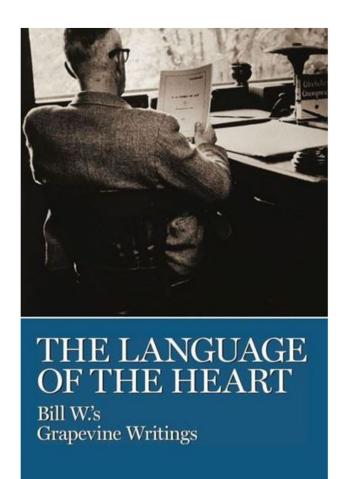
sometimes quickly, sometimes slowly. They will always materialize if we work for them.



HEARTLAND INTERGROUP MERCHANDISE OF THE MONTH!!!

For the month of September, the items below will be **20% off!!!!!** Take advantage of this merchandise while it's at this awesome price!

SEPTEMBER MERCHANDISE OF THE MONTH





September Merchandise of the Month-The Language of the Heart- Bill W.'s Grapevine Writings

Bill W. was the Grapevine's most prolific contributor, writing more than 150 articles, from his first in June 1944 to his last in December 1970.

Here in one volume are all of Bill's Grapevine articles, including his first thoughts about the Traditions, his battles with chronic depression and spiritual pride,

memories of an all-night drinking spree with Ebby, and a vivid description of how he came to organize the Steps (there were six in the first draft).

This merchandise will be 20% off for the month of September, get them before they're gone!!!



DISTRICT 3 BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.



Willingess without action is kinda like faith without works.

Letting Go & Holding Tight



Starting in August, every
Tuesday and Thursday at
10:00am Heartland Intergroup
is hosting fellowship among
friends!

Come join us, drink coffee, and listen to Grapevine podcasts if group wants but most of all, enjoy the gift of fellowship!

4204 S. Florida Ave. Suite H Lakeland, FL 33813 www.aa.org

General Service Office of Alcoholics Anonymous

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:

P.O. Box 459 Grand Central Station New York, NY 10163 Fax: (212) 870-3003

STORY SOLICITATION FOR

A.A. MEMBERS WHO GOT SOBER LATER IN LIFE DEADLINE FOR SUBMISSION: September 23, 2022

In response to a committee consideration from the Cooperation with the Professional Community-Treatment/Accessibilities Committee of the 72nd General Service Conference that the pamphlet "A.A. for the Older Alcoholic" include sharing from a broader and more diverse representation of A.A. experiences, the trustees' committee on Treatment/Accessibilities has reopened a call for recovery stories to add to the pamphlet.

A.A. member experience being requested includes the following:

- · Finding recovery at the age of 60 and over
- Mental health and diverse abilities
- Attending online meetings
- · Diverse ethnicities, cultures and languages (including immigrant experiences)
- LGBTQ+ communities
- · Diverse spiritual pathways

Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all submitters will be observed whether your story is selected for publication or not.

Instructions for submitting your story:

Deadline: Please submit on or before September 23, 2022.

Email: access@aa.org

Subject Line: A.A. for the Older Alcoholic.

Postal Mail: Attn: Access Assignment, General Service Office, Box 459, Grand

Central Station, New York, NY 10163.



SPONSORSHIP WORKSHOP

At the Winter Haven Fellowship Hall 401 N Lake Howard Dr, Winter Haven, FL 33881

SUNDAY, SEPTEMBER 11TH 2:30-4:00PM

Join us for food & fellowship!

The panel members will be sharing their experience, strength and hope on how to navigate sponsorship.

We will have an open Q&A at the end.



Service - Unity - Recovery



District 3 Fundraiser

September 24, 2022



Italian Dinner

hosted by the

Nooner Group

300 Medical Way (behind Highlands Hospital)

La-Ziti, Salad, bread, and drinks

\$10.00 per person

Coffee at 4:30

Dinner at 5:00



Speaker at 6:00



Doors open at 6:00 PM

Dinner at 6:30 PM

Group will provide main dish, drinks, and celebration cake!

Please bring side dish to share!

Speaker at 7:00 PM
ASHLEY D.

Door Prizes AND 50/50 Raffle

Please come celebrate with us!!

MONDAY OCTOBER 3RD
FAM CHURCH
1400 E. CANAL ST.
MULBERRY, FL 33860

Halloween Bash



Begins - Saturday October 29, 2022 @ Noon
Speaker Meeting with two guest speakers
Sobriety Countdown to follow

Ends - Saturday October 29, @ 6:00 PM
Fire Pit Meeting to follow @ 8:00 PM

- 2720 East Main St Lakeland, Fl.
- · Plenty of Food and Coffee
- (Side dishes welcomed)
- 50/50 Drawing, Costume Contest, Live Music and DJ

Not for Profit or a Fundraiser



A Spiritual Retreat given by & for A.A.s and Al-Anons

October 15, 16, & 17, 2021
March 18, 19, & 20, 2022
October 14, 15, & 16, 2022
Meals and accommodations provided by:
The Benedictine Monks
St. Leo Abbey Retreat Center
88701 State Road 52
St. Leo, FL 88574

\$186/person * (double occupancy)

\$226/person * (private room)

*The cost of the retreat includes a semi-private room with bed linens and towels, 5 meals, snacks, beverages, and retreat activities.

The retreat includes meditation instruction and three meditations.

Payment is required with your registration. Registration confirmations are sent to the email address provided. Fees are not refundable but, are transferable to a substitute attendee for the same retreat. No monies are handled at the retreat center.

Please make checks payable to "QUEST" and mail with registration form to:

Quest Retreat PO Box 665

Largo, FL 88770

For more information, visit www.questretreat.com, call Rick @ 727-639-8035, or email us at kathioquestretreat@gmail.com

The Abbey Retreat Center is located at 33601 Florida 52, St. Leo, FL 33574

- Enter the main campus entrance.
- Follow the roundabout.
- Exit the roundabout on Edward Court.
- Proceed to Bowman Drive.
- Turn right on Grove Street.
- Park along Grove Street.
- Follow the posted signs to the entrance.





INITIAL

BULL in the CHINA SHOP CORRAL

MEN'S 12 STEP/SURRENDER GATHERING

October 28-30, 2022 @ Camp Cloverleaf 4-H Center 126 Cloverleaf Rd., Lake Placid, FL 33852

Tired of picking up the pieces as you roar through life? Take a breath - come out to the country. Lodging, good fellowship, food, and fun at a great price. A structured weekend with special speakers, small group discussion. Opportunity for quiet time or step work with sponsor, or recreational time on Lake Frances.

Arrival Time: Friday Oct. 28 after 4pm
Bunk house setting-8 bunks per house/ MUST bring bedding
Full RV hookups for 24 units (\$15/night + registration)

Friday Night Dinner at 6:00 pm to accommodate late arrivals.

Extensive & Intensive 12 step weekend with 3 OUTSTANDING speakers from throughout Florida (Jerry E, Naples; Pat R, Corral Springs; and Josh F, Miami)

Registration Cost	Price Includes	
\$165.00 for it ALL! **special gift for first 30 paid registration** For more information's, please text or call Patrick Glennon (315) 525-6118 Robert Martin (772) 634-7443 Glennonp32@gmail.com	 Registration Lodging (8 men to each bunkhouse) Free use of camp kayaks and equipment 	
	Required Insurance 5 buffet meals Free parking Plus more	Small Groups wishing to share a bunkhouse MUST note the group name with payment (8 to a bunkhouse)

Limited Capacity- NO Walk Ins- Register Now!

Day Trippers \$65 includes all meal

Sorry no refunds- Cancellations can be used for scholarships.

Bring toiletries/bedding

Phone		Sober date	
City	State	Zip	
Address			
Name			
Registration	Form-	Registration Ends 10/1/22	

Send Check or Money Order Made out to Patrick Glennon to 105 Eventide Ave. Lake Placid FL, 33852 Patrick Glennon @Patrick-Glennon-20



venmo

Please include your Name, Phone number, and Email address



Volunteers Needed to Carry the Message of A.A. into Jails and Prisons.

We need men for Correctional Institutions:

Polk City

Bowling Green

Hardee County

Call Sara R. 916 289-8172

or

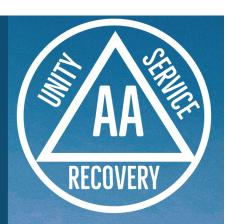
email: robertsbret@hotmail.com

Welcome!

We are an AA online group focused on sharing experience, strength, and hope. Thank God for the traditions that bind us.
We believe that Bill and Bob would be proud of technology enabling us to reach alcoholics in their respective environments.
"We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the road of Happy Destiny".



Meetings are starting October
11, 2020. In an effort to
keep our meetings safe,
we ask that you email for
the password.



MEETING ID: 720 314 8528

MON: 7 PM CST CLOSED DISCUSSION (AA LITERATURE)

WED: 7 PM CST CLOSED DISCUSSION (AA LITERATURE)

FRI: 7 PM CST OPEN SPEAKER MEETING

SUN: 10 AM CST CLOSED SPIRITUAL MEETING

aa.unityinrecovery@gmail.com

Addresses for Contributions:

General Service Office

Box 459 Grand Central Station New York, NY 10163

Payable to: AA General Service Office

Area 15 Treasurer

Area 15
P.O. Box 311
Safety Harbor, FL 34695
Payable to: Area 15 Treasurer

District III Treasurer

Beverly Ennis
District III
200 El Camino Dr #305
Winter Haven, FL 33884

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup







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Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

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*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

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