

[View this email in your browser](#)



HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275

www.heartlandintergroup.org

MONDAY- 9AM-5PM

TUESDAY-9AM-5PM

WEDNESDAY-9AM- 5PM, every other we close at 1PM

THURSDAY- 9AM- 5PM

FRIDAY- 9AM- 5PM, every other we close at 1PM

WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](#)



HEARTLAND
—INTERGROUP—

WE NEED YOU!

Front Desk Volunteer Openings:

Monday- 9:00am- 1:00pm

Every other Tuesday- 9:00am-1:00pm

Every other Friday- 1:00pm- 5:00pm

If you have a year or more of sobriety this is your
opportunity to give back what was so freely given
to us!

Questions or interested call the office manager at
863-688-0211 or email at
officemanager@heartlandintergroup.org



Eighth Step Prayer

Higher Power, I ask your help in making my list of all those
I have harmed. I will take responsibility for my mistakes & be
forgiving to others as you are forgiving to me. Grant me the
willingness.
This I pray.



LOOKING FOR A PLACE TO CALL HOME?



WE WELCOME YOUR GROUP!

What does that include?

1ST MONTH'S RENT FREE

INSURANCE IS COVERED

COFFEE AND WATER INCLUDED

HYBRID MEETING POSSIBILITIES

BIG BOOKS TO USE WHILE IN MEETING SPACE

LOTS OF TIME SLOTS AVAILABLE

CONTACT OFFICE MANAGER AT:
OFFICEMANAGER@HEARTLANDINTERGROUP.ORG

HYBRID MEETING- August Heartland Intergroup Representative Meeting, Monday, August 8th, at 6:00PM.

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting
<https://us02web.zoom.us/j/2323580422>

Meeting ID: 232 358 0422
One tap mobile
+16469313860,,2323580422# US
+19292056099,,2323580422# US (New York)

Dial by your location
+1 646 931 3860 US
+1 929 205 6099 US (New York)
+1 301 715 8592 US (Washington DC)
+1 312 626 6799 US (Chicago)
+1 386 347 5053 US
+1 564 217 2000 US
+1 669 444 9171 US
+1 669 900 6833 US (San Jose)
+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)
Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/u/kWFhYUFKP>

What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!

ACCEPTANCE
IS THE ANSWER
TO ALL OF MY
PROBLEMS TODAY.
WHEN I AM DISTURBED,
IT IS BECAUSE I FIND SOME
PERSON, PLACE, THING OR SITUATION
- SOME FACT OF MY LIFE -
UNACCEPTABLE TO ME,
AND I CAN FIND NO SERENITY
UNTIL I ACCEPT THAT
PERSON, PLACE, THING OR SITUATION
AS BEING EXACTLY THE WAY IT IS
SUPPOSED TO BE
AT THIS MOMENT.
NOTHING, ABSOLUTELY NOTHING,
HAPPENS IN GOD'S WORLD BY MISTAKE.

p.417

We Would Love To Update Your Group Contacts:

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

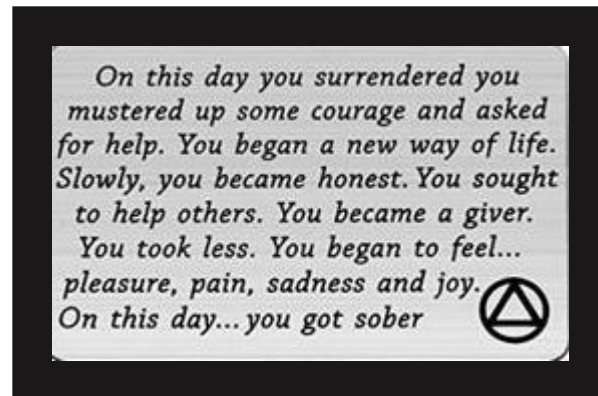
We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact,

just go to our website: Heartlandintergroup.org
Click on MEETINGS in the upper right side on the
screen, scroll down to SUBMIT MEETING CHANGES,
and answer the questions! It's that easy!

If you would rather, you are always welcome to
email officemanager@heartlandintergroup.org and send
us your info that way!

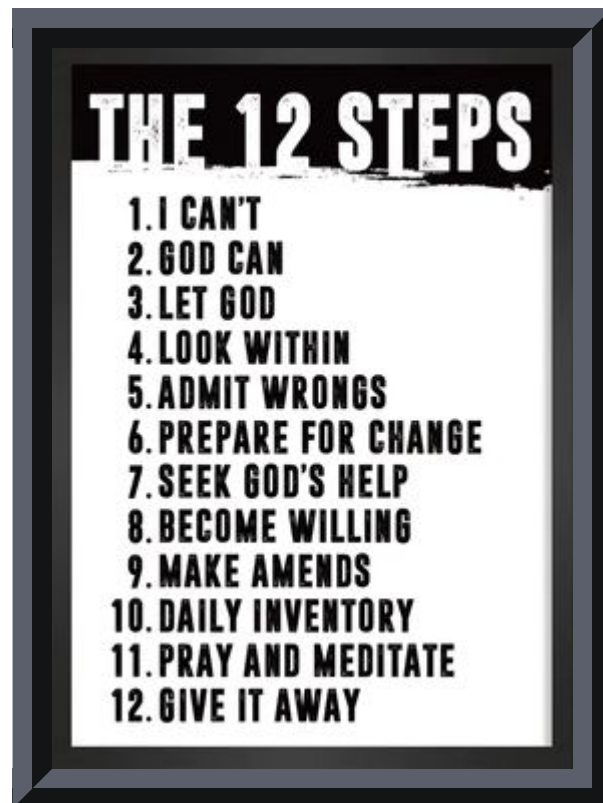
Thank you everyone for your continued support!





We are forming a Heartland Intergroup
Outreach Committee.

Our goal is to bring the tri-county AA
community closer together. We are looking
for volunteers who are willing to travel to
meetings throughout the tri-county area to
spread the word that Intergroup is here to
support and help them. If you are interested
in attending new meetings, meeting new
people and being of service, please call or
text Mark C. at 863-307-6545 or send an
email to LakelandWW@gmail.com.



R. H. SMITH, M. D.
2ND NATIONAL BLDG. AKRON, OHIO
TELEPHONE: HE-8523 REG. NO. _____

FOR alcoholics

R ADDRESS _____ DATE Feb 1937

always remember it

1. Trust God
2. Clean house
3. Help others

NR 1 2 3 INF. _____ M. D.

We want to know your Sobriety Birthdays AND Group Anniversaries!

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at officemanager@heartlandintergroup.org.

THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!

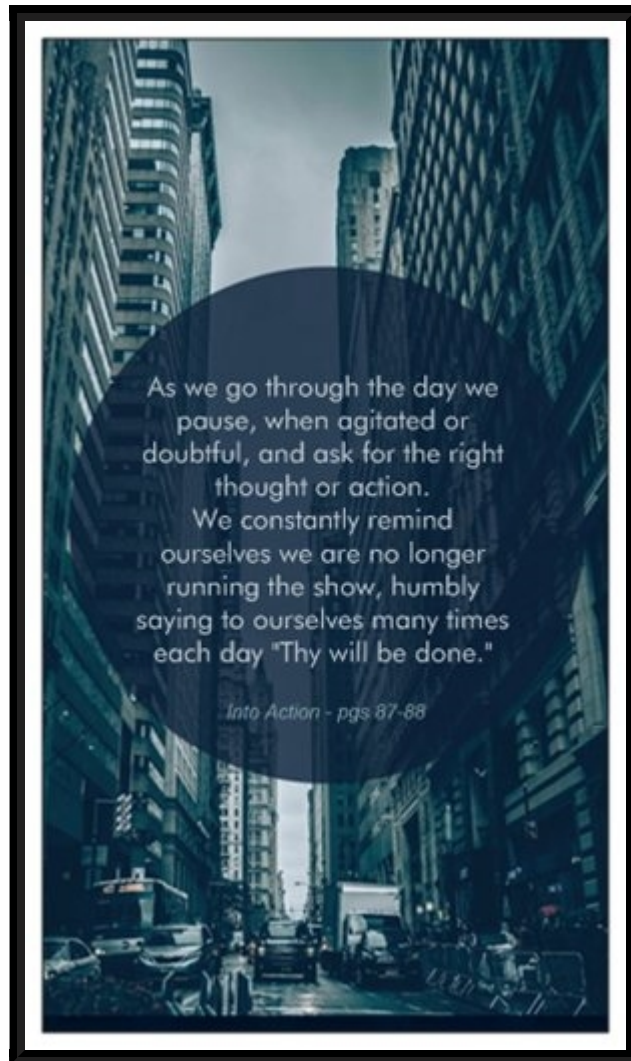
AUGUST ANNIVERSARIES

Elena G.- 8/24/2008, 14 years

Walter J.- 8/1/2010, 12 years

Jackie M.- 8/22/2011, 11 years

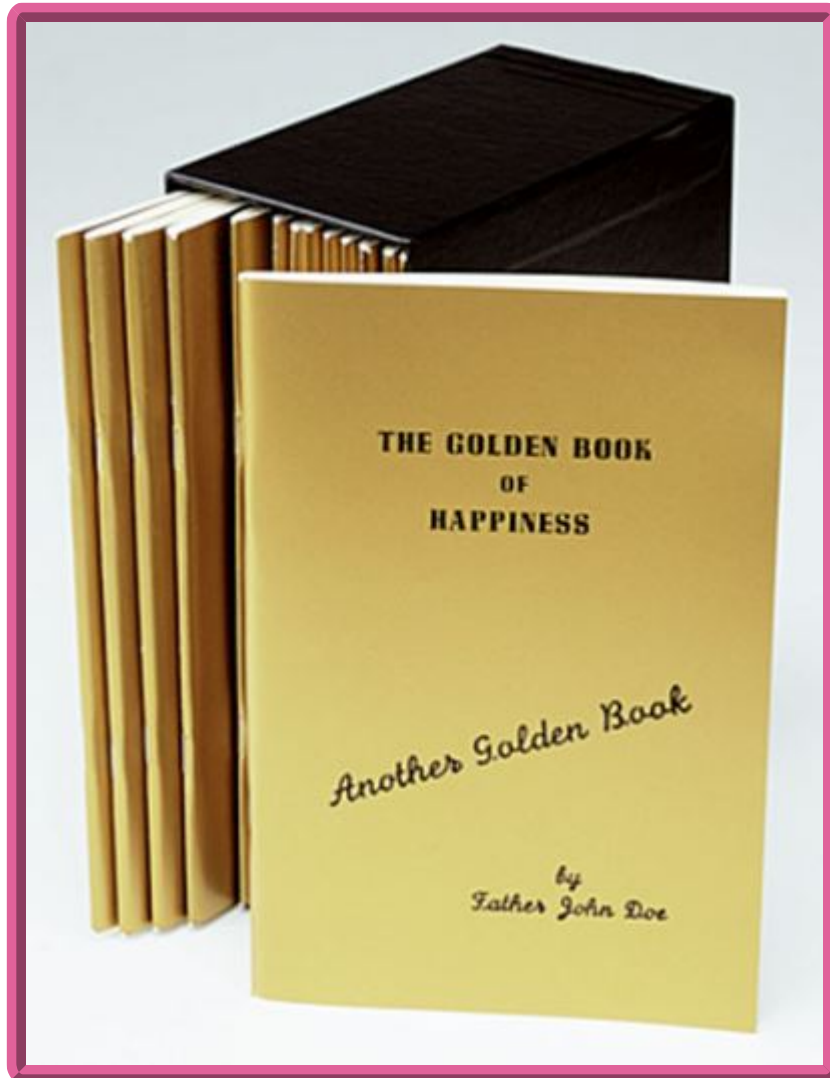
Brennen C.- 8/1/2018, 4 years



HEARTLAND INTERGROUP

MERCHANDISE OF THE MONTH!!!

For the month of August, the items below will be **10% off!!!!!!** Take advantage of this merchandise while it's at this awesome price!



August Merchandise of the Month- **The Golden Books by Father John Doe**

The Golden Books series is composed of fourteen booklets written by the late Father Ralph Pfau, known originally as Father "John Doe" who was an immensely popular lecturer and author.

These treasured booklets offer thoughtful, positive advice on almost every human experience. Helpful in examining character defects or in exploring the

realm of spirituality, these booklets are firmly grounded in the principles of Alcoholics Anonymous.

This merchandise will be 10% off for the month of August,
get them before they're gone!!!



DISTRICT 3 BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.



Willingness without action
is kinda like
faith without works.

Letting Go & Holding Tight

The background of the flyer is a photograph of a tropical scene. A tall palm tree stands in the center-right, its fronds silhouetted against a bright, hazy sky. In the top right corner, there are branches with autumn-colored leaves in shades of orange and red. The overall lighting suggests a warm, late afternoon or early morning setting.

Friends In Fellowship

**Starting in August, every
Tuesday and Thursday at
10:00am Heartland Intergroup
is hosting fellowship among
friends!**

**Come join us,
drink coffee, and
listen to Grapevine
podcasts if group
wants but most of
all, enjoy the gift
of fellowship!**

4204 S. Florida Ave. Suite H
Lakeland, FL 33813



WINNERS' CIRCLE 29th ANNIVERSARY DINNER CELEBRATION



Join us at ...

FIRST PRESBYTERIAN CHURCH

175 LAKE HOLLINGSWORTH DRIVE

(IN THE BOY SCOUT BUILDING AT THE BACK OF THE CHURCH)

LAKELAND, FL 33801

SATURDAY, AUGUST 6, 2022

DOORS OPEN AT 5:00 PM

DINNER AT 6 PM

GUEST SPEAKER AT 7 PM – JERRY G., 28 YEARS OF SOBRIETY

GROUP WILL PROVIDE PULLED PORK, FRIED CHICKEN AND DRINKS

PLEASE BRING A DISH TO SHARE

50/50 RAFFLE



Please join the Winners Circle Group
to Remember

Chuck M.

Thursday, August 18th



Share fellowship, refreshments
and memories of Chuck

Following the Noon Meeting

First Presbyterian Church,
175 Lake Hollingsworth Drive, Lakeland

Now's Your Chance to Get into Service With the 2022 District III Gratitude Dinner!

Our first planning meeting is July 31st at 2:00 pm

Fellowship Hall: 401 N Lake Howard Drive Winter Haven

This is your opportunity to join a committee and be a part of!

2nd Meeting: August 21st after District Meeting

(approx.: 3:30 pm) Tickets to sell will be given out.

Holy Trinity Episcopal Church 500 W Stuart St Bartow

- Gratitude Dinner Committee Chair
 - o Allison C.

"I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When **brimming with gratitude**, one's heartbeat must surely result in outgoing love, the finest emotion we can ever know."- Bill W

THE WEEKEND SERENITY GROUP IS
HOSTING A

SPONSORSHIP WORKSHOP

At the Winter Haven Fellowship Hall
401 N Lake Howard Dr, Winter Haven, FL 33881

SUNDAY, SEPTEMBER 11TH
2:30-4:00PM

Join us for food & fellowship!

The panel members will be sharing their
experience, strength and hope on how to
navigate sponsorship.

We will have an open Q&A at the end.



Service - Unity - Recovery



Volunteers Needed to Carry the
Message of A.A. into Jails and
Prisons.

We need men for Correctional Institutions:
Polk City

Bowling Green
Hardee County

Call Sara R. 916 289-8172

or

email: robertsbret@hotmail.com



A Spiritual Retreat given by & for A.A.s and Al-Anons

October 15, 16, & 17, 2021

March 18, 19, & 20, 2022

October 14, 15, & 16, 2022

Meals and accommodations provided by:

The Benedictine Monks
St. Leo Abbey Retreat Center
88701 State Road 52
St. Leo, FL 33574

\$186/person * (double occupancy) \$226/person * (private room)

*The cost of the retreat includes a semi-private room with bed linens and towels, 5 meals, snacks, beverages, and retreat activities.

The retreat includes meditation instruction and three meditations.

Payment is required with your registration. Registration confirmations are sent to the email address provided. Fees are not refundable but, are transferable to a substitute attendee for the same retreat. No monies are handled at the retreat center.

Please make checks payable to "QUEST" and mail with registration form to:

Quest Retreat
PO Box 665
Largo, FL 33770

For more information, visit www.questretreat.com, call Rick @ 727-689-8035, or email us at kathiequestretreat@gmail.com

Register early. There are only 50 spaces available.

Name: _____ ☐ Male ☐ Female ☐ Smoker

Address: _____ ☐ AA ☐ Al-Anon

City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Retreat Date: _____ Donation \$ _____ Amount Endowed \$ _____

☐ Private Room ☐ Double Occupancy - Preferred Roommate: _____

Only One Person Per Form. Please Print Clearly.

The Abbey Retreat Center is located at 33601 Florida 52, St. Leo, FL 33574

- Enter the main campus entrance.
- Follow the roundabout.
- Exit the roundabout on Edward Court.
- Proceed to Bowman Drive.
- Turn right on Grove Street.
- Park along Grove Street.
- Follow the posted signs to the entrance.





INITIAL

BULL in the CHINA

SHOP CORRAL

MEN'S 12 STEP/SURRENDER GATHERING

October 28-30, 2022 @ Camp Cloverleaf 4-H Center

126 Cloverleaf Rd., Lake Placid, FL 33852

Tired of picking up the pieces as you roar through life? Take a breath - come out to the country. Lodging, good fellowship, food, and fun at a great price. A structured weekend with special speakers, small group discussion. Opportunity for quiet time or step work with sponsor, or recreational time on Lake Frances.

Arrival Time: Friday Oct. 28 after 4pm

Friday Night Dinner at 6:00 pm to

Bunk house setting-8 bunks per house/ MUST bring bedding

accommodate late arrivals.

Full RV hookups for 24 units (\$15/night + registration)

Extensive & Intensive 12 step weekend with 3 OUTSTANDING speakers from throughout Florida (Jerry E, Naples; Pat R, Corral Springs; and Josh F, Miami)

Registration Cost	Price Includes
\$165.00 for it ALL! **special gift for first 30 paid registration** For more information's, please text or call Patrick Glennon (315) 525-6118 Robert Martin (772) 634-7443 Glennonp32@gmail.com	<ul style="list-style-type: none"> • Registration • Lodging (8 men to each bunkhouse) • Free use of camp kayaks and equipment • Required Insurance • 5 buffet meals • Free parking • Plus more <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> Small Groups wishing to share a bunkhouse MUST note the group name with payment (8 to a bunkhouse) </div>

Limited Capacity- NO Walk Ins- Register Now!

****Day Trippers \$65 includes all meal****

Sorry no refunds- Cancellations can be used for scholarships.

Bring toiletries/bedding

Registration Form- Registration Ends 10/1/22

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Sober date _____
 Email _____ Amount sent _____

Send Check or Money Order Made out to Patrick Glennon to 105 Eventide Ave. Lake Placid FL, 33852

Patrick Glennon
@Patrick-Glennon-20



venmo

Please include your Name, Phone number, and Email address

Welcome!

We are an AA online group focused on sharing experience, strength, and hope. Thank God for the traditions that bind us. We believe that Bill and Bob would be proud of technology enabling us to reach alcoholics in their respective environments. "We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the road of Happy Destiny".

AA UNITY IN RECOVERY ZOOM GROUP

Meetings are starting October 11, 2020. In an effort to keep our meetings safe, we ask that you email for the password.

aa.unityinrecovery@gmail.com



MEETING ID:
720 314 8528

MON: 7 PM CST
CLOSED DISCUSSION
(AA LITERATURE)

WED: 7 PM CST
CLOSED DISCUSSION
(AA LITERATURE)

FRI: 7 PM CST OPEN
SPEAKER MEETING

SUN: 10 AM CST
CLOSED SPIRITUAL
MEETING

Addresses for Contributions:

General Service Office

Box 459 Grand Central Station
New York, NY 10163
Payable to: AA General Service Office

Area 15 Treasurer

Area 15
P.O. Box 311
Safety Harbor, FL 34695
Payable to: Area 15 Treasurer

District III Treasurer

Beverly Ennis
District III
200 El Camino Dr #305
Winter Haven, FL 33884

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup



*Copyright © *|2019|* *|Heartland Intergroup|*, All rights reserved.*

Any questions can be emailed to the office manager at:

**officemanager@heartlandintergroup.org*

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Heartland Intergroup of AA · 4204 S. Florida Avenue #H · Lakeland, FL 33813 · USA

