



HEARTLAND INTERGROUPE

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275

www.heartlandintergroup.org

MONDAY- 9AM-5PM

TUESDAY-9AM-5PM

WEDNESDAY- 9AM- 1PM

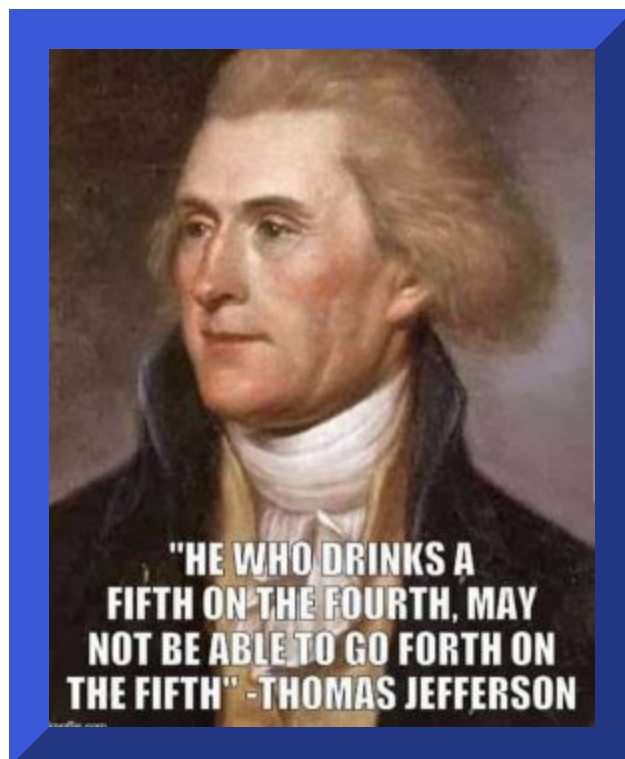
THURSDAY- 9AM- 5PM

FRIDAY- 9AM- 5PM, every other we close at 1PM

WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](#)



Heartland Intergroup is in need of front desk volunteers for every Monday 9AM-1PM, Wednesday from 12-5PM, if you are able to do every other week that is great too! Also, every other Friday from 1-5PM. All you need to do is contact the Office Manager to apply officemanager@heartlandintergroup.org

7th Step Prayer

My Creator, I am now willing that You should have all of Me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows.

Grant me strength, as I go out from here, to do Your bidding.

HYBRID MEETING- July Heartland Intergroup Representative Meeting, Monday, July 11th, at 6:00PM.

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

Meeting ID: 232 358 0422

One tap mobile

+16469313860,,2323580422# US

+19292056099,,2323580422# US (New York)

Dial by your location

+1 646 931 3860 US

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 669 444 9171 US

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 232 358 0422

Find your local number: <https://us02web.zoom.us/j/2323580422>

What does HYBRID mean you ask? HYBRID means, in person AND online! Thats right!!! We will be meeting at the Heartland Intergroup Office AND on Zoom! We want you to be a part of our Intergroup however you can!!



**COME BACK, COME BACK
COME BACK TO WHERE WE ONCE BELONGED**

OPEN HOUSE

It has been a tough couple of years with the pandemic. Meetings had to stop, the Intergroup office had to close, and many of us lost friends and relatives. People we saw on a weekly basis seemed to disappear. We all learned about Zoom. Thankfully, it looks like we are all opening back up.

With this in mind, we want to welcome you back to the newly renovated and updated Intergroup Office.

20% off Triplates

20% off all Books
** Except for the
Big Book**

50% off close out
Jewelry Items

Donated Book Sale

Door Prizes

Refreshments

**4204 S. Florida Avenue, Suite H
Lakeland, Florida 33813**

**Wednesday, July 27th
4pm – 8pm**

**Saturday, July 30th
12pm – 4pm**

ACCEPTANCE
IS THE ANSWER
TO ALL OF MY
PROBLEMS TODAY.
WHEN I AM DISTURBED,
IT IS BECAUSE I FIND SOME
PERSON, PLACE, THING OR SITUATION
- SOME FACT OF MY LIFE -
UNACCEPTABLE TO ME,
AND I CAN FIND NO SERENITY
UNTIL I ACCEPT THAT
PERSON, PLACE, THING OR SITUATION
AS BEING EXACTLY THE WAY IT IS
SUPPOSED TO BE
AT THIS MOMENT.
NOTHING, ABSOLUTELY NOTHING,
HAPPENS IN GOD'S WORLD BY MISTAKE.

p.417

We Would Love To Update Your Group Contacts:

If it has been a while since you have updated the contacts for your group and if things have changed, please let us know.

We would love to stay in touch when we need to! No worries, we don't share this information with the public! The only people that see it are the Heartland Intergroup Board, web servants, and the District 3 Registrar.

Anytime you need to make a change or add a contact, just go to our website: Heartlandintergroup.org
Click on MEETINGS in the upper right side on the screen, scroll down to SUBMIT MEETING CHANGES,

and answer the questions! It's that easy!

If you would rather, you are always welcome to email officemanager@heartlandintergroup.org and send us your info that way!

Thank you everyone for your continued support!



It's not enough for recovering alcoholics to *feel* humbled. They must *seek* humility. That's the essence of step seven.

Virtue Is Not Weakness

Humility is not weakness. It's not humiliation or abasement. It doesn't involve groveling. True humility doesn't engage in self-pity.

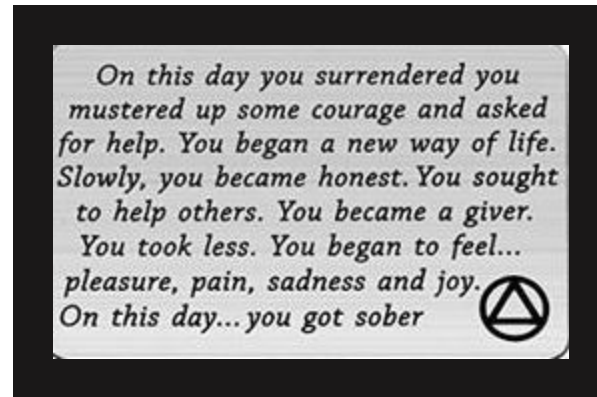
Then what is it? Nothing more and nothing less than looking in the mirror and seeing an honest reflection. Bill

Wilson, who laid the foundation for the modern AA movement when he wrote down the 12 steps in 1938, stated it best: Humility is "the clear recognition of what and who we really are, followed by a sincere attempt to be what we can be."

True humility recognizes the facts and then resolves to move forward. No one can do that unless they take off the rose-tinted glasses or the alcohol-filled goggles.

The One Essential Quality

Acquiring a humble attitude doesn't mean knocking yourself down a few pegs on the ladder of life. It means recognizing what rung you were on all along. If you think you're at the top, you won't bother to step up. If you know you're standing idly at the bottom of the ladder, you can take the first step on your way to the top.



We are forming a Heartland Intergroup Outreach Committee.

Our goal is to bring the tri-county AA community closer together. We are looking for volunteers who are willing to travel to meetings throughout the tri-county area to

spread the word that Intergroup is here to support and help them. If you are interested in attending new meetings, meeting new people and being of service, please call or text Mark C. at 863-307-6545 or send an email to LakelandWW@gmail.com.



R. H. SMITH, M. D.
2ND NATIONAL BLDG. AKRON, OHIO
TELEPHONE: HE-8523 REG. NO. _____

R_x FOR alcoholics
ADDRESS _____ DATE Feb 1937

always remember it

1. Trust God
2. Clean house
3. Help others

NR 1 2 3 INF. _____ M. D.

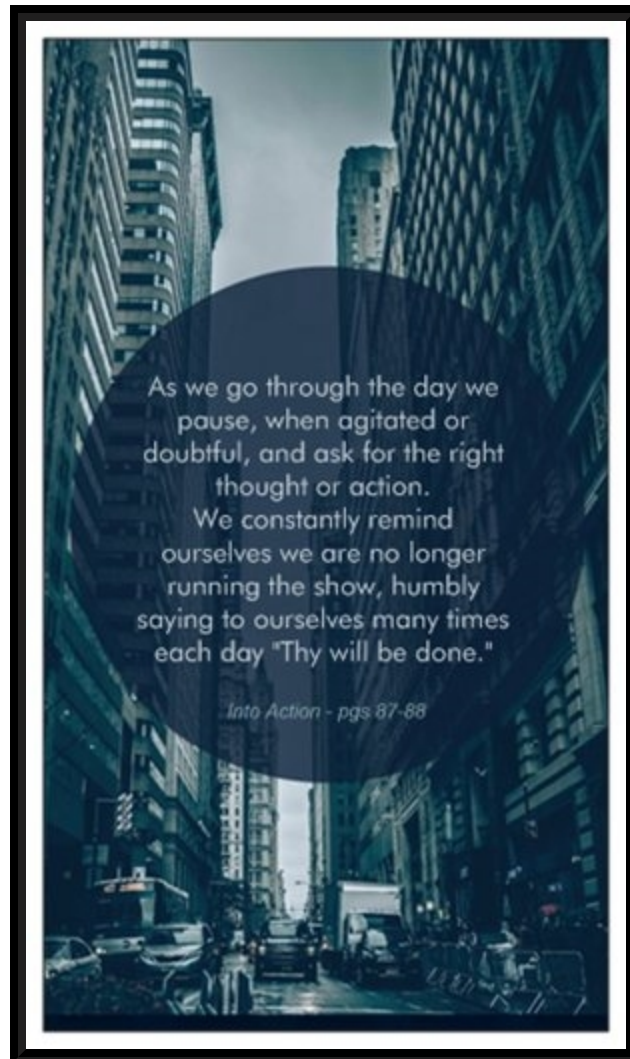
We want to know your Sobriety Birthdays AND Group Anniversaries!

Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/ or group anniversary so we can share it for that month in our newsletter!! You can send them in via email at officemanager@heartlandintergroup.org.

THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!

JULY ANNIVERSARIES

John C.- 7/7/99, 23 years

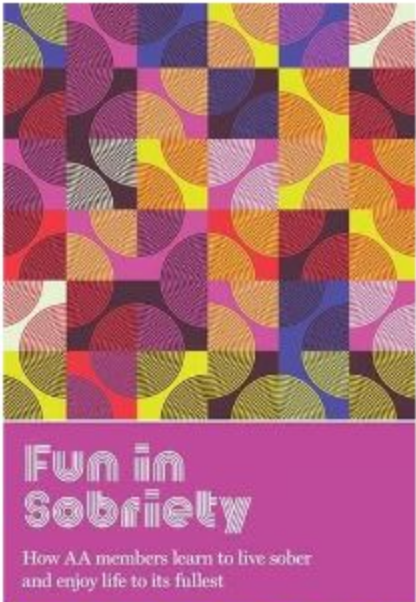


HEARTLAND INTERGROUP

MERCHANDISE OF THE MONTH!!!

For the month of June, the items below will be **10% off!!!!!!** Take advantage of this merchandise while it's at this awesome price!

July Merchandise of the Month!



FUN IN SOBRIETY

Grapevine's newest book is out! Fun in Sobriety features 50-plus inspiring stories by members of Alcoholics Anonymous about the many ways they've learned to have a good time after putting down the drink. Chapters include travel, outdoor activities, arts & hobbies, social entertainment, fun-filled AA activities and sober events. The stories were previously published in Grapevine, the International Journal of Alcoholics Anonymous. Full of passion and humor, this book shows how, by working the program and developing a sober network, life can begin to take on new, exciting adventures.!

July Merchandise of the Month-
A.A. Grapevine's **Newest**, Fun In Sobriety!

This merchandise will be 10% off for the month of July, get it before its gone!!!



WE WANT OUR OFFICE TO BE YOUR GROUP'S HOME!

What does that include?

- 1 MONTH'S FREE RENT**
- Coffee and Water!!**
- A great meeting space!**
- Big Books to use while in the meeting room**

What do we have open?

- Wednesday, Thursday, Saturday & Sunday evening's**
- AND Sunday Mornings!**

**Please contact the office manager to book
your spot or for any questions.**

officemanager@heartlandintergroup.org

THE
GREATEST
SUCCESS
we'll know
IS HELPING
OTHERS
SUCCEED
& GROW.

DISTRICT 3 BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.



Volunteers Needed to Carry the Message of A.A. into Jails and Prisons.

We need men for Correctional Institutions:

Polk City
Bowling Green
Hardee County

Call Sara R. 916 289-8172

or

email: robertsbret@hotmail.com



SOBER BASH

When: Sunday, July 3rd, 2022, 2PM-7PM

Where: 745 Fairway Ave, Lakeland, FL

FRIENDS, FOOD, FELLOWSHIP, and
50/50 RAFFLE

Cookout: Hotdogs & Hamburgers!

Bring a dish or dessert to share. Bring a chair.

DON'T BE ALONE FOR THE HOLIDAY!!



JULY 8 - 10, 2022

**UNITY &
SERVICE**
Conference





ARGENTINA

**SAVE
THE DATE**



CANADA

*“Beyond Language,
Culture and Geography:
Sobriety Within
Everybody’s Reach.”*

**Alcoholics Anonymous®
North/South
Virtual Special Forum
about Remote Communities**

Interpretation available in English, French and Spanish.
The event will be open to all members.

Registration and agenda information to follow.

Saturday, July 16, 2022



UNITED STATES



CHILE



65th Florida State Convention 2022

Wednesday, August 3rd — Sunday, August 7th
www.FloridaStateConvention.com

Fort Lauderdale Harbor Beach Marriott Resort and Spa
 Fort Lauderdale, Florida
www.MarriottHarborBeach.com

PROGRAM & ACTIVITIES



AA, Al-Anon, and Alateen Meetings and Workshops; LGBT, Spanish Speaking, and Young People's Meetings and Workshops; Friday and Saturday Banquets and Ice Cream Socials; Exclusive Convention Merchandise; Sports Activities including Golf, 2 Mile Beach Walk/Run, Beach Cornhole, and Beach Volleyball; Dances and Entertainment; Marathon Meetings and Old-timers' Meeting; Grapevine, Archives and Out-of-State Archives Displays; Meditation on the Beach and Yoga.

Open Captions and ASL Interpretation at all Speaker Meetings.

GUEST SPEAKERS

Paulette R. Miramar, FL	Carol "Dr. Fingers" G. ASL Interpreter
Jimmy A. Spring Lake Heights, NJ	Gail L. Akron, OH/Oxford, FL Workshops
Sandy H. Port Charlotte, FL	Cheré F. AlAnon Speaker Puyallup, WA
Rich S. St. Louis, MO	
El N. Greenville, SC	Paul McQ. Belle Harbor, NY
Jerome S. Corona, CA	Victor V. Springdale, AR
Charlene C. Mt. Pleasant, SC	Ryan K. Bowling Green, KY



HOST HOTEL INFORMATION

FORT LAUDERDALE HARBOR BEACH MARRIOTT RESORT & SPA

AAA Rated 4 Diamond Resort
 3030 Holiday Drive, Fort Lauderdale, FL 33316
www.MarriottHarborBeach.com
 800-222-6543 * 954-525-4000

Convention Code: 65th Florida State Convention
 HOTEL RESERVATIONS START ON AUGUST 5, 2021

Hotel Reservation Link:
<https://book.passkey.com/go/65florida>

RATES:

Standard King/Double
 \$159.00
 Oceanview
 \$184.00
 Sunrise/Florida Suite
 \$335.00

Rates will be honored 3 days
 before and 3 days after the
 convention dates, based on
 availability.

All rooms are subject to state and local taxes.

THIS HOTEL IS NON-SMOKING.

Check-in 4 P.M. – Check-out 11 A.M.

Onsite Parking Rates: \$9/day Self Parking \$19/day Valet Parking



RESERVATIONS MUST
 BE RECEIVED BY THE
 HOTEL BEFORE JULY 8, 2022



65th Florida State Convention 2022

Wednesday, August 3rd — Sunday, August 7th

www.FloridaStateConvention.com

Fort Lauderdale Harbor Beach Marriott Resort and Spa

Fort Lauderdale, Florida

www.MarriottHarborBeach.com

Name _____ Name to be printed on nametag _____

Home Group _____

Address _____

City _____ State _____ Zip _____ ☐ I would like to Volunteer

Phone _____ The committee I'd like to serve on is _____

Someone from the Volunteer Committee will contact you!

Email Address _____

Sobriety Date _____

Special Needs: ☐Hearing ☐Vision ☐Wheelchair
Other _____

I am a(n): ☐AA ☐AlAnon ☐Alateen ☐Visitor

☐Delegate ☐Past Delegate ☐Trustee ☐Past Trustee

(Check all that apply)

REGISTRATION AND SPORTS			
Item	Price	Qty	Sub Total
Registration	\$40.00		
All-Inclusive Package	\$159.00		
Scholarship Contribution	\$5.00		
Alateen Only Registration	\$15.00		
Friday Ice Cream Social	\$15.00		
Saturday Ice Cream Social	\$15.00		
Friday Pasta Banquet Vegan <input type="checkbox"/> Gluten-free <input type="checkbox"/>	\$45.00		
Saturday Chicken Banquet Vegan <input type="checkbox"/> Gluten-free <input type="checkbox"/>	\$49.00		
Golf Tournament	\$85.00		
2 Mile Walk/Run	\$15.00		
Beach Cornhole	\$20.00		
Beach Volleyball	\$20.00		
Select shirt size for your sport S M L XL 2XL 3XL			
SUBTOTAL \$			

MAKE CHECKS PAYABLE TO:	
65th Florida State Convention	
5201 SW 9th Street	
Fort Lauderdale, FL 33317	

MERCHANDISE			
Item	Price	Qty	Sub Total
Tee: S M L XL XXL XXXL			
Tee Color (circle one):   	\$11.00		
Women's Tank: S M L XL XXL			
Tank Color (circle one):  	\$18.00		
Unisex Tank: S M L XL XXL XXXL			
Tank Color (circle one):  	\$11.00		
Zippered Hoodie: S M L XL			
Zippered Hoodie: XXL XXXL	\$28.00		
Baseball Cap (circle one):  	\$10.00		
Flat Bill Cap	\$10.00		
Unisex Sun Hat	\$21.00		
Canvas Drawstring Backpack	\$15.00		
Ceramic Mug (circle one):  	\$7.00		
20oz Water Tumbler (circle one):  	\$18.00		
Convention Lapel Pin	\$5.00		
Beach Towel (presale only)	\$25.00		
SUBTOTAL \$			

METHOD OF PAYMENT	
Check/Money Order _____ AMEX _____ Visa _____ MasterCard _____	
Credit card payments taken in person or online only. Please do not send your credit card number through the mail.	
GRAND TOTAL \$	



A Spiritual Retreat given by & for A.A.s and Al-Anons

October 15, 16, & 17, 2021

March 18, 19, & 20, 2022

October 14, 15, & 16, 2022

Meals and accommodations provided by:

The Benedictine Monks

St. Leo Abbey Retreat Center

88701 State Road 52

St. Leo, FL 33574

\$186/person * (double occupancy) \$226/person * (private room)

*The cost of the retreat includes a semi-private room with bed linens and towels, 5 meals, snacks, beverages, and retreat activities.

The retreat includes meditation instruction and three meditations.

Payment is required with your registration. Registration confirmations are sent to the email address provided. Fees are not refundable but, are transferable to a substitute attendee for the same retreat. No monies are handled at the retreat center.

Please make checks payable to "QUEST" and mail with registration form to:

Quest Retreat

PO Box 665

Largo, FL 33770

For more information, visit www.questretreat.com, call Rick @ 787-639-8035, or email us at kathiequestretreat@gmail.com

Register early. There are only 50 spaces available.

Name: _____ ☐ Male ☐ Female ☐ Smoker

Address _____ ☐ AA ☐ Al-Anon

City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Retreat Date: _____ Donation \$ _____ Amount Enclosed \$ _____

☐ Private Room ☐ Double Occupancy - Preferred Roommate: _____

Only One Person Per Form. Please Print Clearly.

The Abbey Retreat Center is located at 33601 Florida 52, St. Leo, FL 33574

- Enter the main campus entrance.
- Follow the roundabout.
- Exit the roundabout on Edward Court.
- Proceed to Bowman Drive.
- Turn right on Grove Street.
- Park along Grove Street.
- Follow the posted signs to the entrance.





INITIAL

BULL in the CHINA SHOP CORRAL

MEN'S 12 STEP/SURRENDER GATHERING

October 28-30, 2022 @ Camp Cloverleaf 4-H Center

126 Cloverleaf Rd., Lake Placid, FL 33852

Tired of picking up the pieces as you roar through life? Take a breath - come out to the country. Lodging, good fellowship, food, and fun at a great price. A structured weekend with special speakers, small group discussion. Opportunity for quiet time or step work with sponsor, or recreational time on Lake Frances.

Arrival Time: Friday Oct. 28 after 4pm

Friday Night Dinner at 6:00 pm to
accommodate late arrivals.

Bunk house setting-8 bunks per house/ MUST bring bedding

Full RV hookups for 24 units (\$15/night + registration)

Extensive & Intensive 12 step weekend with 3 OUTSTANDING speakers from throughout Florida (Jerry E, Naples; Pat R, Corral Springs; and Josh F, Miami)

Registration Cost	Price Includes
\$165.00 for it ALL! **special gift for first 30 paid registration** For more information's, please text or call Patrick Glennon (315) 525-6118 Robert Martin (772) 634-7443 Glennonp32@gmail.com	<ul style="list-style-type: none"> • Registration • Lodging (8 men to each bunkhouse) • Free use of camp kayaks and equipment • Required Insurance • 5 buffet meals • Free parking • Plus more

Small Groups wishing to share a
bunkhouse MUST note the group
name with payment
(8 to a bunkhouse)

Limited Capacity- NO Walk Ins- Register Now!

****Day Trippers \$65 includes all meal****

Sorry no refunds- Cancellations can be used for scholarships.

Bring toiletries/bedding

Registration Form- Registration Ends 10/1/22

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Sober date _____
 Email _____ Amount sent _____

**Send Check or Money Order Made out to Patrick Glennon to
105 Eventide Ave. Lake Placid FL, 33852**

Patrick Glennon
@Patrick-Glennon-20



venmo

Please include your Name, Phone
number, and Email address

Welcome!

We are an AA online group focused on sharing experience, strength, and hope. Thank God for the traditions that bind us. We believe that Bill and Bob would be proud of technology enabling us to reach alcoholics in their respective environments. "We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the road of Happy Destiny".

AA UNITY IN RECOVERY ZOOM GROUP

Meetings are starting October 11, 2020. In an effort to keep our meetings safe, we ask that you email for the password.

aa.unityinrecovery@gmail.com



MEETING ID:
720 314 8528

MON: 7 PM CST
CLOSED DISCUSSION
(AA LITERATURE)

WED: 7 PM CST
CLOSED DISCUSSION
(AA LITERATURE)

FRI: 7 PM CST OPEN
SPEAKER MEETING

SUN: 10 AM CST
CLOSED SPIRITUAL
MEETING

Addresses for Contributions:

General Service Office

Box 459 Grand Central Station

New York, NY 10163

Payable to: AA General Service Office

Area 15 Treasurer

Area 15
P.O. Box 311
Safety Harbor, FL 34695
Payable to: Area 15 Treasurer

District III Treasurer

Beverly Ennis
District III
200 El Camino Dr #305
Winter Haven, FL 33884

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup



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Any questions can be emailed to the office manager at:

***officemanager@heartlandintergroup.org**

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*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

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