



HEARTLAND INTERGROUPE

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275

www.heartlandintergroup.org

MONDAY- 9AM-5PM
TUESDAY-9AM-5PM
WEDNESDAY- 9AM- 1PM
THURSDAY- 9AM- 1PM
FRIDAY- 9AM- 5PM, every other 1PM

WE TOO LIVE LIFE ON LIFE'S TERMS! IT MAY BE BEST TO CALL BEFORE YOU COME!

**ANY MEETING CHANGES PLEASE SUBMIT CHANGES TO
WEBSITE:**

[Submit Meeting Changes | Heartland AA \(heartlandintergroup.org\)](#)

Easy does it

First things first

This to shall pass

Live and let live

Keep it simple

Keep an open mind

One day at a time

Live life on life's terms

One is too many, a thousand is not enough

Be good to yourself!

Just for today

I can't, he can, so I think I'll let

Let go and let God

Death, insanity, or recovery

I came to believe

Keep coming back it really works!

Surrender to become Victorious

Today is all you have

Time takes time

UNITY, RECOVERY, AND SERVICE

One Day at a time

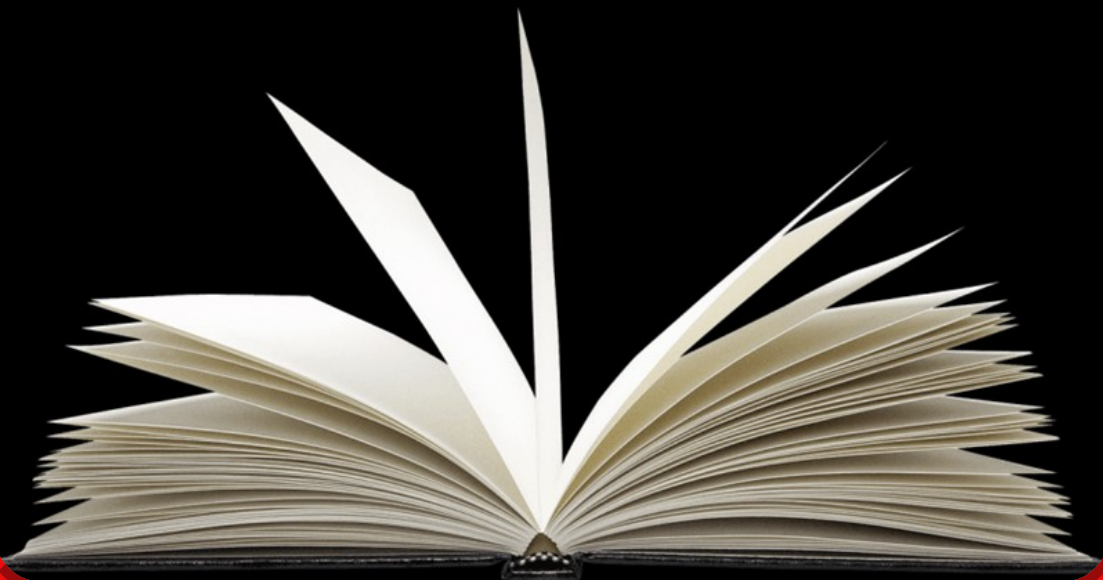
Keep coming back

RECOVERED AND MORE

GRAND OPENING!

Heartland Intergroup Online Bookstore

www.heartlandintergroup.org/store



Volunteering is
a work of heart



Intergroup is STILL looking for Volunteers: WEDNESDAYS from 12:00PM-5:00PM, THURSDAYS from 1:00PM-5:00PM, and every other FRIDAY from 1:00PM-5:00PM. Thank you all for

SALE

Buy a *Detroit*
International Triplate
for only **\$12.00**, and get
the International Swag
Bag for **FREE!!**





4204 S. Florida Ave. Suite H

Lakeland, FL 33813

WE ARE BACK!!!

Heartland Intergroup Representative Meetings



Starting Monday, December 13th, we are going back to the office!

Not ready but still want to be a part of? No worries, we are going to be Hybrid! That means you can take part either in person or via Zoom!

Zoom info will continue to be posted as normal.

Rep Meetings are every 2nd Monday of the month at 6PM ☺

HYBRID December Heartland Intergroup Representative Meeting, Monday, December 13th, at 6:00PM.
Come in person or on Zoom-

Heartland Intergroup is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/2323580422>

Meeting ID: 232 358 0422

One tap mobile

+19292056099,,2323580422# US (New York)

+13017158592,,2323580422# US (Washington
DC)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 232 358 0422

Find your local

number: <https://us02web.zoom.us/j/2323580422>



We are forming a Heartland Intergroup
Outreach Committee.

Our goal is to bring the tri-county AA
community closer together. We are looking
for volunteers who are willing to travel to
meetings throughout the tri-county area to
spread the word that Intergroup is here to
support and help them. If you are interested
in attending new meetings, meeting new
people and being of service, please call or
text Mark C. at 863-307-6545 or send an
email to LakelandWW@gmail.com.

R. H. SMITH, M. D.

2ND NATIONAL BLDG.

AKRON, OHIO

TELEPHONE: HE-8523

REG. NO.

R_x

FOR alcoholics

ADDRESS

DATE

Feb 1937

always remember it

1. Trust God
2. Clean house
3. Help others

NR	1	2	3	INF.
----	---	---	---	------



M. D.

2021

“A.A. in a Time of Change”

The 71st Annual Meeting of the General Service Conference of
ALCOHOLICS ANONYMOUS

FINAL REPORT
ANONYMITY-PROTECTED
DIGITAL EDITION

We like to stay informed. Here is the link for your viewing pleasure:
<https://www.heartlandintergroup.org/wp-content/uploads/71st-GSC-Final-Report-AP-English-2.pdf>

Twelfth Step Prayer

Dear God, my spiritual awakening continues to unfold.
The help I have received I shall pass on & give to others,
both in & out of The Fellowship.



For this opportunity I am grateful.

I pray most humbly to continue walking day by day on
the road of spiritual progress.

I pray for the inner strength & wisdom to practice the
principles of this way of life in all I do and say. I need
You, my friends, & the program every hour of every day.
This is a better way to live.

We want to know your Sobriety Birthdays AND Group Anniversaries!

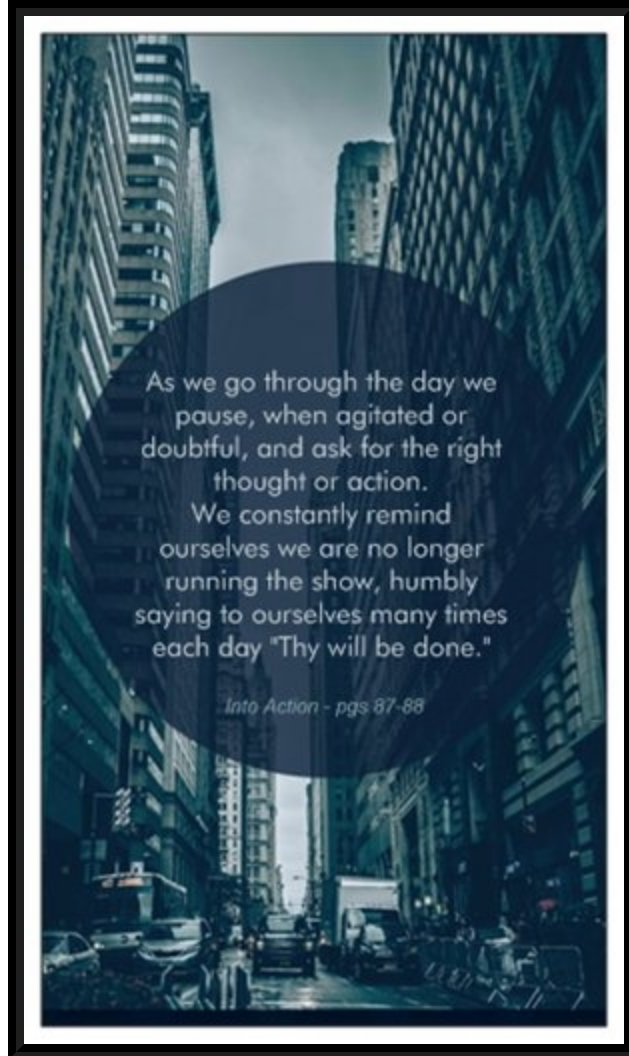
Heartland Intergroup wants to recognize greatness and remind the newcomers that IT WORKS!!!! Please send in your sobriety birthday and/or group anniversary so we can share it for that month in our newsletter!!

You can send them in via email at
officemanager@heartlandintergroup.org.

THANK YOU EVERYONE FOR YOUR CONTINUED SUPPORT!

DECEMBER A.A. ANNIVERSARIES!!!

Shut Up And Get In The Car- 12/4/2018, 3 years



As we go through the day we
pause, when agitated or
doubtful, and ask for the right
thought or action.

We constantly remind
ourselves we are no longer
running the show, humbly
saying to ourselves many times
each day "Thy will be done."

Into Action - pgs 87-88

THEY ARE HERE!!!!!! DECEMBER A.A., GRAPEVINE, AND PAMPHLET OF THE MONTH!!!!

For the month of *DECEMBER* the below books and pamphlet will be **10% off!!!!!!** If for any reason we run out of the book in the month of December we will give you a rain check and give you the sale price when it comes in! Take advantage of the books of the month for December!!

The book cover has a blue background with a halftone dot pattern. At the top, the word 'Daily' is in green and 'reflections' is in brown. Below the title, there is a quote: 'This is a book of reflections by A.A. members for A.A. members'. The lower half of the cover features a photograph of a rock in water with ripples, and a dark, curved shape at the bottom.

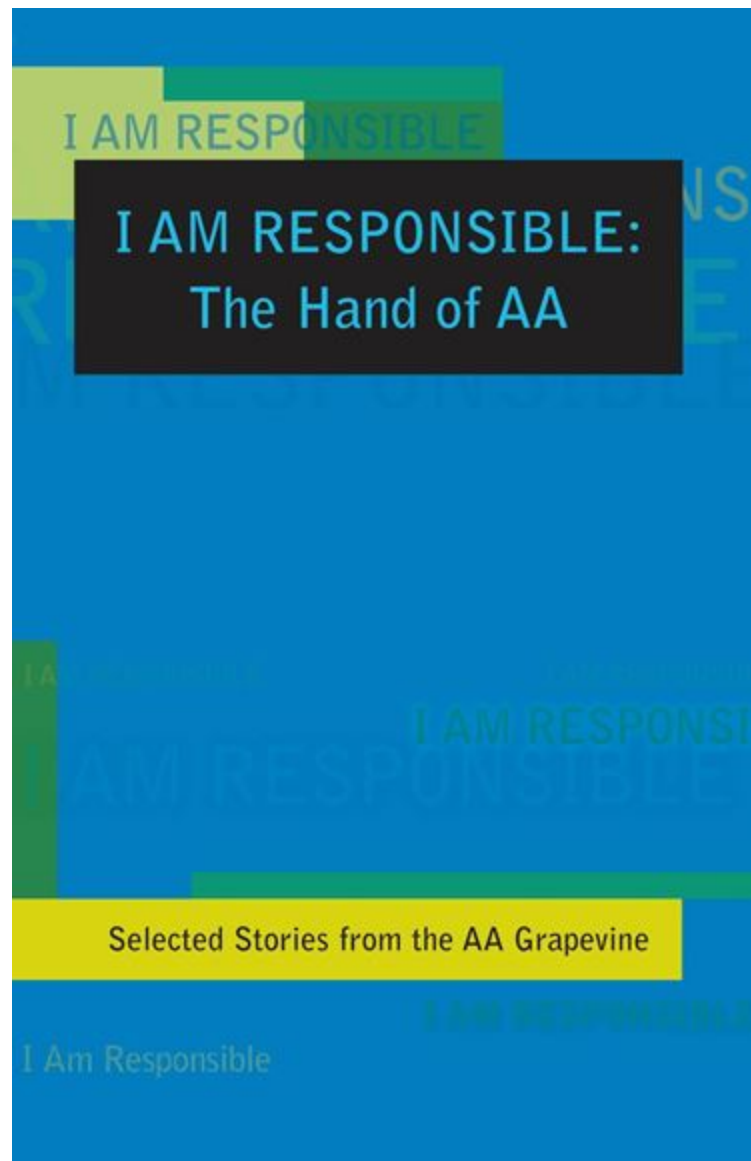
Daily reflections

This is a book of reflections
by A.A. members for
A.A. members

December A.A. Book of the Month: *Daily Reflections* (LARGE PRINT)

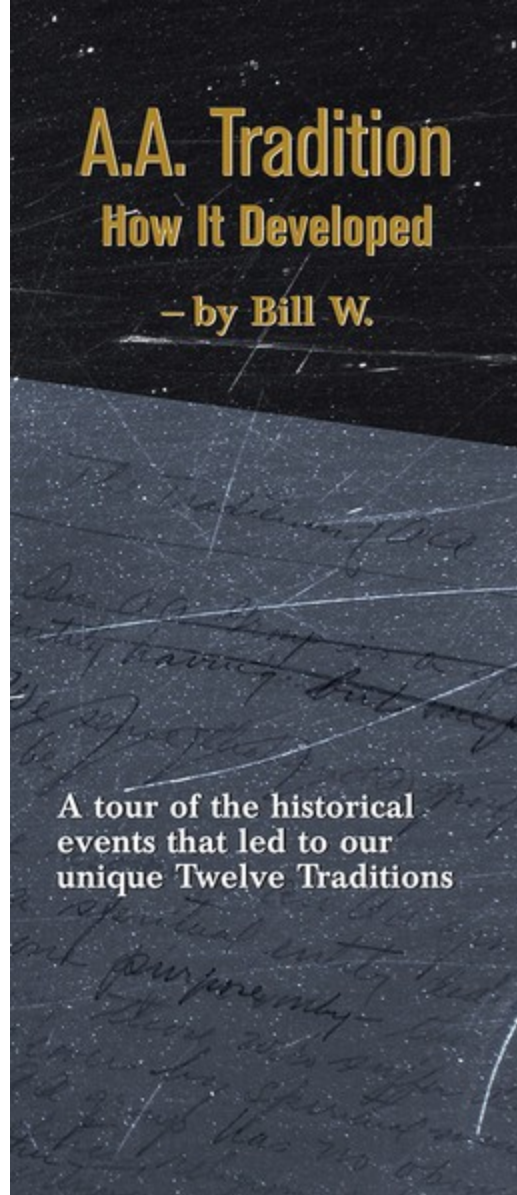
A collection of readings that moves through the calendar year one day at a time: A.A. members reflect on favorite quotations from the literature of Alcoholics Anonymous. The volume focuses on all Three Legacies

of Recovery, Unity and Service. General Service
Conference-approved.



December Grapevine Book of the Month: *I Am Responsible: The Hand of A.A.*

A special collection of stories on the theme of the 2005 International Convention celebrating the 70th anniversary of AA. Written by AA members and eminent nonalcoholic friends of the Fellowship, the thirty-eight stories look at the impact of AA's Responsibility Declaration and what it means to individuals and to the Fellowship as a whole.



**December Pamphlet of the Month: A.A. Tradition How It
Developed- by Bill W.**

Bill W.'s 1946-1947 Grapevine articles on the Traditions trace the evolution of principles for A.A. unity and growth.

THE
GREATEST
SUCCESS
we'll know
IS HELPING
OTHERS
SUCCEED
& GROW.

MARY LYONS DETOX

**2725 FL-60
BARTOW, FL 33830**

Newly detoxing individuals need your support. The Mary Lyons detox center in Bartow is allowing A.A. to bring meetings in 4 times a week! Intergroup is reaching out to individuals to help fill this important service work.

Mondays 7:00 pm

Wednesdays 7:00 pm

Fridays 7:00pm

Sundays 2:00 pm

- ✓ Up to 2 members of Alcoholics Anonymous can come to share their experience, strength and hope each meeting.
- ✓ You decide the format...such as Speaker, Big Book, or Open Discussion.
- ✓ and there are a lot of spots to be filled.
- ✓ Email Officemanager@HeartlandIntergroup.org to sign up



Imagine being in a pit of despair and self-loathing without the living examples of hope that our meetings afford us...

Talbot House Meeting

814 N Kentucky Ave.
Lakeland, FL 33801

Every Tuesday at 7:00 PM

Looking to share your experience, strength, and hope? Maybe just be apart of service? The Talbot House Meeting could use your support! Every Tuesday at 7PM we meet with the residents of Talbot House and share where we are at and what A.A. has done for us. If you are interested you can just show up, or call 863-738-3609.

DISTRICT 3 BUSINESS MEETING- Meets the 3rd Sunday of every month at Holy Trinity Episcopal Church, 500 West Stuart St. Bartow, FL 33830. 1:00PM Service Workshop and 2:00PM Business Meeting. Unless otherwise announced.

The Just Show Up Group that meets Friday nights at 8:00PM is reaching out for support! They would like you to come and be apart of their recovery! Just Show Up meets in the Heartland Intergroup meeting room, address is 4204 S. Florida Ave. Suite H Lakeland, FL 33813. This is an open discussion meeting. Come show your support!



A Spiritual Retreat given by & for A.A.s and Al-Anons

October 15, 16, & 17, 2021

March 18, 19, & 20, 2022

October 14, 15, & 16, 2022

Meals and accommodations provided by:

The Benedictine Monks

St. Leo Abbey Retreat Center

88701 State Road 52

St. Leo, FL 33574

\$186/person * (double occupancy) \$226/person * (private room)

*The cost of the retreat includes a semi-private room with bed linens and towels, 5 meals, snacks, beverages, and retreat activities.

The retreat includes meditation instruction and three meditations.

Payment is required with your registration. Registration confirmations are sent to the email address provided. Fees are not refundable but, are transferable to a substitute attendee for the same retreat. No monies are handled at the retreat center.

Please make checks payable to "QUEST" and mail with registration form to:

Quest Retreat

PO Box 665

Largo, FL 33770

For more information, visit www.questretreat.com, call Rick @ 727-639-8035, or email us at kathiequestretreat@gmail.com

Register early. There are only 50 spaces available.

Name: _____ ☐ Male ☐ Female ☐ Smoker

Address _____ ☐ AA ☐ Al-Anon

City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Retreat Date: _____ Donation \$ _____ Amount Enclosed \$ _____

☐ Private Room ☐ Double Occupancy - Preferred Roommate: _____

Only One Person Per Form. Please Print Clearly.

The Abbey Retreat Center is located at 33601 Florida 52, St. Leo, FL 33574

- Enter the main campus entrance.
- Follow the roundabout.
- Exit the roundabout on Edward Court.
- Proceed to Bowman Drive.
- Turn right on Grove Street.
- Park along Grove Street.
- Follow the posted signs to the entrance.





65th Florida State Convention 2022

Wednesday, August 3rd — Sunday, August 7th
www.FloridaStateConvention.com

Fort Lauderdale Harbor Beach Marriott Resort and Spa
 Fort Lauderdale, Florida
www.MarriottHarborBeach.com

PROGRAM & ACTIVITIES



AA, Al-Anon, and Alateen Meetings and Workshops; LGBT, Spanish Speaking, and Young People's Meetings and Workshops; Friday and Saturday Banquets and Ice Cream Socials; Exclusive Convention Merchandise; Sports Activities including Golf, 2 Mile Beach Walk/Run, Beach Cornhole, and Beach Volleyball; Dances and Entertainment; Marathon Meetings and Old-timers' Meeting; Grapevine, Archives and Out-of-State Archives Displays; Meditation on the Beach and Yoga.

Open Captions and ASL Interpretation at all Speaker Meetings.

GUEST SPEAKERS

Paulette R. Miramar, FL	Carol "Dr. Fingers" G. ASL Interpreter
Jimmy A. Spring Lake Heights, NJ	Gail L. Akron, OH/Oxford, FL Workshops
Sandy H. Port Charlotte, FL	Cheré F. AlAnon Speaker Puyallup, WA
Rich S. St. Louis, MO	
El N. Greenville, SC	Paul McQ. Belle Harbor, NY
Jerome S. Corona, CA	Victor V. Springdale, AR
Charlene C. Mt. Pleasant, SC	Ryan K. Bowling Green, KY



HOST HOTEL INFORMATION

FORT LAUDERDALE HARBOR BEACH MARRIOTT RESORT & SPA

AAA Rated 4 Diamond Resort
 3030 Holiday Drive, Fort Lauderdale, FL 33316

www.MarriottHarborBeach.com
 800-222-6543 * 954-525-4000

Convention Code: 65th Florida State Convention
 HOTEL RESERVATIONS START ON AUGUST 5, 2021

Hotel Reservation Link:
<https://book.passkey.com/go/65florida>

RATES:

Standard King/Double
 \$159.00
 Oceanview
 \$184.00
 Sunrise/Florida Suite
 \$335.00

Rates will be honored 3 days
 before and 3 days after the
 convention dates, based on
 availability.

All rooms are subject to state and local taxes.

THIS HOTEL IS NON-SMOKING.

Check-in 4 P.M. – Check-out 11 A.M.

Onsite Parking Rates: \$9/day Self Parking \$19/day Valet Parking



RESERVATIONS MUST
 BE RECEIVED BY THE
 HOTEL BEFORE JULY 8, 2022



65th Florida State Convention 2022

Wednesday, August 3rd — Sunday, August 7th

www.FloridaStateConvention.com

Fort Lauderdale Harbor Beach Marriott Resort and Spa

Fort Lauderdale, Florida

www.MarriottHarborBeach.com

Name _____ Name to be printed on nametag _____

Home Group _____

Address _____

City _____ State _____ Zip _____ ☐ I would like to Volunteer

Phone _____ The committee I'd like to serve on is _____

Someone from the Volunteer Committee will contact you!

Email Address _____

Sobriety Date _____

Special Needs: ☐Hearing ☐Vision ☐Wheelchair
Other _____

I am a(n): ☐AA ☐AlAnon ☐Alateen ☐Visitor

☐Delegate ☐Past Delegate ☐Trustee ☐Past Trustee

(Check all that apply)

REGISTRATION AND SPORTS			
Item	Price	Qty	Sub Total
Registration	\$40.00		
All-Inclusive Package	\$159.00		
Scholarship Contribution	\$5.00		
Alateen Only Registration	\$15.00		
Friday Ice Cream Social	\$15.00		
Saturday Ice Cream Social	\$15.00		
Friday Pasta Banquet Vegan <input type="checkbox"/> Gluten-free <input type="checkbox"/>	\$45.00		
Saturday Chicken Banquet Vegan <input type="checkbox"/> Gluten-free <input type="checkbox"/>	\$49.00		
Golf Tournament	\$85.00		
2 Mile Walk/Run	\$15.00		
Beach Cornhole	\$20.00		
Beach Volleyball	\$20.00		
Select shirt size for your sport S M L XL 2XL 3XL			
SUBTOTAL \$			

MAKE CHECKS PAYABLE TO:
65th Florida State Convention
5201 SW 9th Street
Fort Lauderdale, FL 33317

MERCHANDISE			
Item	Price	Qty	Sub Total
Tee: S M L XL XXL XXXL			
Tee Color (circle one):   	\$11.00		
Women's Tank: S M L XL XXL			
Tank Color (circle one):  	\$18.00		
Unisex Tank: S M L XL XXL XXXL			
Tank Color (circle one):  	\$11.00		
Zippered Hoodie: S M L XL			
Zippered Hoodie: XXL XXXL	\$28.00		
Baseball Cap (circle one): 	\$10.00		
Flat Bill Cap	\$10.00		
Unisex Sun Hat	\$21.00		
Canvas Drawstring Backpack	\$15.00		
Ceramic Mug (circle one):  	\$7.00		
20oz Water Tumbler (circle one):  	\$18.00		
Convention Lapel Pin	\$5.00		
Beach Towel (presale only)	\$25.00		
SUBTOTAL \$			

METHOD OF PAYMENT	
Check/Money Order _____ AMEX _____ Visa _____ MasterCard _____	
Credit card payments taken in person or online only. Please do not send your credit card number through the mail.	
GRAND TOTAL \$	

Addresses for Contributions:

General Service Office

Box 459 Grand Central Station

New York, NY 10163

Payable to: AA General Service Office

Area 15 Treasurer

Area 15

P.O. Box 311

Safety Harbor, FL 34695

Payable to: Area 15 Treasurer

District III Treasurer

Beverly Ennis
District III
200 El Camino Dr #305
Winter Haven, FL 33884

Heartland Intergroup

4204 S. Florida Ave, Suite H
Lakeland, FL 33803
Payable to: Heartland Intergroup



*Copyright © *|2019|* *|Heartland Intergroup|*, All rights reserved.*

Any questions can be emailed to the office manager at:

***officemanager@heartlandintergroup.org**

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Heartland Intergroup of AA · 4204 S. Florida Avenue #H · Lakeland, FL 33813 · USA

