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HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H.
Lakeland, FL 33813
863-688-0211 or 863-687-9275
www.heartlandintergroup.org



Representative Meeting

February 8, 2021 at 6PM

This will be a Zoom meeting everyone is invited to attend.

If anyone would like to attend that is not a Representative, please contact
officemanager@heartlandintergroup.org.

**ANY MEETING CHANGES PLEASE CONTACT THE
OFFICE MANAGER AT officemanager@heartlandintergroup.org**

or
update on the website

[Submit Meeting Changes](#) | [Heartland AA \(heartlandintergroup.org\)](#)

GSR BOOT CAMP

WHEN

Saturday, February 6
9:30 am EST

WHERE

**Outreach Virtual
Workshop**

Zoom ID – 984 5601 2712 – Password: gsr

**Who should attend? GSRs, Alternate GSRs, DCMs,
Alternate DCMs, anyone interested in General Service**

**PRESENTED BY SOUTH FLORIDA AREA
15 OUTREACH COMMITTEE**

**EVERYTHING
YOU ALWAYS
WANTED TO
KNOW
ABOUT
BEING A GSR!**

PRESENTERS

**Donna W. Area 15
Registrar
Alan T. District 4
Chairperson
Suzanne B. Area 15
PI/CPC Chairperson
Jorge L. District 10
DCM
Tom W. Area 15
Delegate**

SCHEDULE

**9:30 – Welcome
9:40 – What is a GSR?
10:00 – What do you do
at your Group?
10:20 – What do you do
for your District?
10:40 – What happens
at Area Assemblies?
11:00 – General Service
Conference- Structure
of AA
11:20 – Q & A**

Step

1 2 3

4 5 6

7 8 9

10 11 12

“

Came to believe that a Power greater than ourselves
could restore us to sanity

”

Alcoholics Anonymous AA.Org

Second Step Prayer

Heavenly Father,
I know in my heart that only you can restore me to sanity.
I humbly ask that you remove all twisted thought &
Addictive behavior from me this day.
Heal my spirit & restore in me a clear mind.

- ❖ Did you make insane decisions as a result of your alcoholism?
- ❖ Do you have any fears about coming to believe in something greater than yourself?
- ❖ What does "we came to believe" mean to you?
- ❖ What experiences have you heard other alcoholics share about their process of coming to believe and have you tried any of them in your recovery/life?
- ❖ Do you have a problem accepting that there is a power/powers greater than yourself?
- ❖ What evidence do you have a "higher power" is working in your life?
- ❖ What are some of the things you consider good examples of sanity?
- ❖ What changes in your thinking and behavior are necessary for your restoration to sanity?
- ❖ Why is having a closed mind harmful to your personal recovery?
- ❖ Are you seeking help from your sponsor, going to meetings and reaching out to other recovering alcoholics? If so, what are the results?



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Any questions can be emailed to the office manager at:

**officemanager@heartlandintergroup.org*

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