



Events, Announcements and News April 14, 2020

**EFFECTIVE IMMEDIATELY
INTERGROUP OFFICE IS TEMPORARILY
CLOSED PLEASE CONTACT US AT 863-687-9275
ALL MEETINGS AT INTERGROUP OFFICE HAVE
BEEN SUSPENDED UNTIL FURTHER NOTICE.**

**These emails will only be sent out as a burst once a week.
Any additions or suspensions of meetings will be forwarded
to our Web Servants to update on the Intergrouter
Newsletter under tab Newsletters then tab Archive.**

***NEW INFORMATION BELOW MEETING INFORMATION IN
REFERENCE TO ZOOM MEETINGS FROM NY INTERGROUP.***

***DISTRICT 3 WILL NOT BE
MEETING ON APRIL 19, 2020 PER
JAMES C.***

HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H.

Lakeland, FL 33813

863-688-0211 or 863-687-9275

www.heartlandintergroup.org

-MEETINGS VIA ZOOM-CONTACTS LISTED FOR PASSWORDS

Phoenix Group Monday, Wednesday, Friday 7AM

<https://zoom.us/j/2323265689?pwd=bEtNam1HR0labW9Ydm15U0Q3aTFYdz09>

Meeting ID 2323265689

Password contact protected for everyone's privacy and anonymity. Please text

Alison T for password 863-660-4187

Rule 62 Meeting Monday-Friday 7PM

<http://us04web.zoom.us/j/7116418039>

Meeting ID 7116418039

Password: 1212

Password contact protected for everyone's privacy and anonymity.

Get in the Car Meeting Tuesday 7PM

<https://us04web.zoom.us/j/9137408287>

Meeting ID 9137408287

Password contact protected for everyone's privacy and anonymity. Please contact

Mary D. 863-660-3825 or Brennan 850-933-4030

Little Red Book Wednesday 5:30PM

<https://us04web.zoom.us/j/490237386>

Meeting ID 490237386

Password contact protected for everyone's privacy and anonymity. **Contact # pending.**

Anniversary Group/Banana Group Saturday 10AM

<http://us04web.zoom.us/j/3858002534>

Meeting ID 3858002534

Password: 10140627

The Way Out Group Sunday 12PM

<http://us04web.zoom.us/j/7116418039>

Meeting ID 7116418039

Password contact protected for everyone's privacy and anonymity. Please contact

Chris A 863-709-6300

OUTSIDE MEETINGS

Serene at 6 at 9AM, 401 N Lake Howard Dr Winter Haven Mon 9AM, OUTSIDE
BRING YOUR OWN CHAIR/DRINKS (ACROSS FROM FELLOWSHIP HALL)

Christ the King 6400 N Socrum Lp Rd, Lakeland Mon-Fri 12PM OUTSIDE
BRING YOUR OWN CHAIRS/DRINKS

Alcoholism is Treatable, 401 N. Lake Howard Dr, Winter Haven Mon-Fri 10:30AM Cement bleachers across from Fellowship Hall near the pier. OUTSIDE
BRING YOUR OWN CHAIR, CUSHION AND DRINK.

Rigorously Honest Group 1400 E. Canal St (FAM Church) Monday 7PM Meeting
will be in the Sanctuary

Lakeside Noon Meeting 401 N Lake Howard Dr, Winter Haven Mon-Fri 12PM
OUTSIDE BRING YOUR OWNS CHAIRS/DRINKS

Shepherd Rd Serenity Group, Shepherd Road Presbyterian Church 1217

Shepherd Rd, Lakeland Thursday 7PM OUTSIDE BRING YOUR OWN
CHAIRS/DRINK

Beacon Hill Fellowship meeting at Asher's House Thursday 6:30PM

LOCATION: 5410 OAKWAY DR, LAKELAND, FL 33805 OUTSIDE BRING YOUR
OWN CHAIRS/DRINKS

Mulberry Group, 306 N Church St, Mulberry, FL 33860 Friday 7:00PM

OUTSIDE BRING YOUR OWN CHAIRS/DRINKS.

<https://mailchi.mp/nyintergroup/march-at-new-york-inter-group-1323951?e=0af5e7577b>

From there you will be able to click on the links below:



NYIG Toolkit for Handling Unwanted Meeting Disruptions

Pro-Tip: All groups are encouraged to have both a Zoom “Host” and at least one “Co-Host” in every meeting as service positions. One host acts as the traditional chair while the other manages muting & hand raising, and can handle meeting intrusions. [Click here for details on assigning a Co-Host when your meeting has begun](#) (No special setup needed, NYIG accounts already allow for Co-Hosting!) [Additional Chairing tips here!](#)

What should you do if your meeting is disrupted?

- [Locking a Meeting](#)
- [Mute All Participants and Disable Self-Unmuting](#)
- [Turn off a Participant’s Video and Remove Participant](#)
- [Preventing “Zoom Group Chat” Abuse](#)
- [Preventing “Share Screen” Abuse](#)

1. Locking the Meeting ← *Do this first, you can always unlock later*

- a. To lock a meeting and prevent anyone from joining the meeting for that session, click “More” under the Participants list (Blue arrow below), which will bring up the option “Lock Meeting” (Red arrow)
- b. Please note after the meeting is locked, **no one will be able to join the meeting** until you unlock again
- c. Doing this quickly at the first sign of a disruption can stop your meeting from being flooded with bad actors

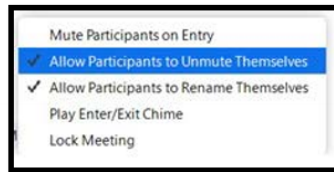


2. Mute All Participants, Disable Self-Unmuting & Ability to Rename

- Click the “Manage Participants” icon (Yellow arrow below)
- Click “Mute All” (Red arrow)



- Click “More” (Blue arrow)
- Uncheck** “Allow Participants to Unmute Themselves”
- Uncheck** “Allow Participants to Rename Themselves”



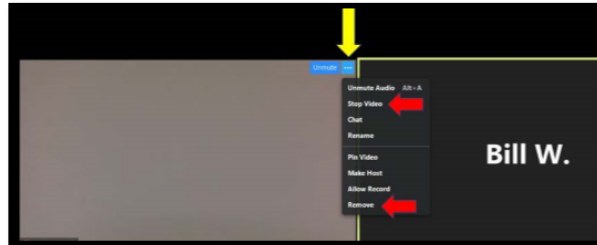
Note: Hosts will then have to unmute Participants anytime that they wish to speak when the meeting resumes. Preventing the “Rename” ability will stop disruptors from evading you by repeatedly altering their display name.

3. Turn Off a Participant’s Video and Remove Participant

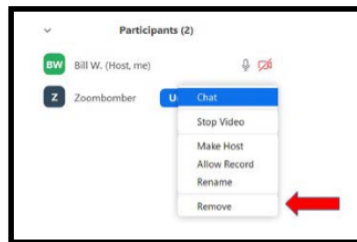
- Identify the disruptive participant(s) and hover your mouse over the right corner of that person’s video
- Click the blue square with three white dots (Yellow arrow below):



- c. A list of options appears (Yellow arrow below)
- d. You may stop the video of the participant and/or remove the person from the meeting (Red arrows)
- e. After removing, proceed to step 3 as disruptors may simply rejoin the meeting if you don't continue to secure the session in progress



- f. You will also find the "Stop Video" option and "Remove" option (Red arrow below) by hovering your mouse over the names in the Participants list on the right side of your screen and clicking "More"



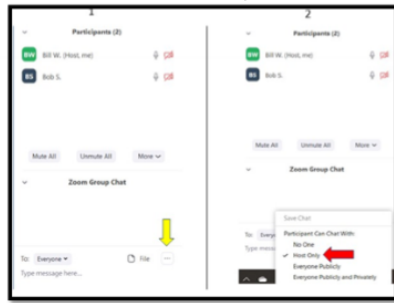
4. Preventing "Zoom Group Chat" Abuse

- a. Many groups have elected to change the settings on the chat box to enable Participants to send messages only to the Host



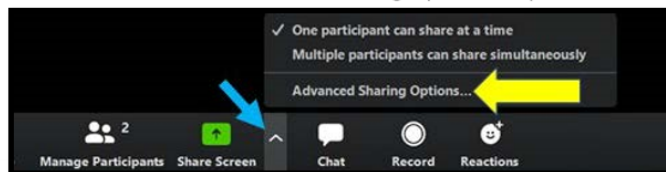
INTER-GROUP
ASSOCIATION OF A.A.
OF NEW YORK, INC.

- b. To restrict chat, click the three dots at the bottom of the chat box (Column 1 below, yellow arrow) and select "Host Only" (Column 2, Red arrow):

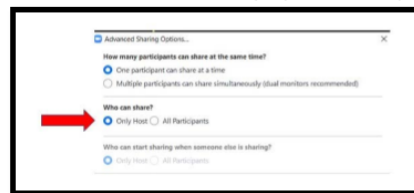


5. Preventing "Share Screen" Abuse

- a. To prevent "Share Screen" abuse, many groups allow only the hosts to share their screens. To limit the ability to share screen...
- b. Click the arrow next to "Share Screen" (Blue arrow below)
- c. Select "Advanced Sharing Options..." (Yellow arrow).

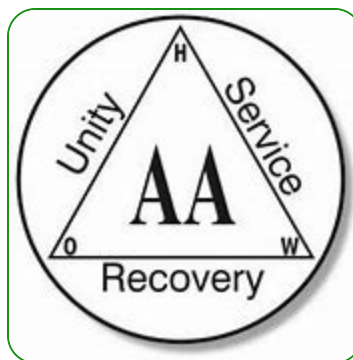


- d. Selecting "Advanced Sharing Options..." brings up the dialog box below. Select "Host Only" (Red arrow)



Remember: These tools are all designed to help your group protect yourselves from intrusions, but there is no one-size-fits-all solution. Please arm your Chairs and Hosts with this information, and discuss in your groups what will work best for your needs. We will continue to evolve guidance for the community as new information becomes available.

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.



ONLINE MEETINGS

www.aa-intergroup.org/

<http://www.tinyurl.com/FOBzoom>

<https://www.intherooms.com/home/>

If you cannot get to a meeting, please use the above links to attend an online meeting or call your friends, support group.

ONLINE MEETING SCHEDULE

<https://aachats.org/aa-meetings-online/>

Speaker Tape Websites

<https://www.aaspeaker.com/>

<https://hacoaa.org/archives/speakers/>

<https://www.recoveryaudio.org/>

Speaker Tape Apps

AA Audio Companion

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aacompanionfree>

App Store-

<https://itunes.apple.com/us/app/aa-audio-companion-for-alcoholics-anonymous/id1191023628?mt=8>

AA Big Book Ultimate Companion

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aabigbook>

App Store-

<https://apps.apple.com/us/app/aa-big-book-ultimate-companion/id998807519?ign-mpt=uo%3D4>

AA Speaker Tapes

App Store-

<https://apps.apple.com/us/app/aa-speaker-tapes/id1335643834>

AA Speaker Tapes & 12 Steps

App Store-

<https://apps.apple.com/us/app/aa-speaker-tapes-12-steps/id1018096090>

AA Speakers

Google Play (free)-

https://play.google.com/store/apps/details?id=com.marnistek.aaspeakersfree&hl=en_US

App Store (\$1.99)-

<https://apps.apple.com/us/app/aa-speakers-speaker-tapes/id898586463?ign-mpt=uo%3D4>

AA Speakers Best of 2007

Google Play-

[https://play.google.com/store/apps/details?
id=com.ibyteapps.aaspeakersbestof2007free&hl=en_US](https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbestof2007free&hl=en_US)

Alcoholics Anonymous- Bill W.

Google Play-

[https://play.google.com/store/apps/details?
id=com.ibyteapps.aaspeakersbillwfree&hl=en_US](https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbillwfree&hl=en_US)

Daily AA Speakers

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.dbaaspeakers>

App Store-

[https://itunes.apple.com/us/app/daily-aa-speakers-in-5-
minutes/id1000523472?mt=8](https://itunes.apple.com/us/app/daily-aa-speakers-in-5-minutes/id1000523472?mt=8)

Daily Bread AA

App Store-

[https://apps.apple.com/us/app/daily-bread-aa-speakers/id1000523472?ign-
mpt=uo%3D4](https://apps.apple.com/us/app/daily-bread-aa-speakers/id1000523472?ign-mpt=uo%3D4)

Joe and Charlie

Google Play-

[https://play.google.com/store/apps/details?
id=com.ibyteapps.joeandcharliefree&hl=en_US](https://play.google.com/store/apps/details?id=com.ibyteapps.joeandcharliefree&hl=en_US)

App Store-

[https://apps.apple.com/us/app/aa-joe-charlie-big-book-work/id1089811749?ign-
mpt=uo%3D4](https://apps.apple.com/us/app/aa-joe-charlie-big-book-work/id1089811749?ign-mpt=uo%3D4)

Speaker Tapes from Sandy B

App Store-

<https://apps.apple.com/us/app/aa-sandy-b/id1071631421?ign-mpt=uo%3D4>



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Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

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