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# **Events, Announcements and News March 27, 2020**

# INTERGROUP OFFICE HOURS ARE MONDAY THRU FRIDAY 10am to 2pm. ALL MEETINGS AT INTERGROUP OFFICE HAVE BEEN SUSPENDED UNTIL FURTHER NOTICE.

### HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H. Lakeland, FL 33813 863-688-0211 or 863-687-9275 www.heartlandintergroup.org

THERE IS A NEW BUTTON ON THE HOME PAGE OF THE WEBSITE TO PROVIDE INFORMATION IN REFERENCE TO REPORTING A REMOTE AA MEETING. (This information will be added to the daily Intergrouper)

This can include parking lot meetings, outside meetings etc.

Please update for your meeting so others can go to a meeting if needed.

# From CNN: For those struggling to stay sober, coronavirus shutdowns offer hope as well as temptation

https://www.cnn.com/2020/03/25/health/alcoholism-coronavirus-sober-wellness/index.html<a href="https://www.cnn.com/2020/03/25/health/alcoholism-coronavirus-sober-wellness/index.html">https://www.cnn.com/2020/03/25/health/alcoholism-coronavirus-sober-wellness/index.html</a>



In memory of Joe Birkner on his 27th Anniversary today and in honor of his love for and service to Heartland Intergroup, we received an anonymous donation of \$500.00. Thank you.



### **ONLINE MEETINGS**

www.aa-intergroup.org/ http://www.tinyurl.com/FOBzoom https://www.intherooms.com/home/

If you cannot get to a meeting, please use the above links to attend an online meeting or call your friends, support group.

### **ONLINE MEETING SCHEDULE**

https://aachats.org/aa-meetings-online/

**Speaker Tape Websites** 

https://www.aaspeaker.com/

https://hacoaa.org/archives/speakers/

https://www.recoveryaudio.org/

Speaker Tape Apps
AA Audio Companion
Google Play-

https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aacompanionfree

App Store-

https://itunes.apple.com/us/app/aa-audio-companion-for-alcoholicsanonymous/id1191023628?mt=8

### AA Big Book Ultimate Companion Google Play-

https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aabigbook

App Store-

https://apps.apple.com/us/app/aa-big-book-ultimate-companion/id998807519?ign-mpt=uo%3D4

### AA Speaker Tapes App Store-

https://apps.apple.com/us/app/aa-speaker-tapes/id1335643834

### AA Speaker Tapes & 12 Steps App Store-

https://apps.apple.com/us/app/aa-speaker-tapes-12-steps/id1018096090

### AA Speakers Google Play (free)-

https://play.google.com/store/apps/details? id=com.marnistek.aaspeakersfree&hl=en\_US

#### App Store (\$1.99)-

https://apps.apple.com/us/app/aa-speakers-speaker-tapes/id898586463?ign-mpt=uo%3D4

### AA Speakers Best of 2007 Google Play-

<u>https://play.google.com/store/apps/details?</u> <u>id=com.ibyteapps.aaspeakersbestof2007free&hl=en\_US</u>

### Alcoholics Anonymous- Bill W. Google Play-

https://play.google.com/store/apps/details? id=com.ibyteapps.aaspeakersbillwfree&hl=en\_US

### Daily AA Speakers Google Play-

https://play.google.com/store/apps/details?id=com.pitashi.dbaaspeakers
App Store-

https://itunes.apple.com/us/app/daily-aa-speakers-in-5minutes/id1000523472?mt=8

### **Daily Bread AA**

App Store-

https://apps.apple.com/us/app/daily-bread-aa-speakers/id1000523472?ign-mpt=uo%3D4

### Joe and Charlie Google Play-

https://play.google.com/store/apps/details? id=com.ibyteapps.joeandcharliefree&hl=en\_US

### **App Store-**

https://apps.apple.com/us/app/aa-joe-charlie-big-book-work/id1089811749?ign-mpt=uo%3D4

### Speaker Tapes from Sandy B App Store-

https://apps.apple.com/us/app/aa-sandy-b/id1071631421?ign-mpt=uo%3D4

# PLEASE SEND ANY UPDATES TO YOUR OPEN MEETINGS ONLY TO

officemanager@heartlandintergroup.org

### ONLINE ZOOM MEETINGS AND OUTDOOR MEETINGS BY CITY

#### **AUBURNDALE**

Thursday Night Men's Meeting suspended.

#### **AVON PARK:**

Back to basics suspended.

### **BOWLING GREEN:**

24 Hour Group, 5207 Doyle Parker Avenue

Bowling Green, Florida 33834, Saturday 7PM

Contacts - Sally M. (863) 634-5290 a/o Roger (863) 577-1034.

#### **DAVENPORT:**

All meetings pertaining to Out to Lunch Brunch are suspended

#### FORT MEADE,

New Life Group, 214 1st Street SW, Fort Meade, Tuesday/Thursday 630PM

#### **HAINES CITY**

### Heart of Florida meetings suspended

#### **LAKELAND**:

Christ the King, Monday-Friday 12 Noon, 6400 N. Socrum Loop Rd, Lakeland Outside meetings will continue.

<u>Shepherd Road Serenity Group Thursday O,D 8PM</u> 1217 Shepherd Rd, Lakeland, FL

Meetings will continue in parking lot through social distancing restrictions. Thursday nights 8 - 9 pm. Please bring your own chairs and coffee.

Anniversary Group/Banana Group, Saturday 10am

http://us04web.zoom.us/j/3858002534

Contact: Luis T 863-698-5190

#### **MULBERRY**:

<u>Rigorously Honest Group,</u> 1400 E Canal St, Mulberry FL **Monday 7pm** Meeting in the sanctuary.

<u>Mulberry Group</u>, 306 North Church St, Mulberry, FL Friday 8PM Meet in the parking lot.

#### LAKELAND:

Get in the car, 4204 S Florida Ave, Suite H, Lakeland Tuesday 7pm

http://us04web.zoom.us/j/9137408287

Contact: Mary D 863-660-3825 Brennan 850-933-4030

#### **SEBRING**

<u>Broken Glass, Woman's Meeting</u> Thursday 6PM is still meeting (3/19/2020)

### **WINTER HAVEN**

<u>Serene at 6 at 9AM, Monday 9AM, 401 North Lake Howard Dr, Winter Haven, FL 24 hours book</u>

The meeting is M-F bring your own folding chair, hand sanitizer and coffee. All are welcome.

**The Nooner, Monday thru Friday 12PM,** 401 North Lake Howard Dr, Winter Haven FL

I will be at the dock by Winter Haven fellowship every day of the week at noon. I am hoping to find some like minded individuals who would like to open their lives to a new chapter in meditation.

### **AA Grapevine Free Access**

Grapevine and La Viña are here to help

Due to the current changing health situation, many AA meetings across the U.S. and Canada are finding it safer to close. To help members during this time, we are giving everyone <u>free access</u> to all of our 2020 Grapevine and La Viña issues. (The audio to Grapevine's stories will be available as well, so people can listen to the stories if they like.) Please share with your fellows. We have also included a link to our Youtube channel with some original audio stories as well as other important information.

To enter, visit:

www.aagrapevine.org/we-are-here-to-help

This is to let everyone know that has involvement with the Area Meeting coming up in Boca Raton April 3-5, 2020, the meeting has been CANCELLED.

Do not forget to cancel your hotel reservations.

(3/17/2020)

IN THE COURSE OF THE RECENT CV OUTBREAK AND INFORMATION PROVIDED FROM THE CDC, THERE MAY BE TIMES THAT THE HEARTLAND INTERGROUP OFFICE MAY BE CLOSED. PLEASE CALL(863-688-0211) AHEAD OF TIME BEFORE COMING DOWN.

#### PLEASE CHECK THE WEBSITE

(www.heartlandintergroup.org) FOR THE UP TO DATE SUSPENDED MEETINGS AND ACTIVITIES, UNDER NEWSLETTER. CLICK THE LATEST INTERGROUPER (USUALLY THE TOP ONE). ANY CHANGES IN YOUR MEETINGS, PLEASE CONTACT US VIA EMAIL OR PHONE CALL (863)688-0211.

### THIS MEETING LIST WILL BE UPDATED DAILY AND SENT OUT DAILY.

### IT IS UP TO THE INDIVIDUAL GROUPS TO DECIDE IF THEY WILL BE OPEN OR NOT.

Per Beverly E., the Going to Any Length 3rd Anniversary for March 29th. 2020, has been postponed till further notice. (3-16-2020)







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Any questions can be emailed to the office manager at:

\*officemanager@heartlandintergroup.org

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