



## **Events, Announcements and News March 24, 2020**

**EFFECTIVE IMMEDIATELY  
INTERGROUP OFFICE HOURS ARE MONDAY  
THRU FRIDAY 10am to 2pm.  
ALL MEETINGS AT INTERGROUP HAVE BEEN  
SUSPENDED UNTIL FURTHER NOTICE.**

### **HEARTLAND INTERGROUPE**

4204 S. Florida Ave, Suite H.

Lakeland, FL 33813

863-688-0211 or 863-687-9275

[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

**THERE IS A NEW BUTTON ON THE HOME PAGE OF THE WEBSITE TO  
PROVIDE INFORMATION IN REFERENCE TO REPORTING A REMOTE AA  
MEETING. (This information will be added to the daily Intergrouper)**

**This can include parking lot meetings, outside meetings etc.  
Please update for your meeting so others can go to a meeting if  
needed.**

**From CNN: For those struggling to stay sober, coronavirus  
shutdowns offer hope as well as temptation**

<https://www.cnn.com/2020/03/25/health/alcoholism-coronavirus-sober-wellness/index.html>  
<https://www.cnn.com/2020/03/25/health/alcoholism-coronavirus-sober-wellness/index.html>

**AS OF THIS DATE OTHER MEETINGS ARE SUSPENDED  
UNTIL FURTHER NOTICE EXCEPT:**

**ONLINE ZOOM MEETINGS AND OUTDOOR MEETINGS:**

**Rigorously Honest Group, Monday 7pm**

Meeting is in the Sanctuary as of 3/23/2020

<http://us04web.zoom.us/j/3858002534>

**Get in the car, Lakeland Tuesday 7pm**

<http://us04web.zoom.us/j/9137408287>

Contact: Mary D 863-660-3825 Brennan 850-933-4030

**12 Good Reason Study Group**

220 W. Beacon, Lakeland, Thursday 6:30PM in Sanctuary  
(tonight is reading a story out of the Big Book)

**Anniversary Group/Banana Group, Saturday 10am**

<http://us04web.zoom.us/j/3858002534>

Contact: Luis T 863-698-5190

## **OUTDOOR MEETINGS**

### **Lakeland:**

**Christ the King, Monday-Friday 12 Noon**, 6400 N. Socrum Loop Rd, Lakeland  
Outside meetings will continue.

**12 Good Reasons Study Group, Thursday 6:30PM**, 220 W Beacon Rd, Lakeland  
This meeting will be reading stories from the back of the Big Book.

**Shepherd Road Serenity Group Thursday O,D 8PM** 1217 Shepherd Rd, Lakeland,  
FL Meetings will continue in parking lot through social distancing restrictions.  
Thursday nights 8 - 9 pm. Please bring your own chairs and coffee.

### **Sebring:**

**Broken Glass, Woman's Meeting** Thursday 6PM is still meeting (3/19/2020)

### **Winter Haven:**

**Fellowship Hall- Positive Attitude**: Monday thru Friday 9AM 401 North Lake  
Howard Dr. Picnic table meeting



## ONLINE MEETINGS

[www.aa-intergroup.org/](http://www.aa-intergroup.org/)

<http://www.tinyurl.com/FOBzoom>

<https://www.intherooms.com/home/>

If you cannot get to a meeting, please use the above links to attend an online meeting or call your friends, support group.

## ONLINE MEETING SCHEDULE

<https://aachats.org/aa-meetings-online/>

### Speaker Tape Websites

<https://www.aaspeaker.com/>

<https://hacoaa.org/archives/speakers/>

<https://www.recoveryaudio.org/>

### Speaker Tape Apps

AA Audio Companion

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aacompanionfree>

App Store-

<https://itunes.apple.com/us/app/aa-audio-companion-for-alcoholics-anonymous/id1191023628?mt=8>

AA Big Book Ultimate Companion

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aabigbook>

App Store-

<https://apps.apple.com/us/app/aa-big-book-ultimate-companion/id998807519?ign-mpt=uo%3D4>

**AA Speaker Tapes**

**App Store-**

<https://apps.apple.com/us/app/aa-speaker-tapes/id1335643834>

**AA Speaker Tapes & 12 Steps**

**App Store-**

<https://apps.apple.com/us/app/aa-speaker-tapes-12-steps/id1018096090>

**AA Speakers**

**Google Play (free)-**

[https://play.google.com/store/apps/details?id=com.marnistek.aaspeakersfree&hl=en\\_US](https://play.google.com/store/apps/details?id=com.marnistek.aaspeakersfree&hl=en_US)

**App Store (\$1.99)-**

<https://apps.apple.com/us/app/aa-speakers-speaker-tapes/id898586463?ign-mpt=uo%3D4>

**AA Speakers Best of 2007**

**Google Play-**

[https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbestof2007free&hl=en\\_US](https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbestof2007free&hl=en_US)

**Alcoholics Anonymous- Bill W.**

**Google Play-**

[https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbillwfree&hl=en\\_US](https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbillwfree&hl=en_US)

**Daily AA Speakers**

**Google Play-**

<https://play.google.com/store/apps/details?id=com.pitashi.dbaaspeakers>

**App Store-**

<https://itunes.apple.com/us/app/daily-aa-speakers-in-5-minutes/id1000523472?mt=8>

**Daily Bread AA**

**App Store-**

<https://apps.apple.com/us/app/daily-bread-aa-speakers/id1000523472?ign-mpt=uo%3D4>

**Joe and Charlie**

**Google Play-**

[https://play.google.com/store/apps/details?id=com.ibyteapps.joeandcharliefree&hl=en\\_US](https://play.google.com/store/apps/details?id=com.ibyteapps.joeandcharliefree&hl=en_US)

**App Store-**

<https://apps.apple.com/us/app/aa-joe-charlie-big-book-work/id1089811749?ign-mpt=uo%3D4>

**Speaker Tapes from Sandy B**

**App Store-**

<https://apps.apple.com/us/app/aa-sandy-b/id1071631421?ign-mpt=uo%3D4>

## **AA Grapevine Free Access**

**Grapevine and La Viña are here to help**

Due to the current changing health situation, many AA meetings across the U.S. and Canada are finding it safer to close. To help members during this time, we are giving everyone [free access](#) to all of our 2020 Grapevine and La Viña issues. (The audio to Grapevine's stories will be available as well, so people can listen to the stories if they like.) Please share with your fellows. We have also included a link to our Youtube channel with some original audio stories as well as other important information.

To enter, visit:

[www.aagrapevine.org/we-are-here-to-help](http://www.aagrapevine.org/we-are-here-to-help)

This is to let everyone know that has involvement  
with the Area Meeting coming up in Boca Raton  
April 3-5, 2020, the meeting has been

**CANCELLED.**

Do not forget to cancel your hotel reservations.

*(3/17/2020)*

**IN THE COURSE OF THE RECENT CV OUTBREAK AND  
INFORMATION PROVIDED FROM THE CDC, THERE  
MAY BE TIMES THAT THE HEARTLAND INTERGROUP  
OFFICE MAY BE CLOSED. PLEASE CALL(863-688-0211)  
AHEAD OF TIME BEFORE COMING DOWN.**

**PLEASE CHECK THE WEBSITE  
([www.heartlandintergroup.org](http://www.heartlandintergroup.org)) FOR THE UP TO DATE  
SUSPENDED MEETINGS AND ACTIVITIES, UNDER**

**NEWSLETTER. CLICK THE LATEST INTERGROUPER  
(USUALLY THE TOP ONE). ANY CHANGES IN YOUR  
MEETINGS, PLEASE CONTACT US VIA EMAIL OR PHONE  
CALL (863)688-0211.**

**THIS MEETING LIST WILL BE UPDATED DAILY AND SENT  
OUT DAILY.**

**IT IS UP TO THE INDIVIDUAL GROUPS TO DECIDE IF THEY  
WILL BE OPEN OR NOT.**

***Per Beverly E., the Going to Any Length 3rd Anniversary for  
March 29th. 2020, has been postponed till further notice.  
(3-16-2020)***



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**Any questions can be emailed to the office manager at:**

\*officemanager@heartlandintergroup.org

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