



Events, Announcements and News March 24, 2020

**EFFECTIVE IMMEDIATELY
INTERGROUP OFFICE HOURS ARE MONDAY
THRU FRIDAY 10am to 2pm.
ALL MEETINGS AT INTERGROUP HAVE BEEN
SUSPENDED UNTIL FURTHER NOTICE.**

HEARTLAND INTERGROUPE

4204 S. Florida Ave, Suite H.

Lakeland, FL 33813

863-688-0211 or 863-687-9275

www.heartlandintergroup.org

**THERE IS A NEW BUTTON ON THE HOME PAGE OF THE WEBSITE TO
PROVIDE INFORMATION IN REFERENCE TO REPORTING A REMOTE AA
MEETING. (This information will be added to the daily Intergrouper)**

**This can include parking lot meetings, outside meetings etc.
Please update for your meeting so others can go to a meeting if
needed.**

**From CNN: For those struggling to stay sober, coronavirus
shutdowns offer hope as well as temptation**

<https://www.cnn.com/2020/03/25/health/alcoholism-coronavirus-sober-wellness/index.html>
<https://www.cnn.com/2020/03/25/health/alcoholism-coronavirus-sober-wellness/index.html>



ONLINE MEETINGS

www.aa-intergroup.org/

<http://www.tinyurl.com/FOBzoom>

<https://www.intherooms.com/home/>

If you cannot get to a meeting, please use the above links to attend an online meeting or call your friends, support group.

ONLINE MEETING SCHEDULE

<https://aachats.org/aa-meetings-online/>

Speaker Tape Websites

<https://www.aaspeaker.com/>

<https://hacoaa.org/archives/speakers/>

<https://www.recoveryaudio.org/>

Speaker Tape Apps

AA Audio Companion

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aacompanionfree>

App Store-

<https://itunes.apple.com/us/app/aa-audio-companion-for-alcoholics-anonymous/id1191023628?mt=8>

AA Big Book Ultimate Companion

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.audiojoy.aabigbook>

App Store-

<https://apps.apple.com/us/app/aa-big-book-ultimate-companion/id998807519?ign-mpt=uo%3D4>

AA Speaker Tapes

App Store-

<https://apps.apple.com/us/app/aa-speaker-tapes/id1335643834>

AA Speaker Tapes & 12 Steps

App Store-

<https://apps.apple.com/us/app/aa-speaker-tapes-12-steps/id1018096090>

AA Speakers

Google Play (free)-

https://play.google.com/store/apps/details?id=com.marnistek.aaspeakersfree&hl=en_US

App Store (\$1.99)-

<https://apps.apple.com/us/app/aa-speakers-speaker-tapes/id898586463?ign-mpt=uo%3D4>

AA Speakers Best of 2007

Google Play-

https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbestof2007free&hl=en_US

Alcoholics Anonymous- Bill W.

Google Play-

https://play.google.com/store/apps/details?id=com.ibyteapps.aaspeakersbillwfree&hl=en_US

Daily AA Speakers

Google Play-

<https://play.google.com/store/apps/details?id=com.pitashi.dbaaspeakers>

App Store-

<https://itunes.apple.com/us/app/daily-aa-speakers-in-5-minutes/id1000523472?mt=8>

Daily Bread AA

App Store-

<https://apps.apple.com/us/app/daily-bread-aa-speakers/id1000523472?ign-mpt=uo%3D4>

Joe and Charlie

Google Play-

https://play.google.com/store/apps/details?id=com.ibyteapps.joeandcharliefree&hl=en_US

App Store-

<https://apps.apple.com/us/app/aa-joe-charlie-big-book-work/id1089811749?ign-mpt=uo%3D4>

Speaker Tapes from Sandy B

App Store-

<https://apps.apple.com/us/app/aa-sandy-b/id1071631421?ign-mpt=uo%3D4>

**AS OF THIS DATE OTHER MEETINGS ARE SUSPENDED
UNTIL FURTHER NOTICE EXCEPT:**

ONLINE ZOOM MEETINGS AND OUTDOOR MEETINGS:

Rigorously Honest Group, Monday 7pm

Meeting is in the Sanctuary as of 3/23/2020

<http://us04web.zoom.us/j/3858002534>

Get in the car, Lakeland Tuesday 7pm

<http://us04web.zoom.us/j/9137408287>

Contact: Mary D 863-660-3825 Brennan 850-933-4030

Anniversary Group/Banana Group, Saturday 10am

<http://us04web.zoom.us/j/3858002534>

Contact: Luis T 863-698-5190

OUTDOOR MEETINGS

Lakeland:

Christ the King, Monday-Friday 12 Noon, 6400 N. Socrum Loop Rd, Lakeland
Outside meetings will continue.

Shepherd Road Serenity Group Thursday O,D 8PM 1217 Shepherd Rd, Lakeland,
FL Meetings will continue in parking lot through social distancing restrictions.
Thursday nights 8 - 9 pm. Please bring your own chairs and coffee.

Sebring:

Broken Glass, Woman's Meeting Thursday 6PM is still meeting (3/19/2020)

AA Grapevine Free Access

Grapevine and La Viña are here to help

Due to the current changing health situation, many AA meetings across the U.S. and Canada are finding it safer to close. To help members during this time, we are giving everyone [free access](http://www.aagrapevine.org/we-are-here-to-help) to all of our 2020 Grapevine and La Viña issues. (The audio to Grapevine's stories will be available as well, so people can listen to the stories if they like.) Please share with your fellows. We have also included a link to our Youtube channel with some original audio stories as well as other important information.

To enter, visit:

www.aagrapevine.org/we-are-here-to-help

This is to let everyone know that has involvement
with the Area Meeting coming up in Boca Raton
April 3-5, 2020, the meeting has been
CANCELLED.

Do not forget to cancel your hotel reservations.

(3/17/2020)

**IN THE COURSE OF THE RECENT CV OUTBREAK AND
INFORMATION PROVIDED FROM THE CDC, THERE
MAY BE TIMES THAT THE HEARTLAND INTERGROUP
OFFICE MAY BE CLOSED. PLEASE CALL(863-688-0211)
AHEAD OF TIME BEFORE COMING DOWN.**

**PLEASE CHECK THE WEBSITE
(www.heartlandintergroup.org) FOR THE UP TO DATE
SUSPENDED MEETINGS AND ACTIVITIES, UNDER
NEWSLETTER. CLICK THE LATEST INTERGROUPEE
(USUALLY THE TOP ONE). ANY CHANGES IN YOUR
MEETINGS, PLEASE CONTACT US VIA EMAIL OR PHONE
CALL (863)688-0211.**

**THIS MEETING LIST WILL BE UPDATED DAILY AND SENT
OUT DAILY.**

**IT IS UP TO THE INDIVIDUAL GROUPS TO DECIDE IF THEY
WILL BE OPEN OR NOT.**

***Per Beverly E., the Going to Any Length 3rd Anniversary for
March 29th. 2020, has been postponed till further notice.
(3-16-2020)***



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Any questions can be emailed to the office manager at:

*officemanager@heartlandintergroup.org

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