Events, Announcements and News

Please remember to send your flyers to Intergroup via Meetings/Events page ASAP.

THIS WILL ONLY BE SENT OUT ONCE A MONTH!!!!

HEARTLAND INTERGROUPER

4204 S. Florida Ave, Suite H. Lakeland, FL 33813 863-688-0211 or 863-687-9275 www.heartlandintergroup.org





Heartland Intergroup Holiday Hours

Christmas Eve: December 24, 2019 Closed

Christmas Day: December 25, 2019 Closed

New Year's Eve: December 31, 2019 9am-1pm

New Year's Day: January 1, 2020 Closed



Thank you to all the Volunteers! The Intergroup Staff and Board of Trustees appreciate your excellent service work! We could not do without you!

The next Heartland Intergroup Representative Meeting will be held at 6 p.m. at the Heartland Intergroup Office. Everyone is invited!!!! Get involved with your Intergroup!



Heartland Intergroup needs volunteers to cover every other Monday and Tuesday morning shift from 9a.m. to 1 p.m. Please contact Cathy at the Intergroup Office if you are available!!

Christmas Alcothon 2019



Begins - Tuesday December 24,2019 @ 5:00PM
Ends - Wednesday, Christmas Day @ 8:30PM

- 2720 East Main St Lakeland, Fl.
- · Plenty of coffee and food
- 50/50 Drawing and Sobriety Countdown to be held at the end of the Alcothon
- Two Special Old Timers speaking from 7:00 PM until 8:30 PM Christmas Day

Speakers: JUNE S 41 YEARS - BOSTON

BOB P 37 YEARS - LAKELAND

Show up and have a fantastic AA Xmas

AA Alcothon Steering Committee
Not for Profit or a Fundraiser

CHRISTMAS SCHEDULE 2019

CONTACT JEN AT: JENTJEN04@GMAIL.COM OR (443) 567-2762

			_			
Tuesday, December 24, 2019			Wednesday, December 25, 2019			
5:00 PM	6:00 PM	HAPPY HOUR	12:00 AM	1:00 AM	BREAK	
6:00 PM	7:00 PM	BREAK	1:00 AM	2:00 AM	TERRY (Tag Meeting)	
7:00 PM	8:00 PM	AUBURNDALE	2:00 AM	3:00 AM	BREAK	
8:00 PM	9:00 PM	BREAK	3:00 AM	4:00 AM	PLUG IN THE JUG	
9:00 PM	10:00 PM	Anniversary Grp	4:00 AM	5:00 AM	BREAK	
10:00 PM	11:00 PM	BREAK	5:00 AM	6:00 AM	EARLY BIRD	
11:00 PM	12:00 AM	FIDELTY BB	6:00 AM	7:00 AM	BREAK	
			7:00 AM	8:00 AM	PHOENIX	
			8:00 AM	9:00 AM	BREAK	
			9:00 AM	10:00 AM	TRAD ANNIVERSARY	
			10:00 AM	11:00 AM	BREAK	
			11:00 AN	12:00 PM	HIGHER POWER	
			12:00 PM	1:00 PM	BREAK	
			1:00 PM	2:00 PM	WINNER'S CIRCLE	
			2:00 PM	3:00 PM	BREAK	
			3;00 PM	4:00 PM	RIGOROUSLY HONEST	
			4:00 PM	5:00 PM	BREAK	
			5:00 PM	6:00 PM	HAPPY HOUR	
			6:00 PM	7:00 PM	BREAK	
			7:00 PM	8:30 PM	OLD TIMERS	

JUNE S BOSTON 41 YEARS

BOB P

37 YEARS

LAKELAND

New Year Alcothon 2019



- Begins Monday December 31,2018 @ 5:00PM Ends - Tuesday New Year Day @ 8:30PM
- 2720 East Main St Lakeland, Fl.
- · Plenty of coffee and food
- 50/50 drawing and Sobriety Countdown to be held at the end of the Alcothon
- Two special Long Timers speaking from 7:00PM until 8:30PM New Year Day

Mary S. - 35 Years Sobriety George R. - 40 Years Sobriety Show up and have a Happy New Year

AA Alcothon Steering Committee
Not for Profit or a Fundraiser

NEW YEAR SCHEDULE 2019/2020

CONTACT JEN AT: JENTJEN04@GMAIL.COM OR (443) 567-2762

Tuesday, December 31, 2019			Wednesday, January 01, 2020				
5:00 PM	6:00 PM	HAPPY HOUR	12:00 AM	1:00 AM	BREAK		
6:00 PM	7:00 PM	BREAK	1:00 AM	2:00 AM	FIDELITY BB		
7:00 PM	8:00 PM	AUBURNDALE	2:00 AM	3:00 AM	BREAK		
8:00 PM	9:00 PM	BREAK	3:00 AM	4:00 AM	PLUG IN THE JUG		
9:00 PM	10:00 PM	WOMEN'S GROUP	4:00 AM	5:00 AM	BREAK		
10:00 PM	11:00 PM	BREAK	5:00 AM	6:00 AM	EARLY BIRD		
11:00 PM	12:00 AM	WAY OUT (FIRE PIT)	6:00 AM	7:00 AM	BREAK		
			7:00 AM	8:00 AM	ACCEPTANCE GROUP		
			8:00 AM	9:00 AM	BREAK		
			9:00 AM	10:00 AM	TRAD ANNIVERSARY		
			10:00 AM	11:00 AM	BREAK		
			11:00 AM	12:00 PM	NORTHSIDE		
			12:00 PM	1:00 PM	BREAK		
			1:00 PM	2:00 PM	HIGH NOON		
			2:00 PM	3:00 PM	BREAK		
			3:00 PM	4:00 PM	LADY OF THE LAKES		
			4:00 PM	5:00 PM	BREAK		
			5:00 PM	6:00 PM	HAPPY HOUR		
			6:00 PM	7:00 PM	BREAK		
			7:00 PM	8:30 PM	OLD TIMERS		

KAREN H 35 YEARS BOSTON DAVE R 36 YEARS WAUCHULA

OUTSIDE OUR AREA OR NOT PERTAINING TO INTERGROUP

District 3 Breakfast

Hosted by the

Hope Is Found Here Group

Saturday, December 7, 2019 Breakfast at 10:00 Speaker at 11:00



Speaker: Bubba from Lake Placid, FL

First Baptist Church of Lake Placid 119 E Royal Palm St, Lake Placid, FL 33852

Tickets: \$10.00 - All Proceeds donated to District 3!

If you have any questions call Dan at 863-840-0306.



December 14th 1:15 P.M. - 4 P.M.

(1:30 Food, Speaker at 2:30)

Donaldson Park Senior Center 110 E. Main St., Avon Park, FL

Bring a wrapped gift marked for a boy or girl and age bracket. OR if you would prefer, bring things for the homeless. Toiletries, socks, for men or women, gently used purses or new recycle shopping bags. This will be an annual event in Dumpster Mike's memory. It's the under the bridge event. Bring a covered dish or desert. We will furnish turkey and drinks. Music, fun, laughs and comradery.

图



Nooner Group Ugly Christmas Sweater Party







FOOD will be provided by the Nooner Group

December 22_{nd} at 10:00am

and

During our regular meeting time we will have a "just for fun"

Delegate's Debate
December 22_{nd} at noon

We invite you to wear your

Ugliest Christmas Sweater! at the Last House on the Block







300 Medical Center Way, Sebring, Fl 33870



CHRISTMAS POT LUCK

Christmas Day 1:30-3:30

CELEBRATE A SOBER HOLIDAY WITH OUR FRIENDS OF BILL W

PLEASE BRING A DISH TO SHARE

Sponsored by The Broken Glass Group



SOUTH FLORIDA AREA 15 GENERAL SERVICE ASSEMBLY **JANUARY 3-5, 2020**

Hosted by District 1 Pinellas County, Florida

Registration Friday 4:00 PM - 8:30 PM, Saturday 8:00 AM - 8:30 PM, Sunday 7:00 AM - 9:00 AM

Friday, January 3

12:00-1:30pm

District

6:00 - 8:00pm Welcome Meet & Greet 8:30-9:30pm Speaker Meeting** 10:00-11:00pm Night Owl Meeting 10:00-11:00pm

Spanish Night Owl Meeting Saturday, January 4 Early Bird Meeting 7:00-8:00am 7:00-8:00am Spanish Early Bird Meeting 8:00-9:00am Concepts Workshop 8:00-9:00am Spanish Concepts Workshop 8:30-10:50am Treatment Facilities Committee 9:00-10:50am Remote Communities Committee 9:00-10:50am State Convention Committee 9:00-10:50am **Archives Committee** 9:00-10:50am **Current Practices Committee** 9:00-10:50am Grapevine/La Vina Committee* 9:00-10:50am Literature Committee 9:00-10:50am PI/CPC Committee 9:00-10:50am Accessibilities Committee** 11:00-12:30pm Spanish Linguistic Committee 11:00-12:00pm Traditions Workshop

Saturday, January 4

12:30-1:30pm District Chairpersons Meeting 12:30-1:30pm District Treasurers Meeting 12:30-1:30pm District Secretaries/Registrars Mtg 1:00-1:50pm Spanish Traditions Workshop 1:30-3:50pm **Corrections Committee** 2:00-3:50pm Finance Committee 2:00-3:50pm Intergroup/Central Office Meeting 2:00-3:50pm **GSR Sharing** 2:00-3:50pm **DCM Sharing** 2:00-3:50pm Quarterly Coordinators Meeting

4:00-5:00pn Service Manual Workshop 5:00-6:00pm "What's On Your Mind?" 7:00-8:30pm Banquet Speaker Meeting*** 8:30pm-9:30pm 10:00-11:00pm Night Owl Meeting 10:00-11:00pm Spanish Night Owl Meeting

Sunday, January 5

7:00-8:00am Early Bird Meeting 7:00-8:00am Spanish Early Bird Meeting 9:00am Area 15 Business Meeting***

*Spanish Language Interpreter provided; ** ASL Interpreter Provided (ifrequested); ***ASL (ifrequested) and Spanish Language Interpreter Provided. Arrangements for Accessibilities accommodations at any meeting, workshop, hotel room with wheelchair access or interpreter for the hearing impaired for the Sunday morning business meeting can be made by contacting the Area Accessibilities Chair at accessibilites@area15aa.org by 12/27/19.

SATURDAY NIGHT BANQUET

No. of Citrus Chicken No. of Meat Lasagna No. of Vegetarian/ Vegan Mediterranean Stew Total Tickets @ \$45 each Total Amount Enclosed Name

Website Committee

Address City_ Zip Cell Phone E-mail

Guests with Special Dietary Needs (state needs):

Payments Due By December 20, 2019. Make Checks Pavable to District 1 and Mail in (with coupon) to: District 1 Assembly Treasurer, cio Rob Van Tassel

9805 36th Way N. Pinellas Park FL 33782

Tickets Also Available Online at district1 aapinellas.org QUESTIONS? Please contact Banquet Chair at:

Jan2020LoveNTolerance@gmail.com

Marriott Tampa Airport

4200 George J. Bean Parkway, Tampa, Florida 33607

Hotel Room Reservations:

Call (800) 564-3440

Room Rate: \$135.00 per night + tax; Parking: \$6 per day Reference: "South Florida General Service Conference" HOTEL RESERVATIONS OPEN ON OCTOBER 7, 2019 @ 12PM AND MUST BE RECEIVED BY DECEMBER 13, 2019

Directions from South: Take I-275 North to Exit 39 (Tampa Airport) Follow the red signs and Airport Hotel signs to reach the Marriott Tampa Airport.

QUESTIONS? Please contact Quarterly Assembly Chair, at: ifeganjr@gmail.com, 914-589-5271 or Quarterly Hotel Liaison, at: hotelinfo@area15aa.org

For hotel room cancellations on a hotel room wait list, please contact: Quarterly Hotel Liaison, at: hotelinfo@area15aa.org



2101 Dixie Clipper Drive, Jacksonville, FL 888-238-4218

\$114 per night /Group Code: SWC

BOOK EARLY!

Deposit equal to the room rate and tax for the first night is required for the \$114 rate.

SPEAKERS

Step 1 & 2 – Jane D.L., Tallahassee, FL
Step 3 – Angie P., Cincinnati, OH
Steps 4 & 5 – Joette N, Winder, GA
Steps 6 & 7 – Mari G., Toronto, CN
Steps 8 & 9 – Cyndi M., Louisville, KY
Steps 10 & 11 – Brenda J., McKinney, TX
Step 12 – Polly P., Jacksonville, FL
Al-Anon – Diane A., Nashville, TN

MORE INFO

Chair: Chrissie H.423.355.2283
Co-Chair: Vanessa C. 404.518.8997
Registration: Jessica J. 662.801.6222
www.southernstateswomensconference.org

VOLUNTEERS AND MERCHANTS ARE WELCOME!

PHONE	PH	EMAIL:	IAME:
	27 -	•	DDRESS:
			ITY/STATE/ZIP
		AME, LAST INITIAL):	OR NAME BADGES (FIRST NAME
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		ERCHANT	I am interested in vol. on I EEI I am interested in being a MERC and selling my goods in the mark

16th Annual SOBERSTOCK 2019



Soberstock is a 3 -day weekend AA/Al-Anon/Alateen event featuring speakers, meetings, bands, food & fellowship. This festival is open to all members of AA/Al-Anon and their families.

Proceeds of this function will purchase Big Books and other AA literature for District 2 Jails & Institutions. The remaining profits go to the area pie chart.

SPEAKER MEETINGS!

CAMPFIRE MEETINGS!

LIYE BANDS!

GUTDOOR MEETINGS!

ALL FOOD & DRINKS PROVIDED!

TENT CAMPING ONLY! (No RV's/Popups!)

When: Friday, March 20th, 2020- Gates open at Noon on Friday! Event ends on Sunday at noon. Where: "Camp Brorein" - 16901 Boy Scout Rd. Odessa. FL 33556

What to bring: Tents, blankets, coolers, chairs, LANTERNS, bug spray, snacks, NO PETS, NO cabins at this facility.

What we provide: Refreshments, Camp Style Meals - Fri. lunch & dinner, Sat. breakfast, lunch and dinner, & Sunday breakfast.

ONLINE ORDERS www.soberstock.com

Be a part of with "Soberstock Memorabilia" - All SoberStock orders are on a "Will Call" basis, which means we do not mail any products or tickets. After orders are received, we simply have you on our list and you will pick up all of your items at the gate. Online orders are safe & secure and we take most major credit cards with the PayPal payment processing system. Please visit our website at www.soberstock.com for the schedule of events, credit card payment, flyers, t-shirt ordering and so much more than we can fit on this flyer!



FREE SOBERSTOCK T-SHIRT WITH ONLINE ORDERS!

until 01/01/2020! *Per Weekend/ Day Pass Order

ONLINE PRICING vs GATE PRICING:

1 DayPass - \$30.00 per person/\$35 Gate Weekend - \$55.00 per person/\$60 Gate Child under 12-1 DayPass - \$5.00/\$10 Gate

(CHILDREN ALLOWED ONLY IF ACCOMP. BY PARENT/GUARDIAN)

Child under 12-Weekend - \$10.00/\$15 Gate
Tent Pitching: \$15 Per tent (We don't supply tents)

T-Shirts: \$20/ea (Sizes: S, M. L, XL, 2XL)

NOTE: WE ONLY TAKE CASH OR CHECKS AT THE GATE
NO CREDIT/DEBIT CARDS AT THE GATE!



All sales are final, and non-refundable. This is a Rain Or Shine Event. When ordering online, we will not ship any items to you. We will have all items for you at the front gate day of the event on a Will Call basis. Please remember, pets are NOT allowed(Service pets with paperwork only) and no RV's/Popup campers either. Thank you so much for your coperation!



4th Annual Tribe Retreat --- Oceanfront Daytona Beach

Tribe on the Beach 2020



May 15-17, 2020

Join our tribe of AA women for a weekend of speakers, meetings, and fellowship on "World Famous" Daytona Beach



** Speakers (To Be Announced) **

** Beachside Meetings **

** Sunrise Meetings **

** Meditation and Reflection **

** Fellowship **

Register online at: www.12StepTribe.org
Early Bird Registration \$35 --- \$40 after January 31, 2020

Best Western Aku Tiki *** OCEANFRONT ***

2225 S. Atlantic, Daytona Beach, FL 32118
\$135 per Night + tax – mention "Tribe on the Beach 2020"
Rate available for 2 days before and 2 days after the conference dates
""ROOMS ARE LIMITED – REGISTER EARLY ""



- Every Room is Oceanview (some exceptions)
- Free Daily Full Hot Breakfast Buffet w Hotel Registration
- Free Coffee 7a 10a
- Free Parking

- Free Freshly Baked Cookies Twice Daily
- Refrigerator and Microwave in Every Room
- Seasonally Heated Outdoor Pool
- Efficiencies Available
- Beachside Grassy Lawn overlooking Daytona Beach

For more information contact dee at dadjoa51@gmail.com or (267) 879-9394 or Janee at kjmanley@cfl.rr.com





Naples, FL 2020

June 19, 20, 21

A Group Of 400 of your Closest Friends

A Conference for AA & Al-Anon Women

Polly P

Hilary R

Mari G

Jacksonville, FL

Austin, TX

Toronto Can

Angie B(AFG)

Line B

Susan P(AFG)

Destin, FL

San Diego, CA

Marco Island, FL

Sisters By The Sea

A Journey through the Steps...The Stairway to Serenity

Hilton Naples

5111 Tamiami Trail, Naples, FI 34103

~Free Shuttle To The Beach ~
Beach Chairs ~ Wi Fi ~Free Parking

Rates available until May 30th, 2020

\$99 Per Night Single or Double

(239)430-4900 Group Code: SBS20

Copy Link for Reservation:

https://www.hilton.com/en/hi/groups/personalized/A/ APFNHHF-SBS20-20200617/index.jhtml?WT.mc_id=POG

POOLSIDE 12-3 FRIDAY

Scholarships Accepted
Sorry No Refunds Questions call
Peggy P.E. (239)269-7651 or
email: SistersbytheSea2020@gmail.com
WWW.SistersByTheSea.org

Sisters By The Sea Registration

One form per person or register online at:

www.SistersbytheSea.org

Name	
Address	
City	State
Phone	SOBER DATE
MAIL:	

Early Bird before Jan 1st, 2020 \$40

Registration \$45 after Jan. 1, 2020

Banquet \$42 Choice

Ma	ahi	Mahi		Chi	cke	n	Veg	an_		-
Wake	Ch	ecks	Paya	able	to:	Siste	ers	Ву	The	Sea

Make Checks Payable to: Sisters By The Sea PO Box 305 or 2167 San Marco Road Marco Island, Fl. 34145

https://www.eventbrite.com/e/sisters-by-the-sea-2020-tickets-69359079875

AL-ANON YRS	AA YRS
AL-ANUN IKS	AA INO

EMOTIONAL SOBRIETY CONFERENCE 2020 THE NEXT FRONTIER

Hosted by Everything or Nothing Gainesville
June 26-28, 2020
Co-ed conference
All 12-steps recovery programs welcomed

Location: Fairfield Inn & Suites, Gainesville 3877 SW 37th Blvd, Gainesville, FL

REGISTER EARLY! LIMITED SEATING! \$30 Early Registration (by 5/21/20) \$35 On-Site Registration Come journey through the steps with

Bob D. Las Vegas (NV)

Mari G. Toronto (Canada)

> Jennifer K. Plano (TX)

MORE INFO ON REGISTRATION, SCHEDULE, AND HOTEL AT: https://emotionalsobrietygainesville.com/

Made with PosterMyWall.com

2020 INTERNATIONAL CONVENTION INFORMATION!!

FAQs for International Convention. Register online at aa.org

Q. What about on-site registration?

A. On-site registration will be set up at the COBO Center dure, please contact the international Convention coordiand will open on Wednesday morning, July 1, 2020.

Q. Must everyone register? I thought I didn't have to pay to go to an A.A. event.

A. Yes. Everyone must register. Attendance at this special celebration is voluntary, and, as responsible A.A. members, "we pay our own way." The International Convention is paid for by those A.A.s who participate in

How much will registration cost?

Advanced registration for the convention between September 9, 2019 and April 14, 2020 will be \$115.00 (USD) per attendee. Registration after April 15, 2020 will Center and the Ford Field Stadium. be \$140.00 (USD) per attendee.

Can travel agents register groups or individuals?

No. Payments from travel agencies to register groups or individuals will not be accepted.

When can I reserve my hotel room?

Once you have registered for the Convention, you will receive housing information by the same method you sent in your registration. Please take into consideration that individual members will be able to book up to four (4) rooms. If you are traveling in a group and need more than 4 rooms, more than one member in your group Note: All rates subject current taxes at the time of occuwould need to register and book the necessary hotel rooms

For large groups requiring ten (10) rooms or more, there is a separate procedure. For information on this procedure, please contact the international Convention coordinator at G.S.O. at 2020ic@aa.org.

When can I reserve my hotel room?

Once you have registered for the Convention, you will receive housing information by the same method you sent in your registration. Please take into consideration that individual members will be able to book up to four (4) rooms. If you are traveling in a group and need more than 4 rooms, more than one member in your group would need to register and book the necessary hotel

rooms.

For large groups requiring ten (10) rooms or more, there is a separate procedure. For information on this procenator at G.S.O. at 2020ic@aa.org. While we are trying to meet everyone's needs, we attempt to ensure fairness for the entire Fellowship so that attendees traveling in a group and single attendees have equal access to hotel arrangements for the convention.

Where are the main hotels?

Our Convention hotel block of over 10,000 rooms will be in five main areas, four in Michigan - downtown Detroit, Dearborn, Southfield and Romulus/Airport and one just across the Canadian border, in Windsor, Ontario. Of those 10,000 rooms, only 3,000 are in downtown Detroit and within walking distance of the Cobo

Below are the hotel rate ranges for each of our hotel

Dearborn Hotel Rate Range - \$80.00-\$189.00 Downtown Detroit Hotel Rate Range - \$115.00-\$249.00 Airport Hotel Rate Range - \$69.00-\$179.00 Southfield Hotel Rate Range - \$109.00-\$159.00 Belleville Hotel Rate Range - \$90.00-\$149.00 Warren Hotel Rate Range - \$90.00-\$169.00 Sterling Heights Hotel Rate Range - \$99.00-\$169.00 Windsor Canada Hotel Rate Range - \$95.00CAD-\$189,00CAD

Can members contact hotels directly?

A No. To make the process as fair as possible, all housing requests will be processed through the Convention Housing Bureau.

Can travel agents make room reservations?

Room reservations can only be made in an individual's name. Rooms available through the Housing Bureau, at specially negotiated Convention rates, are not commissionable to travel agents.

(More in December)



64th Florida State ConventionJACKSONVILLE 2020

NameName				to be printed on name tag	217			
Address			•					
City State			Zip					
Phone Number Email Addre				ess		-		
Sobriety Date / /	Speci	ial Nee	ds Type:					
I would like to Volunteer	_	The co	mmittee/are	ea of interest I have is	-			
I am a: Past Dele	gate	De:	legate	Past Trustee Trustee _	AA	·		
Al Anon	_ v	isitor						
REGISTRATION AND S	PORTS	3	A ST. ST.	REGISTRATION AND S	PORTS	5		
Description	Price	Qty	Sub Total	Description (Select Color)	Price	Qty	Sub Tota	
Registration	\$35			Tee: S M L XL	\$10			
Scholarship Donation	\$5			Tee: XXL XXXL	\$12			
Friday Ice Cream Social	\$15			Performance Polo: S M L XL	\$25			
Saturday Ice Cream Social	\$15		Py	Performance Polo: XXL XXXL	\$27			
Friday Banquet (Circle one) Chicken Fish Beef	\$45	÷*		NeckWallet/Lanyard Circle	\$5			
Vegan			*	Tote Bag Circle	\$10			
Saturday Banquet (Circle one)	\$45			Lapel Pin 🙆	\$5			
Vegan			-	11oz. Coffee Mug 🎅	\$5			
Weekend Package: registration Fri & Sat Banquet (Pick above), Fri & Sat Ice Cream Social	\$145							
Golf Tournament	\$85			SUBTOTAL \$,	
5k Run/Walk	\$20			Additional Merchandise & Packages Availab	ole. Exclusive	ely Onlin	e at	
Select this size for your sport S M L	XL 2XL	3XL		64.FloridaStateConvention.com				
SUBTOTAL \$ Banquet registrations by mail must be received no later than August 3, 2020 Hotel registration by mail must be received no later than July 6, 2020 Refer to 64th Florida State convention.				PAYMENT INFORMATION CHECK/MONEY ORDER CASH Credit cards are accepted online or in person only. Please do not send				
MAKE CHECKS PAYABLE TO: 64th Florida State Convention PO Box 57442 Jacksonville, FL 32241				you credit card information through the mail				



LOCATE MEETINGS WITH A CLICK!

"Meeting Guide by Josh R." is an app which can be downloaded to your cell phone to show you daily meetings in the Heartland Intergroup areas of Polk, Hardee and Highlands Counties. Available in your Play Store for Apple and Android phones.

Check it out!

Contributions from the previous month will be included in the following month's mid-month issue.

(If you notice that your contribution is not reflected, please remember that we publish the contributions from the prior month, so yours may not show up until next month).

Opinions expressed herein are not necessarily those of Heartland Intergroup or A. A. as a whole. (Exceptions are: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS and TWELVE TRADITIONS and other A. A. books and pamphlets are reprinted with permission of A. A. World Services, Inc.) Art and other articles are reprinted with permission of the A. A. GRAPEVINE, Inc. and are subject to the GRAPEVINE COPYRIGHT







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*officemanager@heartlandintergroup.org

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*|Heartland Intergroup of AA, 4204 N. Florida Ave Suite H, Lakeland, FL 33813|*USA

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