Heartland Intergrouper



Events, Announcements and News

Heartland Intergroup

4204 S. Florida Avenue #H, Lakeland, FL 33813

officemanager@heartlandintergroup.org

(863) 688-0211 / (863) 687-9275

Office Hours: Monday - Friday 9:00am - 5:00pm, Saturday 9:00am - 12:00pm

To our subscribers:

If you would like to include an article, event or announcement in the newsletter, please send as a Word document or as a jpg. to: heartlandintergre

If you have problems viewing this newsletter, look for the link in your email to view it in your browser (see example below).





An alcoholic from New York has a vision of the way to sobriety and is introduced to a likeminded doctor from Akron. Their first meeting will lead to the creation of a Twelve Step recovery program and a book that will change the lives of millions.

1935

Bill and Lois join the Oxford Group



Following Bill W.'s spiritual awakening at Towns Hospital (late 1934), he and wife Lois join the Oxford Group — a nondenominational movement whose tenets are based on the "Four Absolutes" of honesty, purity, unselfishness, and love — and begin to attend meetings at Calvary House, behind Manhattan's Calvary Episcopal Church there. Bill is inspired by the charismatic rector Rev. Dr. Samuel Shoemaker (right), who emphasizes one-on-one sharing and guidance.

Rev. Dr. Samuel Shoemaker



A short-term job opportunity takes Bill to Akron, Ohio. In the lobby of his hotel, he finds himself fighting the urge to join the conviviality in the bar. He consults a church directory posted on the wall with the aim of finding someone who might lead him to an alcoholic with whom he could talk. A phone call to Episcopal Minister Rev. Walter Tunks results in a referral to Henrietta Seiberling, a committed Oxford Group adherent who

has tried for two years to bring a fellow group member, a prominent Akron surgeon, to sobriety.

Bill's group within a group

Bill is asked to speak at a large Oxford Group meeting at Calvary House. His subject is alcoholism, and after the meeting Bill is approached by a man who says he desperately wants to get sober. Bill invites the man to join him and a small group of alcoholics who meet at nearby Stewart's cafeteria after the meetings. Bill is unsuccessful in his efforts to reach these alcoholics. Eventually his ability to help alcoholics grows, after he seeks counsel from Dr. William Silkworth of Towns Hospital. Dr. Silkworth suggests he do less preaching and speak more about alcoholism as an illness.

The meeting at the gatehouse



Henrietta Seiberling, daughter-in-law of the founder of the Goodyear Rubber Company, invites Bill to the Seiberling estate, where she lives in the gatehouse (right). She tells him of the struggle of Dr. Robert S., and the meeting of the two men takes place the next day — Mother's Day, May 12, 1935. In the privacy of the library, Bill spills out his story, inspiring "Dr. Bob" to share his own. As the meeting ends hours later, Dr. Bob realizes how much spiritual support can come as the result of one alcoholic talking to another alcoholic.

Forging friendships in Akron



Bill joins the Smiths at the weekly Oxford Group meetings held in the home of T. Henry Williams and his wife Clarace, both particularly sympathetic to the plight of alcoholics. Soon, at the suggestion of Dr. Bob's wife Anne, Bill moves to their home at 855 Ardmore Avenue (right).

Men on a mission

Dr. Bob lapses into drinking again but quickly recovers. The day widely known as the date of Dr. Bob's last drink, June 10, 1935, is celebrated as the founding date of Alcoholics Anonymous. Dr. Bob and Bill spend hours working out the best approach to alcoholics, a group known to be averse to taking directions. Realizing that thinking of sobriety for a day at a time makes it seem more achievable than facing a lifetime of struggle, they hit on the twenty-four hour concept.

Bill's return to New York

Bill returns home to New York to seek a job, but his need to help other alcoholics is no less urgent. He begins to look for prospects at Towns Hospital, where he finds Hank P., an ambitious businessman who becomes his first success from Towns. Another success is Fitz M., a Southerner and the son of a minister. Both become Bill's close friends and allies.

"The man on the bed"

Eager to carry the message, Bill and Dr. Bob search for another person to help. After a slow start, their call to Akron City Hospital yields a prospect — Bill D., a lawyer. During the visits of Bill and Dr. Bob, Bill D. takes their message to heart and promises never to drink again — a vow he keeps for life. Now remembered as the "man on the bed" (right, as depicted in a painting by an A.A. member), Bill D. becomes the third member of what will eventually be called Alcoholics Anonymous.



Weekly meetings at 182 Clinton

In an effort to strengthen his prospects' chances for recovery, Bill welcomes alcoholics to his home at 182 Clinton Street in Brooklyn. The Tuesday night meetings soon give way to temporary residency for some participants — the kind of "way station" arrangement that Dr. Bob and his wife Anne have pioneered in Akron.

ANNOUNCEMENTS



Sunday, March 31st

Intergroup Office @ 1 pm

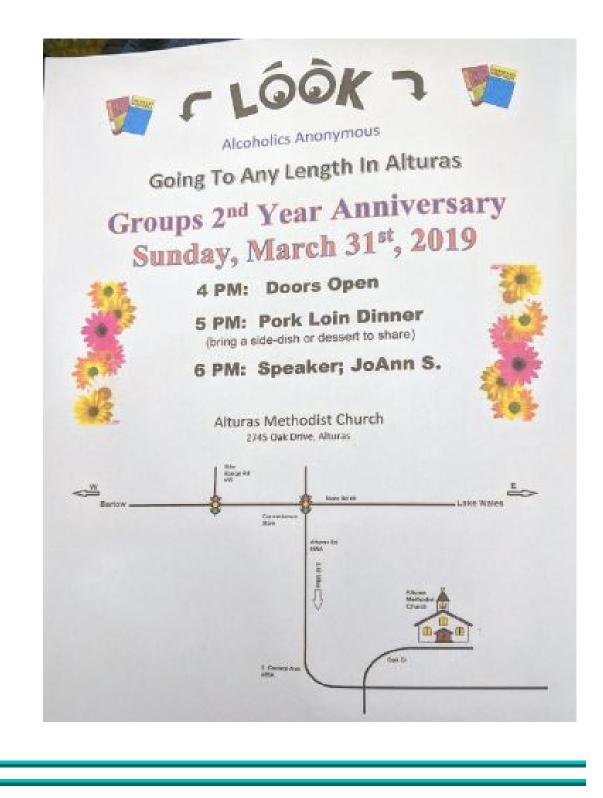
12 Step Call Volunteer Work-Shop

All current "Night Watch" & "Bridging The Gap" volunteers are Strongly Encouraged to attend this informal Work-Shop.

We'll talk about how things are going with Night Watch and what "Bridging The Gap" means. We'll, share some Pizza and discuss some things we've learned over the past year.

Anyone with a heart for service is welcome too!

Intergroup Office
4204 South Florida Ave, Suite H, Lakeland ---- 863.687.9275 (In the strip center by Panera Bread)



Girlstock International

A Journey Through The Steps

Friday, May 31 to Sunday, June 2, 2019

Hilton Atlanta Airport - 1031 Virginia Avenue, Atlanta, GA 30354

Located 5 minutes from Hartsfield Jackson International Airport

Free shuttle from and to airport

Call 404-767-9000 for reservations

Room block is under "Girlstock International"

Hotel rate is \$113*

*Rate is also good for one day before and one day after event.
*Reserve your room by May 13, 2019 for this rate.
Complimentary self-parking. Pets allowed with additional deposit.
Coffee in every room.

For more information, or to register online, please vist our website at: https://girlstockinternational.com/

Featuring 8 Wonderful Speakers

Amy D., Louisville, KY ~ "Steps 1 & 2"
Theresa F., Van Nuys, CA ~ "Step 3"
Sharon C., Los Angeles, CA ~ "Steps 4 & 5"
Angie B., Destin, FL ~ "Al-Anon"
Beth H., Cary, NC ~ "Steps 6 & 7"
Tami P., Prattsville, CA ~ "Steps 8 & 9"
Carla R., Tujunga, CA ~ "Steps 10 &11"
Debra V., Jacksonville, FL ~ "Step 12"

Entertainment by Sonia L., Nashville, TN

To view or download a printable copy of the event flyer, click here: https://airlstockinternational.com/wp-content/uploads/2018/09/Girlstock-Spring-2019-Flyer.pdf

Event Registration \$30 Before April 30th

After April 30th, and at the door, registration is \$35

Register by PayPal at http://girlstockinternational.com or make check or money order payable to "Special Events" and mail to: c/o Kristi Gray (gray.kristi@gmail.com) P.O. Box 241324, Little Rock, AR 72223

2019 DISTRICT BIDS DETOX AND BREAKFAST BIDS

	BREAKFASTBID		DETOX BID		
January 2019	Key to Sobriety	January 2019	New Hope Study Grp		
February 2019	12 on 2 - Sebring	February 2019	Friday Night Beginner		
March 2019	New Hope Study Group	March 2019	2720 Mens/Womens Grps		
April 2019	Winners Circle	April 2019	Going to Any Length in Alturas		
May 2019 Ladies of the Lake/JUGS		May 2019	Phoenix Group		
June 2019	Phoenix Group	June 2019	Auburndale Grp		
July 2019	High Noon Grp- WH	July 2019	Weekend Serenity Grp		
August 2019	Auburndale Grp	August 2019	Ladies of the Lake/JU65		
September 2019	We Care Group - Lake Placid	September 2019	Cypress Gardens Noontime Grp		
October 2019	Going to Any Length in Alturas	October 2019	Winners Circle		
November 2019 Candlelight Sebring		November 2019	Sisters in Serenity		
December 2019	ecember 2019 Hope is Found Here- Lake Placid		Turning Point		
January 2020	Key to Sobriety	January 2020	New Hope Study Grp		

CameToBelieve.org

90th Leesburg Retreat since 1966

"CAME TO BELIEVE" Recovery Retreat May 3 - 5, 2019

Life Enrichment Center, Leesburg, FL 4991 Picciola Road, Fruitland Park, FL 34731

Discover the Original 'Why' and 'How' of our **Addiction Recovery Programs**

Using a format similar to what AAs in Cleveland used in the early 1940s, Clarence Snyder and Annette Nelson started this retreat in 1966. About 35 "Came to Believe" retreats are now held each year in the US and Europe.

Clarence used to say, "The Steps are like a medicine capsule with 12 ingredients -you take them ALL when you want to get well. How long do you want to stay

Early members of AA (such as Dr Bob and Clarence) took people through the 12 Steps in a matter of hours and that's what you can experience at this retreat. One of the first 40 members of A.A., Clarence's story is in the first three editions of the Big Book (#11. "The Home Brewmeister"). He started these retreats to give alcoholics, addicts and family members opportunities to enjoy lifechanging spiritual experiences!

- Experience the Twelve Steps as the AA Founders practiced and taught - in one afternoon!
- Be inspired: Encouraging and excellent speakers with years of experience to share.
- Workshops for Retreat Returnees.
- Delicious Food: Six Meals (Friday dinner through Sunday lunch) plus great snacks and bottomless coffee pot. Special dietary needs provided if requested on registration form.
- Motel Style Rooms on beautiful Lake Griffin (no TV or phones in rooms)
- Fees: Early registration \$175 per person/double occupancy **IF deposit or fee** paid before April 15. Fee paid after April 15 is **\$195** per person. Children's rates available
- Reservations: Minimum \$100 deposit required to reserve your spot and keep early pay rate of \$175.
- Gift it: Because of our contract with the facility, we can't do refunds after April 15. You can transfer your reservation to another person for this retreat.

Check-in begins at 4:00 PM Friday. Dinner at 6 PM 1st meeting at 7:00 PM

TWO WAYS TO REGISTER:

- ☐ Mail form and check to: Came to Believe Retreat 444 Green Springs Cir Winter Springs, FL 32708
- Or, go to cametobelieve.org to the Leesburg page and follow links to use your card or PayPal

For Registration questions, contact Kim at (407) 327-3298 CameToBelieveKim@gmail.com

For NON-registration info, call: Debbie B 407-252-4073 Debbie B 386-690-5985 Lee G Dale B Thomas P 904-803-8636

For Tuition Assistance Application, email CTBTuitionAssistance@gmail.com to get the auto reply form. Complete the form totally before cutoff date, April 15.

> Need a Spiritual Awakening? Take your Steps as the A.A. founders taught!

"...pick up the simple kit of spiritual tools..."

Big Book, page 25

out on dotted line and submit form(s) with fee or minimum deposit of \$100. The egistration form is not needed to register; however, we do need the information requested on the form. Feel free to make copies.	
hecks payable to "Came to Believe." \$175 PER PERSON (double occupancy before the deadline) Mail to: 444 Green Springs Cir, Winter Springs he Retreat Center contract requires payment for all reservations. Save your spot by sending full amount OR deposit before deadline: April 15, 2	
Please print clearly. Use back of form for additional names	
dress:State:Zip:	
rly Per Person Fee (\$175) Private room (\$40 extra) After April 15 Register Fee (\$20 Extra) Total: \$	
ndicap room? Mobility Issues ? Late Arrival Time? Special food needs?	
ail address: I wish to room with:	



One of the newest AA meetings in The Heartland

Discussion / Open Meeting Format



Thursdays at 7pm Gateway Church 4937 US-17



Bowling Green, Florida 33834 (South of Pt Meade)



Plenty of Free Parking
For more into call Michelle: 863-535-7001



4 CORNERS AA GROUP

THE RIDGE MOBILE HOME PARK
49473 US HWY 27
DAVENPORT, FI 33897
South of HWY 192

MONDAY 7:00PM THURSDAY 12:00PM

Larry C. 863 221 3657



20th Spring Into Sobriety Women's Conference

May 3rd to May 5th

www.sisconference.com

Venezia Resort Hotel

425 US 41 Bypass North, Venice, Florida 34285 Please call hotel for accommodations: 941-308-7700

Ask for the SIS-Conference room rate of \$89.00 per night.

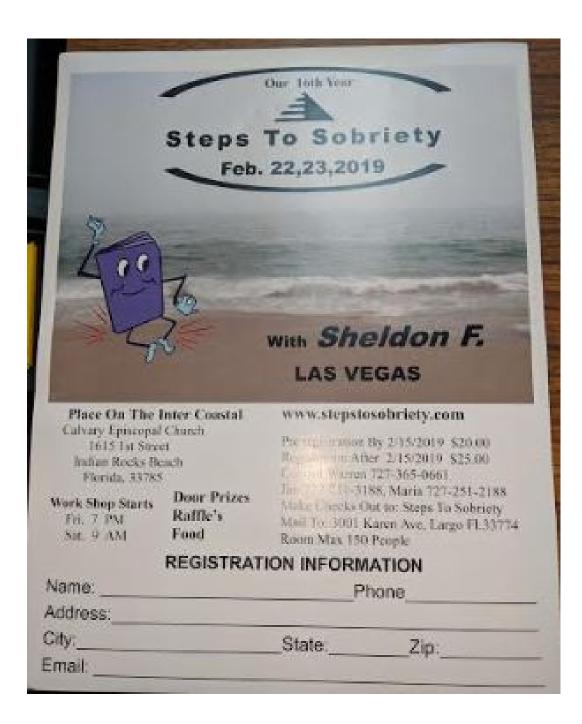
Registration begins January 1, 2019 * Register Early * First 150 will receive a special gift Registration on-line (pay securely with credit, debit or PayPal) www.sisconference.com

Or mail registration form below along with check made payable to 515 Conference Inc., to:

SIS Conference • 942 Capri Isles Boulevard, Unit 205, Venice, FL 34292

Please note you will not be able register at the conference
For further assistance email us at: womensis@gmail.com or call 941-681-0747

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Email:					Contact Pho	ne #:		
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	\$ 12.00	Friday Night	Taco Buff	fet				
	\$ 12.00	Saturday Lun	ch: Saup/	Salad Bar / As	sorted Wraps			
	\$ 32.00	Saturday Ban	quet:	Prime Rib	Artichoke Ch	icken	Portabeli	2 F201010
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_	1	would like to	donate to	the scholarshi	p fund.	la	m requesting	a scholarshi
	CONFERENCE and ORDER TOTAL				I would like to volunteer			



15th Annual SOBERSTOCK 2019 - Friday - Sunday, March 15th to 17th



Speaker Meetings! Campfire Meetings! Outdoor Meetings!

A 3 -day weekend AA/A-Anon/Alateen event featuring speakers, meetings, bands food & fellowship.

This festival is open to all members of AAVA-Anon and their families. Proceeds of this function will purchase Big Books and other AA literature for District 2 Jals & Institutions. The remaining profits go to the area pie chart.

Live Bands! ALL Food & Drinks provided! Tent Camping ONLY! (No RV's/Popups!)

When: Friday, March 15th, 2019- Gates open at Noon on Friday! Event ends on Sunday at Noon. Where: "Camp Brorein" - 16901 Boy Scout Rd. Odessa, Fl. 33556 - SEE MAP ON BACK OF THIS FLYER What to bring: Tents, blankets, coolers, chairs, LANTERNS, bug spray, snacks, NO PETS, NO cabins at this facility.

What we provide: Refreshments, Camp Style Meals - Fri. lunch & dinner, Sat. breakfast, lunch and dinner, & Sunday breakfast.

FREE SoberStock T-Shirt*

online orders



online orders! Our web site provides most of the details regarding SoberStock, Per Weekend/Day Pass Order like maps, schedule of events, credit card payment, flyers, t-shirt until 01/01/2019! ordering and so much more than we can fit on this flyer!

Be a part of with "Soberstock Memorabilia" - All SoberStock orders are on a "Will Call" basis, which means we do not mall any products or tickets. After orders are received, we simply have you on our list and you will pick up all of your Items at the gate. Online orders are safe & secure and we take most major credit cards with the PayPai payment processing system.

Please visit our website at www.soberstock.com for all of the details

If you are mailing in this form, WE MUST RECEIVE YOUR PAYMENT BY March. 11TH, 2019 REGISTRATION FORM

*REDUCED PRICING & 1 FREE T-SHIRT PER WEEKEND/DAY PASS ORDER until January, 1st, 2019!

NOTE!

All sales are final, and non-refundable. This is a Rain Or Shine Event.

PLEASE NOTE:

When ordering with this form or online, we will not ship any items. to you. We will have all terms. for you at the front gate day of the event on a Will Call basis - Thanks!

Please remember, pets are NOT allowed and no RV's/Popup campers either. Thank you so much for your help.

1 DayPass - \$30.00 per person	Qty. of people?	Sub Total: \$
#35.00 per person at	the Gate	
Weekend - \$55.00 per person		Sub Total: \$
\$80.00 per person at th		
Child under 12-1 DayPass - \$5.00 \$10.00	Qty. of children? per ohlid at the Gate	Sub Total: \$
CHILDREN ALLOWED ONLY IF ACCOMP. BY PA		
Child under 12-Weekend - \$10.00	Qty. of children?	Sub Total: \$
\$16.00 p	er ohlld at the Gate	
Tent Pitching: \$15.00 PER TENT	Tent Qty:	Sub Total: \$
T-Bhirts: \$20.00/ea List sizes: Sizes:S,M,L,XL, 2XL	Shirt Qty:	Sub Total: \$
*Only CASH payments will be accepted a	at the gate.	TOTAL: \$
First Name:	Last Name	- 22
Address:		
City:	State:	Zip:
Dhone: /	amall	

Please make checks or money orders payable to : SoberStook. Please detach this form and mail form and payment to:

SoberStock PO Box 340613 Tampa, FL 33694-0613



South Florida Area 15 General Service Assembly APRIL 5-7, 2019

www.area15aa.org

Hosted by Districts 6 & 7

Registration Friday 4:00 PM - 8:30 PM, Saturday 8:00 AM - 8:30 PM, Sunday 7:00 - 9:00 AM

FERRY April 1. Speaker Meeting***
regit Owi Meeting
Spanier Night Owl Meeting b:30-9:30em 10:00-11 00pm 10:00-11 00pm Saturday April 8 Early Brethweing 7:00-8:00am 7:00-8:00am Early Bird Meeting
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Lacastor Committee
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Traditions Workship
Verbate Committee 8:00-10:00am 8:00-10:50am 8:00-10:50am 11:00-12:30pm

Canaday April 5 (sent.) 12.30-1 Stylen District Chairpensons Meeting 12.30-1 Stylen District Treasurers Meeting 12.30-1 Stylen District Treasurers Meeting 10.0 1 Stylen District Security residenting 1.30-3 Stylen Speniesh Treasurers Workshop 1.30-3 Stylen Security Stylen Stylen 2.00-3 Stylen Finance Committee 2:00-3 Sopen 3:00-3 Sopen 3:00-500-500pm Conf. Agenda Reviews 5:00-8:30pm Banquel 8:30-9:30pm Banquel 10:30-9:30pm Speaker Meeting***
10:30-11:00pm Night Owl Meeting 10:00-11:00pm Spaniah Night Owl Meeting

SUNNEY April 7

7:00-8:00am Early Bed Meeting 7:00-8:00am Spanish Early Brd Meeting 9:00am South Ft. Area 18 Business Meeting***

"Earl of Language Interpreter provided." ASI, respirate Provided (Fragmented) — ASI, of requested) and Special Language Independent Provided Antergeneets for Accessibilities accommodations of the Provided Antergeneets for Accessibilities accommodations of the Provided Antergeneets for Accessibilities Cheer of a resolution of the Antergeneets for Accessibilities Cheer of a resolution of the Antergeneets for Accessibilities Cheer of a resolution of the Antergeneets for Accessibilities Cheer of a resolution of the Antergeneets for Accessibilities Cheer of a resolution of the Antergeneets for Accessibilities (Anterior Cheer of Accessibilities Anterior Cheer of Accessibilities (Anterior Cheer of Accessibilities

SATURDAY BANQUET

No. of Chicken Breast No. of Sirson Steak No. of Cheese Rayson Total Tickets at \$47each Nartw Address____ 97____ Zip. DIY_ E-mail District_ Guests with special dietary needs (state needs). __ Payment Due by March 1, 2019 Make checks payable to:

Kenneth Nextor and mail to: District 7 PO BOX 61732 Ft. Myers, Fl 33906-1732

Hotel Information: Boca Marriett

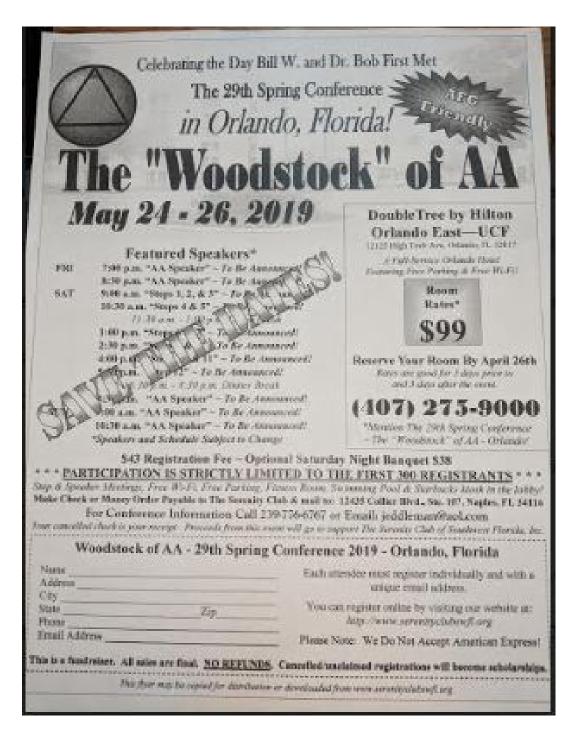
Broa Bates Marrost at Boga Creen: \$150 Town Center Circle, Boga Ration, Ft. 33480 Phone 551-362-4600 select 1 HOTEL RESERVATIONS CITED ON MORDAY January 14, 2019 AT 8:00 are AND MUST BE RECEIVED.

WY March 8, 2019 REFERENCE BYOM'S

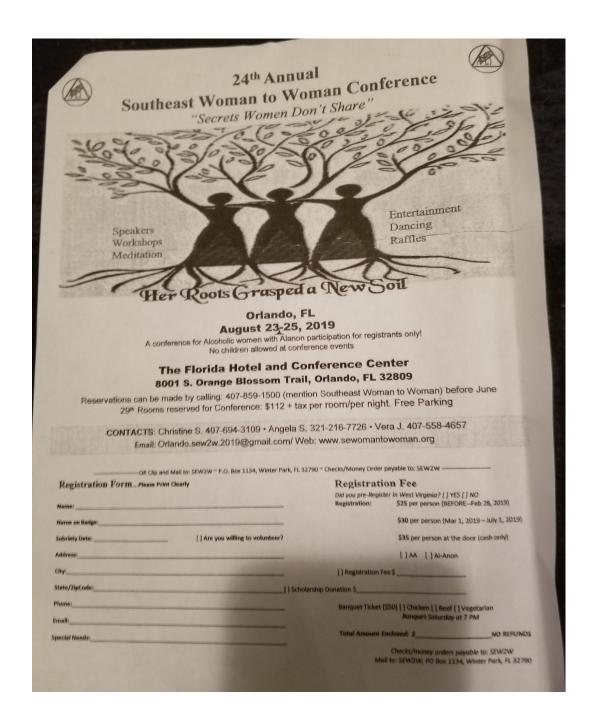
FOR HOTEL ROOM WAIT LIST OR TO CANCEL A ROOM PLEASE CONTACT: hotelinfo@areal.5sa.org

From I-St, and Painnello Fank Novel deat 843 go wide.
From right proving at Millowy Treal. Turn right at Town Center Circle and follow road to holed extractor.

QUESTIONS? Please contact Jim PL at Dr 239-669-7374







LOCATE MEETINGS WITH A CLICK!

"Meeting Guide by Josh R." is an app which can be downloaded to your cell phone to show you daily meetings in the Heartland Internant Highlands Counties. Available in your Play Store for Apple and Android phones.

Check it out!





ANNIVERSARIES



If your group would like to recognize group members for their birthday month, please submit a list to Kathy.

Speaker of The Month

Each month, at the end of the month, we present the audio of a speaker from a random meeting from someplace in the

Lamar R. from Baltimore, MD speaking at the Sunlight of the spirit confrence in York, PA - 1999

https://mirror.xa-speakers.org/speakers2/aa/single-speakers/lamar-r/lamar-r-sotsyork1999.mp3

LISTEN



Many Thanks to All Who Generously Contribute to Heartland Intergroup.

In addition to our **Faithful Fivers** and **Group Contributions**, we also receive donations for Anniversaries, Individual Contribut the "Dime-a-Day" can at the Intergroup Office. All of it helps us to continue helping the sick and suffering

Thank you for your support!

Contributions from the previous month will be included in the following month's mid-month issue.

(If you notice that your contribution is not reflected, please remember that we publish the contributions from the prior month, so yours may not show up until next month).

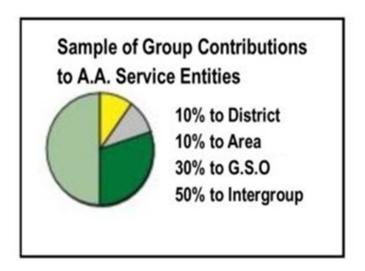
If you or your group would like to contribute to Heartland Intergroup, you may send a check or money order to us at:

Heartland Intergroup, 4204 S. Florida Avenue, #H, Lakeland, FL 33813.

We also accept payments via debit/credit over the phone at (863) 688-0211.

District III - South Florida Conference General Service

	New District III 2019-2021 Trusted Servants		
Chairperson	James C. 863 528 2938 /district3chair@gmail.com		
Alt. Chairperson	Shirley D. 863 214 3259 / district3altchair@gmail.com		
Registrar	Melanie - phone forthcoming / district3registrar@gmail.com		
Treasurer	Beverly E 863 206 7195 / district3treasurer@gmail.com		
Secretary	Vacant/ position still needs filled		



Opinions expressed herein are not necessarily those of Heartland Intergroup or A. A. as a whole. (Exceptions are: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS and TWELVE TRADITIONS and other A. A. books and pamphlets are reprinted with permission of A. A. World Services, Inc.) Art and other articles are reprinted with permission of the A. A. GRAPEVINE, Inc. and are subject to the GRAPEVINE COPYRIGHT

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 $If you do not wish to continue \ receiving \ our \ newsletter, \ please \ notify \ us \ by \ clicking \ here: \ \underline{officemanager@heartlandintergroup.org}$



