

Heartland Intergrouper



Events, Announcements and News

Heartland Intergroup

4204 S. Florida Avenue #H, Lakeland, FL 33813

officemanager@heartlandintergroup.org

(863) 688-0211 / (863) 687-9275

Office Hours: Monday – Friday 9:00am – 5:00pm, Saturday 9:00am – 12:00pm

To our subscribers:

If you would like to include an article, event or announcement in the newsletter, please send as a Word document or as a jpg. to: heartlandintergrouper@gmail.com.

If you have problems viewing this newsletter, look for the link in your email to view it in your browser (see example below).

How AA began...A fellowship like no other

1935–1944

A fellowship like no other



An alcoholic from New York has a vision of the way to sobriety and is introduced to a like-minded doctor from Akron. Their first meeting will lead to the creation of a Twelve Step recovery program and a book that will change the lives of millions.

Bill and Lois join the Oxford Group



Following Bill's spiritual awakening at Towns Hospital (late 1934), he and wife Lois join the Oxford Group — a non-denominational movement whose tenets are based on the "Four Absolutes" of honesty, purity, unselfishness, and love — and begin to attend meetings at Calvary House, Federal Methodist's Calvary Episcopal Church there. Bill is inspired by the charismatic rector Rev. Dr. Samuel Shoemaker (right), who emphasizes one-on-one sharing and guidance.

Rev. Dr. Samuel Shoemaker



A short-term job opportunity takes Bill to Akron, Ohio. In the lobby of his hotel, he finds himself fighting the urge to join the conviviality on the bar. He consults a church directory posted on the wall with the aim of finding someone who might lead him to an alcoholic with whom he could talk. A phone call to Episcopal Minister Rev. Walter Tunks results in a referral to Henrietta Seiberling, a committed Oxford Group adherent who has tried for two years to bring a fellow group member, a prominent Akron surgeon, to sobriety.

Bill's group within a group

Bill is asked to speak at a large Oxford Group meeting at Calvary House. His subject is alcoholism, and after the meeting Bill is approached by a man who says he desperately wants to get sober. Bill invites the man to join him and a small group of alcoholics who meet at nearby Stewart's cafeteria after the meetings. Bill is unsuccessful in his efforts to reach these alcoholics. Eventually his ability to help alcoholics grows, after he seeks counsel from Dr. William Schworth of Towns Hospital. Dr. Schworth suggests he do less preaching and speak more about alcoholism as an illness.

The meeting at the gatehouse



Henrietta Seiberling, daughter-in-law of the founder of the Goodfellow Rubber Company, invites Bill to the Seiberling estate, where she lives in the gatehouse (right). She tells him of the struggle of Dr. Robert S., and the meeting of the two men takes place the next day — Mother's Day, May 15, 1935, in the privacy of the library. Bill spills out his story, inspiring "Dr. Bob" to share his own. As the meeting ends hours later, Dr. Bob realizes how much spiritual support can come as the result of one alcoholic talking to another alcoholic.

Forging friendships in Akron



Bill joins the Smiths at the weekly Oxford Group meetings held in the home of E. Henry Williams and his wife Clara, both particularly sympathetic to the plight of alcoholics. Soon, at the suggestion of Dr. Bob's wife Anne, Bill moves to their home at 855 Arden Avenue (right).

Men on a mission

Dr. Bob lapses into drinking again but quickly recovers. The day widely known as the date of Dr. Bob's last drink, June 10, 1935, is celebrated as the founding date of Alcoholics Anonymous. Dr. Bob and Bill spend hours working out the best approach to alcoholism, a group known to be averse to taking directions. Realizing that thinking of sobriety for a day at a time makes it seem more achievable than facing a lifetime of struggle, they hit on the twenty-four hour concept.

Bill's return to New York

Bill returns home to New York to seek a job, but his need to help other alcoholics is no less urgent. He begins to look for prospects at Towns Hospital, where he finds Hank P., an ambrosian businessman who becomes his first success from Towns. Another success is Fat M., a Southerner and the son of a minister. Both become Bill's close friends and allies.

"The man on the bed"

Eager to carry the message, Bill and Dr. Bob search for another person to help. After a slow start, their call to Alana City Hospital yields a prospect — Bill D., a lawyer. During the visits of Bill and Dr. Bob, Bill D. takes their message to heart and promises never to drink again — a vow he keeps for life. Now remembered as the "man on the bed" (right, as depicted in a painting by an A.A. member), Bill D. becomes the third member of what will eventually be called Alcoholics Anonymous.



ANNOUNCEMENTS

DISTRICT 3 MONTHLY BREAKFAST

Hosted by the New Hope Study Group in North Lakeland

Saturday, March 9th, 2019

Breakfast at 9:00 a.m.

Speaker at 10:00 a.m.



**Our Speaker is Dan M.
from Ontario, Canada**

Golden Corral Restaurant in North Lakeland
4705 US Hwy 98 N, Lakeland, FL 33809

Breakfast cost is under \$10.00

All contributions go to support District 3

DISTRICT III

Breakfast and Detox Bids for 2019-

2019 DISTRICT BIDS DETOX AND BREAKFAST BIDS

	BREAKFAST BID		DETOX BID
January 2019	Key to Sobriety	January 2019	New Hope Study Grp
February 2019	12 on 2 -Sebring	February 2019	Friday Night Beginners
March 2019	New Hope Study Group	March 2019	2720 Mens/Womens Grps
April 2019	Winners Circle	April 2019	Going to Any Length in Alturas
May 2019	Ladies of the Lake/JUGS	May 2019	Phoenix Group
June 2019	Phoenix Group	June 2019	Auburndale Grp
July 2019	High Noon Grp- WH	July 2019	Weekend Serenity Grp
August 2019	Auburndale Grp	August 2019	Ladies of the Lake/JUGS
September 2019	We Care Group - Lake Placid	September 2019	Cypress Gardens Noontime Grp
October 2019	Going to Any Length in Alturas	October 2019	Winners Circle
November 2019	Candlelight Sebring	November 2019	Sisters in Serenity
December 2019	Hope is Found Here- Lake Placid	December 2019	Turning Point
January 2020	Key to Sobriety	January 2020	New Hope Study Grp



Alcoholics Anonymous

Going To Any Length In Alturas

Groups 2nd Year Anniversary
Sunday, March 31st, 2019

4 PM: Doors Open

5 PM: Pork Loin Dinner
(bring a side-dish or dessert to share)

6 PM: Speaker; JoAnn S.

Alturas Methodist Church
2745 Oak Drive, Alturas



AA Meeting Needs Support

'The Bowling Green Group'

One of the newest AA meetings in The Heartland

Discussion / Open Meeting Format



Thursdays at 7pm
Gateway Church
4937 US-17

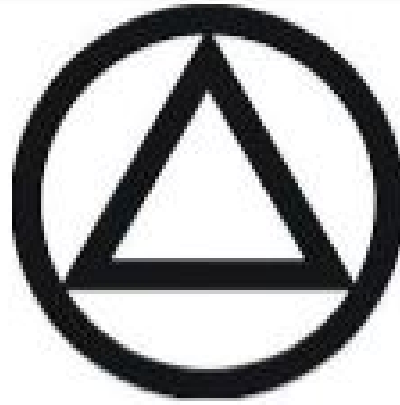


Bowling Green, Florida 33834
(South of Ft Meade)



Plenty of Free Parking

For more info call Michelle: 863-535-7001



4 CORNERS AA GROUP

THE RIDGE MOBILE HOME PARK

49473 US HWY 27

DAVENPORT, FL 33897

South of HWY 192

MONDAY 7:00PM

THURSDAY 12:00PM

Larry C. 863 221 3657



20th Spring Into Sobriety Women's Conference May 3rd to May 5th

www.sisconference.com

Venezia Resort Hotel

425 US 41 Bypass North, Venice, Florida 34285

Please call hotel for accommodations:

941-308-7700

Ask for the SIS-Conference room rate of \$89.00 per night

Registration begins January 1, 2019 • Register Early • First 150 will receive a special gift
Registration on-line (pay securely with credit, debit or PayPal) www.sisconference.com

Or mail registration form below along with check made payable to SIS Conference Inc. to:

SIS Conference • 942 Capri Isles Boulevard, Unit 205, Venice, FL 34292

****Please note you will not be able register at the conference****

For further assistance email us at: womensh@gmail.com or call 941-681-0747

REGISTRATION and ORDER FORM

Name: _____ Sobriety Date: _____

Address: _____ City: _____ State/Zip: _____

Email: _____ Contact Phone #: _____

Check mark your choices (Please write legibly):

_____ \$ 30.00 Registration ****REQUIRED**

_____ \$ 12.00 Friday Night: Taco Buffet

_____ \$ 12.00 Saturday Lunch: Soup / Salad Bar / Assorted Wraps

_____ \$ 32.00 Saturday Banquet: _____ Prime Rib _____ Artichoke Chicken _____ Portabella Caprese

All banquet meals gluten free. For special dietary needs call or email SIS to see if the hotel can accommodate

T-Shirt & Coffee Mug Orders

Items can be seen on sisconference.com (Preorder only, not available at conference)

[Orders for Cotton T-shirts must be received by 4/1/19 • Polyester and Mugs by 4/28/19]

Available Sizes: S - M - L - XL - XXL - 3X - 4X STANDARD FIT

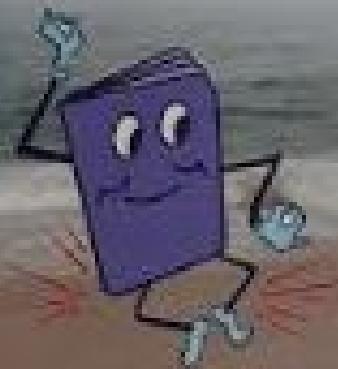
TOTAL	QTY	White (W) - Violet (V) - Pink (P) - Grey (G)	Size	Color	Order by
\$ _____	_____	\$14.00 Cotton Tank Top - Only in (W) or (G)	_____	_____	4/1/19
\$ _____	_____	\$16.00 Cotton V-Neck Short Sleeve - (W), (P), (V)	_____	_____	4/1/19
\$ _____	_____	\$16.00 Cotton Boat Neck ¾ Sleeve - (W) or (P)	_____	_____	4/1/19
\$ _____	_____	\$22.00 Polyester Performance V Neck Short Sleeve	_____	White	4/28/19
\$ _____	_____	\$15.00 Coffee Mug (A MUST HAVE!!)	11 oz	SIS design	4/28/19
\$ _____	_____	I would like to donate to the scholarship fund.	_____	I am requesting a scholarship	
\$ _____	_____	CONFERENCE and ORDER TOTAL	_____	I would like to volunteer	

Our 16th Year



Steps To Sobriety

Feb. 22,23,2019



With **Sheldon F.**
LAS VEGAS

Place On The Inter Coastal
Calvary Episcopal Church
1615 1st Street
Indian Rocks Beach
Florida, 33785

Work Shop Starts
Fri. 7 PM
Sat. 9 AM

Door Prizes
Raffle's
Food

www.stepstosobriety.com

Registration By 2/15/2019 \$20.00
Registration After 2/15/2019 \$25.00
Contact Warren 727-365-0661
Jim 727-214-5188; Maria 727-251-2188
Make Checks Out to: Steps To Sobriety
Mail To: 3001 Karen Ave, Largo FL 33774
Room Max 150 People

REGISTRATION INFORMATION

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____



SUNLIGHT of the SPIRIT

South Florida Area 15 General Service Assembly

APRIL 5-7, 2019

www.area15aa.org

Hosted by Districts 6 & 7

Registration: Friday 4:00 PM - 8:30 PM, Saturday 8:00 AM - 8:30 PM, Sunday 7:00 - 9:00 AM

Friday April 5		Saturday April 6 (cont.)	
8:30-9:30am	Speaker Meeting***	12:30-1:30pm	District Chairpersons Meeting
10:00-11:00pm	Night Owl Meeting	12:30-1:30pm	District Treasurers Meeting
10:00-11:00pm	Spanish Night Owl Meeting	12:30-1:30pm	District Secretaries/Registrars
Saturday April 6		1:00-1:50pm	Spanish Treasurers Workshop
7:00-8:00am	Early Bird Meeting	1:30-3:50pm	Connections Committee
7:00-8:00am	Spanish Early Bird Meeting	2:00-3:50pm	Finance Committee
8:00-9:00am	Concepts Workshop	2:00-3:50pm	Intergroup/Central Office
8:00-9:00am	Spanish Concepts Workshop	2:00-3:50pm	OSR Sharing
8:30-10:50am	Treatment Facilities Committee	2:00-3:50pm	DCM Sharing
8:00-10:50am	Ramona Communities Committee	2:00-3:50pm	Quarterly Coordinators Meeting
9:00-10:50am	State Convention Committee	4:00-5:00pm	<i>Conf. Agenda Review</i>
9:00-10:50am	Archives Committee	5:00-8:00pm	Banquet
9:00-10:50am	Current Practices Committee	7:00-8:30pm	Speaker Meeting***
9:00-10:50am	Grapevine/La Vina Committee*	8:30-9:30pm	Night Owl Meeting
9:00-10:50am	Literature Committee	10:00-11:00pm	Spanish Night Owl Meeting
9:00-10:50am	PRCPC Committee		
9:00-10:50am	Accessibility Committee**		
11:00-12:30pm	Spanish Linguistic Committee		
11:00-12:30pm	Traditions Workshop		
12:00-1:30pm	Website Committee		

*Spanish Language Interpreter provided. **ASL Interpreter Provided (if requested). ***ASL (if requested) and Spanish Language Interpreter Provided. Arrangements for Accessibility accommodations at this meeting, workshop, hotel room with wheelchair access or interpreter for the Sunday morning business meeting can be made by contacting the Area Accessibility Chair at accessibility@area15aa.org or by phone.

SATURDAY BANQUET

No. of Chicken Breast _____
No. of Sirloin Steak _____
No. of Cheese Ravioli _____
Total Tickets at \$47 each _____
Name _____
Address _____
City _____ ST _____ Zip _____
E-mail _____
District _____
Guests with special dietary needs (state needs) _____

Payment Due by March 1, 2019

Make checks payable to:

Kenneth Nestor and mail to:

District 7

PO BOX 61732

FL Myers, FL 33906-1732

Hotel Information: Boca Marriott

Boca Raton Marriott at Boca Center

5150 Town Center Circle, Boca Raton, FL 33486

Phone: 561-352-4600 ext 1

HOTEL RESERVATIONS OPEN ON MONDAY

January 14, 2019 AT 9:00 am AND MUST BE RECEIVED

BY

March 1, 2019

REFERENCE: 97034PG

FOR HOTEL ROOM WAIT LIST OR
TO CANCEL A ROOM
PLEASE CONTACT:

hotelinfo@area15aa.org

From I-95, exit Palm Beach Park Road (exit 44) go west.
Turn right (north) at Military Trail. Turn right at Town Center Circle and
follow road to hotel entrance.

QUESTIONS? Please contact Jim PL at:

jim@area15aa.org

Or 239-569-7374



Celebrating the Day Bill W. and Dr. Bob First Met

The 29th Spring Conference
in Orlando, Florida!



The "Woodstock" of AA

May 24 - 26, 2019

Featured Speakers*

- FRI** 7:00 p.m. "AA Speaker" - To Be Announced!
8:30 p.m. "AA Speaker" - To Be Announced!
- SAT** 9:00 a.m. "Steps 1, 2, & 3" - To Be Announced!
10:30 a.m. "Steps 4 & 5" - To Be Announced!
11:30 a.m. - 1:00 p.m. - *Break*
1:00 p.m. "Steps 6, 7, & 8" - To Be Announced!
2:30 p.m. "Steps 9, 10, & 11" - To Be Announced!
4:00 p.m. "Steps 12" - To Be Announced!
5:00 p.m. "Steps 12" - To Be Announced!
6:00 p.m. - 8:30 p.m. Dinner Break
8:30 p.m. "AA Speaker" - To Be Announced!
9:00 a.m. "AA Speaker" - To Be Announced!
10:30 a.m. "AA Speaker" - To Be Announced!
11:30 a.m. "AA Speaker" - To Be Announced!

*Speakers and Schedule Subject to Change

DoubleTree by Hilton Orlando East—UCF

12125 High Tech Ave., Orlando, FL 32817

A Full-Service Orlando Hotel

Featuring Free Parking & Free Wi-Fi

Room
Rates*

\$99

Reserve Your Room By April 26th

Rates are good for 3 days prior to
and 3 days after the event.

(407) 275-9000

*Attend The 29th Spring Conference
- The "Woodstock" of AA - Orlando!

\$43 Registration Fee - Optional Saturday Night Banquet \$38

*** **PARTICIPATION IS STRICTLY LIMITED TO THE FIRST 300 REGISTRANTS** ***

Sup. & Speaker Meetings, Free Wi-Fi, Free Parking, Fitness Room, Swimming Pool & Starbucks kiosk in the lobby!
Make Check or Money Order Payable to The Serenity Club & mail to: 11425 Collier Blvd., Ste. 107, Naples, FL 34116

For Conference Information Call 239-736-6767 or Email jeddlemann@aol.com

Your cancelled check is your receipt. Proceeds from this event will go to support The Serenity Club of Southwest Florida, Inc.

Woodstock of AA - 29th Spring Conference 2019 - Orlando, Florida

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email Address _____

Each attendee must register individually and with a
unique email address.

You can register online by visiting our website at:
<http://www.serenityclubswfl.org>

Please Note: We Do Not Accept American Express!

This is a fundraiser. All sales are final. **NO REFUNDS**. Cancelled/unclaimed registrations will become scholarships.

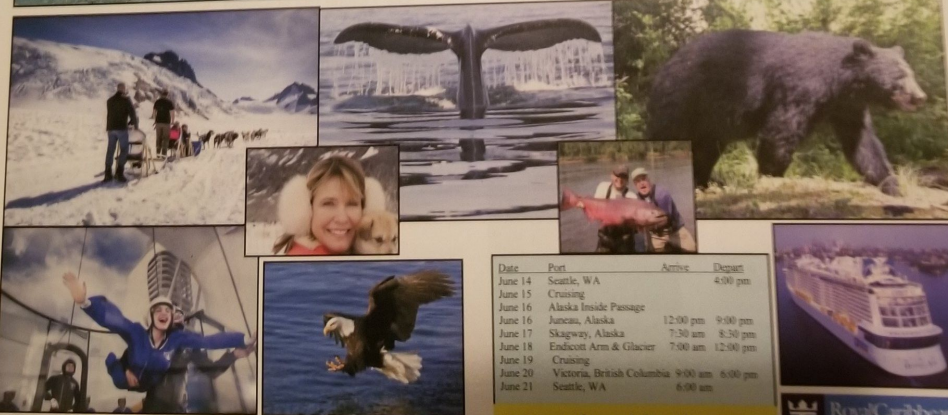
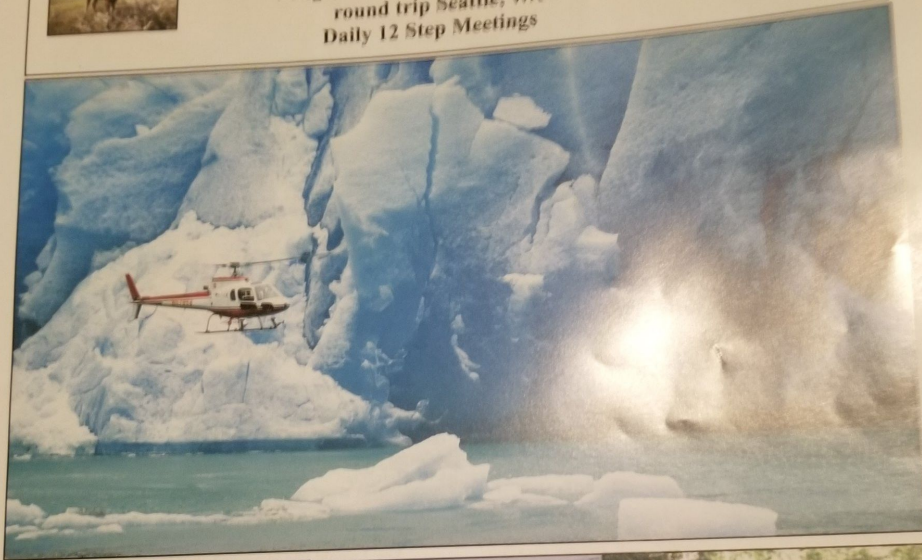
This flyer may be copied for distribution or downloaded from www.serenityclubswfl.org

ALASKA FELLOWSHIP ADVENTURE

June 14-21, 2019

Hosted by Polly Pistole
7 Night Cruise on Ovation of the Seas
round trip Seattle, WA
Daily 12 Step Meetings

Call to book
561-702-2312



Date	Port	Arrive	Depart
June 14	Seattle, WA		4:00 pm
June 15	Cruising		
June 16	Alaska Inside Passage		
June 16	Juneau, Alaska	12:00 pm	9:00 pm
June 17	Skagway, Alaska	7:30 am	8:30 pm
June 18	Endicott Arm & Glacier	7:00 am	12:00 pm
June 19	Cruising		
June 20	Victoria, British Columbia	9:00 am	6:00 pm
June 21	Seattle, WA	6:00 am	

www.sobercelebration.com

Royal Caribbean
INTERNATIONAL

Onboard: Bumper cars, roller skating, basketball court, circus school and more at Seaplex, the largest indoor active space at sea. RipCord by iFLY®, the first skydiving experience at sea. North Star observation capsule, FlowRider® surf simulator and 30-foot high Rock Climbing Wall. Vitality Spa, Indoor Pool, Casino, Amazing Dining!



24th Annual Southeast Woman to Woman Conference *"Secrets Women Don't Share"*



Speakers
Workshops
Meditation

Entertainment
Dancing
Raffles

Her Roots Grasped a New Soil

**Orlando, FL
August 23-25, 2019**

A conference for Alcoholic women with Alanon participation for registrants only!
No children allowed at conference events

**The Florida Hotel and Conference Center
8001 S. Orange Blossom Trail, Orlando, FL 32809**

Reservations can be made by calling: 407-859-1500 (mention Southeast Woman to Woman) before June
29th Rooms reserved for Conference: \$112 + tax per room/per night. Free Parking

CONTACTS: Christine S. 407-694-3109 • Angela S. 321-216-7726 • Vera J. 407-558-4657
Email: Orlando.sew2w.2019@gmail.com / Web: www.sewomantowoman.org

OR Clip and Mail to: SEW2W - P.O. Box 1134, Winter Park, FL 32790 - Checks/Money Order payable to: SEW2W

Registration Form...Please Print Clearly

Name: _____

Name on Badge: _____

Sobriety Date: _____ [] Are you willing to volunteer?

Address: _____

City: _____

State/Zip Code: _____

Phone: _____

Email: _____

Special Needs: _____

Registration Fee

Did you pre-Register in West Virginia? [] YES [] NO

Registration: \$25 per person (BEFORE—Feb 28, 2019)

\$30 per person (Mar 1, 2019 – July 1, 2019)

\$35 per person at the door (cash only)

[] AA [] Al-Anon

[] Registration Fee \$ _____

[] Scholarship Donation \$ _____

Banquet Ticket (\$50) [] Chicken [] Beef [] Vegetarian

Banquet Saturday at 7 PM

Total Amount Enclosed: \$ _____ NO REFUNDS

Checks/money orders payable to: SEW2W
Mail to: SEW2W, PO Box 1134, Winter Park, FL 32790

LOCATE MEETINGS WITH A CLICK!

"Meeting Guide by Josh R." is an app which can be downloaded to your cell phone to show you daily meetings in the Heartland Intergroup areas of Polk, Hardee and Highlands Counties. Available in your Play Store for Apple and Android phones.

Check it out!



ANNIVERSARIES



If your group would like to recognize group members for their birthday month, please submit a list to Kathy.

Speaker of The Month

Each month, at the end of the month, we present the audio of a speaker from a random meeting from someplace in the country.

Lamar R. from Baltimore, MD speaking at the Sunlight of the spirit conference in York, PA - 1999

<https://mirror.xa-speakers.org/speakers2/aa/single-speakers/lamar-r/lamar-r-sotsyork1999.mp3>

LISTEN

Heartland Intergroup of AA, Inc. Faithful Fivers January 2019	
	TOTAL
Brenda F.	
Frank M.	
Grace O.	
John C.	
Mark W.	
Nicholas D.	
Toni M.	
Trish F.	
TOTAL	

\$95.00



Heartland Intergroup of AA, Inc. Monthly Group Contributions January 2019	
	TOTAL
Beginners, Birthdays, and Milestones Eacr	
Better Nooner Than Later	
Candlelight Group	
Friends of Bill W. Davenport	
Going to Any Length Group	
Good Orderly Direction	
High Noon Group/Winter Haven	
Higher Powered Group	
North Lakeland Group	
Northside Group	
Saturday Solutions	
Sunday Nighters Group	
Weekend Serenity Group	
TOTAL	

\$1,246.39

Heartland Intergroup of AA, Inc. Monthly Individual Contributions January 2019	
	Jan 19
David Co.	
George M.	
Karen G W	
Unknown	
TOTAL	

\$104.55

Many Thanks to All Who Generously Contribute to Heartland Intergroup.

In addition to our **Faithful Fivers** and **Group Contributions**, we also receive donations for Anniversaries, Individual Contributions, and spare change to the "Dime-a-Day" can at the Intergroup Office. All of it helps us to continue helping the sick and suffering alcoholic.

Thank you for your support!

Contributions from the previous month will be included in the following month's mid-month issue.

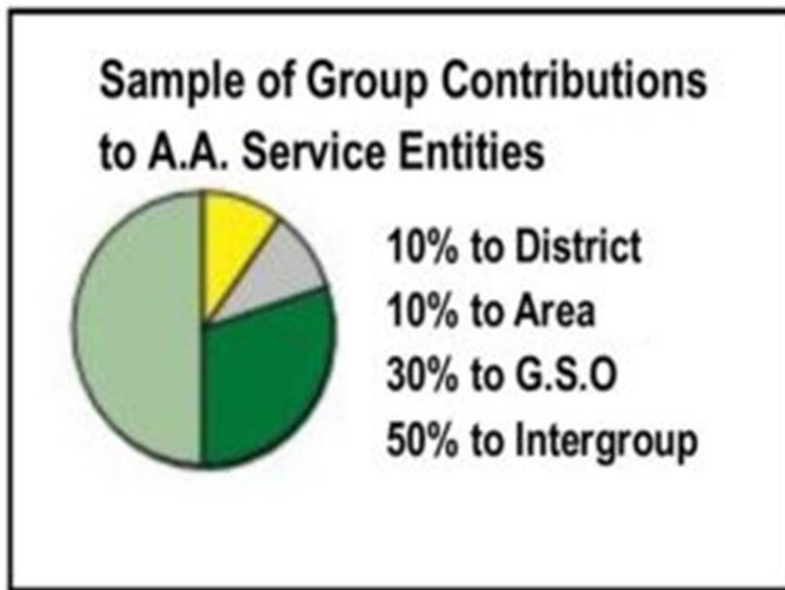
(If you notice that your contribution is not reflected, please remember that we publish the contributions from the prior month, so yours may not show up until next month).

*If you or your group would like to contribute to Heartland Intergroup, you may send a check or money order to us at:
Heartland Intergroup, 4204 S. Florida Avenue, #H, Lakeland, FL 33813.*

We also accept payments via debit/credit over the phone at (863) 688-0211.

District III - South Florida Conference General Service

New District III 2019-2021 Trusted Servants	
Chairperson	James C. 863 528 2938 / district3chair@gmail.com
Alt. Chairperson	Shirley D. 863 214 3259 / district3altchair@gmail.com
Registrar	Melanie - phone forthcoming / district3registrar@gmail.com
Treasurer	Beverly E. - 863 206 7195 / district3treasurer@gmail.com
Secretary	Vacant/ position still needs filled



Opinions expressed herein are not necessarily those of Heartland Intergroup or A. A. as a whole. (Exceptions are: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS and TWELVE TRADITIONS and other A. A. books and pamphlets are reprinted with permission of A. A. World Services, Inc.) Art and other articles are reprinted with permission of the A. A. GRAPEVINE, Inc. and are subject to the GRAPEVINE COPYRIGHT

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If you do not wish to continue receiving our newsletter, please notify us by clicking here: officemanager@heartlandintergroup.org

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