

A LITTLE CHRISTMAS HUMOR

Heartland Intergroup will be closed December 24 and 25, 2018

Events, Announcements and News

Heartland Intergroup

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Office Hours: Monday - Friday 9:00am - 5:00pm, Saturday 9:00am - 12:00pm

To our subscribers:

If you would like to include an article, event or announcement in the newsletter, please send as a Word document or as a jpg. to:

heartlandintergrouper@gmail.com.

If you have problems viewing this newsletter, look for the link in your email to view it in your browser (see example below).

Deck the Halls

Deck the dash with beer and wine D-D-D-D-D-D-W-I
Wreck the car with bongs and line D-D-D-D-D-W-I
Officer, I hear you sing D-D-D-D-D-W-I
Breathe into this little thing D-D-D-D-D-D-W-I

God Rest Ye Merry Gentlemen

A.A. is where you ought to go
While drinking is in your way
It tells you what you need to know
To get you through the day
It leads you to your Higher Power
When you have gone astray
O come now and join us at A.A.
Come to A.A.
O come now and join us in A.A.

Twelve Tips for a Sober Joyous Holiday Season

Holiday parties without alcohol may still be a dreary prospect for new AAs. But many of us have enjoyed the happiest holidays of our lives sober. Here are some tips:

- 1. Line up extra AA activities—meetings, speaking, phone answering, other AA service.
- 2. Entertain AA friends, especially newcomers.
- 3. Keep AA phone numbers with you at all times—and use them.
- 4. Find out about special holiday parties, meetings, or other events at groups in our area, and go. If you're shy, take a newer member.
- Skip drinking occasions you're nervous about. Remember your drinking talent for making excuses? Put it to work for you in sobriety.
- If you must attend a drinking party, and can't find a fellow AA to come with you, keep some candy handy.
- 7. You don't have to stay late. Plan for an "important date."
- 8. Go to church. Any church.
- 9. Don't sit around brooding. Catch up on reading, letters, walks.
- 10. Remember, one day at a time. Don't start now to worry about all those "holiday temptations."
- 11. If you can't give material gifts this year, you can give love.
- 12. "Having had a ..." You already know the Twelfth Step!-

With the first step of A.A.
My HP gave to me
A day of sobriety.

With the second step of A.A.
My HP gave to me
A wee bit of faith and...

With the third step of A.A.
My HP gave to me
Will-ing-ness...

With the fourth step of A.A.
My HP gave to me
Pencil, pen and pad...

With the fifth step of A.A.
My HP gave to me
Another human being

With the sixth step of A.A.
My HP gave to me
Lots of options

With the eighth step of A.A.
My HP gave to me
Too good a mem'ry...

With the ninth step of A.A.
My HP gave to me
Shatterproof glasses...

With the tenth step of A.A.
My HP gave to me
Shatterproof stasses...

With the eleventh step of A.A.
My HP gave to me
The Prayer of St. Francis

With the twelfth step of A.A.
My HP gave to me
The Prayer of St. Francis

The First Noel

The first little drink my sponsor did say would take my 3-year chip away.

Be it whiskey or beer-be it red wine or white.

I'll end with me puking all through the night.

Little drink, little drink, the first little drink -

It's an idea that really stinks!

Jingle Bells

Jingling keys, Jingling keys, That is what you'll hear When you get to rehab The end of your career Of alcohol, self-abuse, Life in disarray Then you can discover The healing of A.A.

Don't forget about the 2018 Alcothon!!!



Monday, December 24, 2018			Tuesday, December 25, 2018		
5:00 PM	6:00 PM	HAPPY HOUR	12:00 AM	1:00 AM	BREAK
6:00 PM	7:00 PM	BREAK	1:00 AM	2:00 AM	Boston Bill
7:00 PM	8:00 PM	AUBURNDALE	2:00 AM	3:00 AM	BREAK
8:00 PM	9:00 PM	BREAK	3:00 AM	4:00 AM	Turning Point
9:00 PM	10:00 PM	Anniversary Grp	4:00 AM	5:00 AM	BREAK
10:00 PM	11:00 PM	BREAK	5:00 AM	6:00 AM	EARLY BIRD
11:00 PM	12:00 AM	FIDELTY BB	6:00 AM	7:00 AM	BREAK
7		7.0	7:00 AM	8:00 AM	PHOENIX
			8:00 AM	9:00 AM	BREAK
			9:00 AM	10:00 AM	TRAD ANNIVERSARY
			10:00 AM	11:00 AM	BREAK
			11:00 AN	12:00 PM	PLUG IN THE JUG
			12:00 PM	1:00 PM	BREAK
			1:00 PM	2:00 PM	HIGHER POWER
			2:00 PM	3:00 PM	BREAK
			3;00 PM	4:00 PM	RIGOROUSLY HONEST
			4:00 PM	5:00 PM	BREAK
			5:00 PM	6:00 PM	HAPPY HOUR
			6:00 PM	7:00 PM	BREAK
			7:00 PM	8:30 PM	LONG TIMERS
					Sue Stadie 34 years Jim C. 39 years

A quick word from our Area 15 Delegate, Annie C.

Hello Everyone,

I hope you are enjoying the spirit of the season!

Recently, I as well as our General Service Office has been contacted by members with questions and concerns about A.A. members using emails of fellowship members to solicit money for Go-Fund me accounts. Some of these requests have come from so-called sobriety daily quotes groups as well as non-profit organizations being sent to non-A.A. members and their families.

The concern is about our 7th Tradition as well as many others and the exploitation of A.A. members for personal gain. One site has been shut down after our GSO contacted them due to copyright matters. The others are still active & more are popping up. After much discussion & consultation with our General Service Office, the best thing all of us can do as A.A. members is to bring it up as discussion topics in our meetings, ask questions at our meetings, and not participate if we see it is blurring the lines of our 12 Traditions.

Please share this information with your members and District.

Thank you,

Annie C., Area 15 Delegate

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