

# Heartland Intergrouper



## Events, Announcements and News

Heartland Intergroup

4204 S. Florida Avenue #H, Lakeland, FL 33813

[officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org)

(863) 688-0211 / (863) 687-9275

Office Hours: Monday – Friday 9:00am – 5:00pm, Saturday 9:00am – 12:00pm

To our subscribers:

If you would like to include an article, event or announcement in the newsletter, please send as a Word document or as a jpg.  
to: [heartlandintergrouper@gmail.com](mailto:heartlandintergrouper@gmail.com).

*If you have problems viewing this newsletter, look for the link in  
your email to view it in your browser (see example below).*

## ANNOUNCEMENTS

# **\$7.40 on 7/4 AREA CHALLENGE July 4<sup>th</sup> 2018**

In 2017 GSO provided services to 1,381,954 A.A. members at a cost of \$10,222,650. That's \$7.40 per A.A. member for the whole year! If every member contributed \$7.40 once, it would support all of the services GSO provides to all groups, for one year!

## **Here's how the challenge works:**

Groups pass a Special Basket or Can in addition to the regular 7th Tradition. Each member contributes \$7.40 (or round it up to \$8 to help those who can't). Individual members can send money or contribute online any time. Remember this is in addition to what you put in the basket to support your group.

## **\$7.40 on 7/4 — easy to remember!**

On July 4th each group collects the contents of the can or basket and writes a check (or money order) \*\* for the amount contributed. Cut on dotted line and be sure to enclose form with your payment to get credit for your contribution.

## **Send your share. Meet the Challenge!**

---  
\*\*General Service Office  
PO Box 439  
Grand Central Station  
New York NY 10162-0439

GROUP NAME/NUMBER \_\_\_\_\_  
or  
MEMBER NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_

Amount \$ \_\_\_\_\_ 2018 Contribution for \$7.40 on 7/4 CHALLENGE

**The Noonan Group presents:**

# 7 DEADLY SINS in 40 MINUTES

**\$7.40**

## **FUNDAISED:**

In 2017, the General Service Office (GSO) in New York provided services to 1,381,954 A.A. members at a cost of \$10,222,650.

That's \$7.40 per A.A. member for the whole year!

If every member contributed \$7.40 once, it would support all of the services GSO provides to all groups, for one year!

To help do our part, Sebring's the Noonan Group organized a special format meeting and fundraiser that will take attendees on a whirlwind tour of the Seven Deadly Sins in which even speakers will give a lead on one of the deadly sins.

All contributions collected from the \$7.40 suggested donation will be sent to GSO.

Now let's ponder the need for a list of the more glaring personality defects all of us have in various degrees.

Twelve and Twelve, pg. 48

## **Pride**

presented by Jay IL

## **Greed**

presented by Abby S

## **Lust**

presented by Robert W

## **Anger**

presented by Keith B

## **Gluttony**

presented by Linda

## **Envy**

presented by Tracy R.

## **Sloth**

presented by Gary B.

## **Saturday, Aug. 4**

**Heavy hors d'oeuvres at 7:40 p.m. – Meeting from 8-9 p.m.**

**LOCATION: Last House on the Block,**

**300 Medical Center Way, Sebring, FL 33870**

# RAINBOW PRIDE GROUP OF AA

PRESENTS THEIR

## 2nd ANNIVERSARY POTLUCK and "ASK-IT-BASKET" MEETING

This meeting was created to be LGBT friendly and all alcoholics are welcome

### WHAT

Ask it basket meeting with food before the meeting to celebrate our second year anniversary for the group. Please bring a dish to share.

### WHEN

Wednesday, July 4th. Food starts at 7:15pm. Meeting starts at 8pm.

### WHERE

Heartland AA Intergroup Office  
(located near the Panera on South Florida Ave)



# Turning Point

Beginner's Group

July 21<sup>st</sup>

'Nacho' Regular



Speaker Meeting

RANDY W.  
FROM KISSIMMEE

*Come share some Nachos at 3:30 and hear Randy's  
miraculous story of recovery at 4:30*

*Fellowship Hall  
401 N. Lake Howard Dr / Winter Haven*

62<sup>nd</sup> Florida State Convention



Waves  
of  
SERENITY



August 15 - 19, 2018

<https://floridastateconvention.com/>

Fort Lauderdale Marriott Harbor Beach Resort & Spa  
3030 Holiday Drive  
Fort Lauderdale, FL 33316

# Fidelity Big Book Workgroup



THURSDAYS 8:00 – 9:00pm

*Share your experience,  
strength and hope with us!*



*Come join us in studying the books  
Alcoholics Anonymous and the Twelve  
Steps and Twelve. To better understand the  
program of recovery.*

St. Joseph's Catholic Church  
532 Avenue M. NW  
(Family Life Center Bldg.)  
Rm#3





## Mary Lyons Detox Center



Be part of the "Hand of A.A." that shares the message of hope to the men who find themselves in this facility.

This is a Treatment meeting and not a regular A.A. Group. District III asks our local men to attend this meeting and fulfill our Primary Purpose of helping another alcoholic achieve sobriety. Each A.A. man who comes to this meeting is asked to share his experience, strength and hope by briefly stating what it was like, what happened and what it's like now. Most men who find themselves in detox can relate to our stories of alcoholic drinking and behavior. They are in need of Sponsors and supportive men who are following the path. Please come with your message of hope and help them see the way to break the chains of Alcoholism.



Mary Lyons Center  
2725 SR 60 East, Bartow  
Call 863.236.8339 For More Information

## DISTRICT III Breakfast and Detox Bids for 2018-

BREAKFAST BIDS	GROUP	DETOX BIDS	GROUP
January 2018	Key to Sobriety	January 2018	New Hope Study Grp
February 2018	0	February 2018	Friday Night Beginners
March 2018	New Hope Study Group	March 2018	0
April 2018	Ladies of the Lake	April 2018	Winners Circle
May 2018	Open	May 2018	Acceptance Group
June 2018	Lakeland Northside	June 2018	Auburndale Group
July 2018	Phoenix Group	July 2018	High Noon Group
August 2018	Auburndale Group	August 2018	Phoenix Group
September 2018	Acceptance Group	September 2018	Cyprs Grdns Noon Grp
October 2018	Winners Circle	October 2018	Key to Sobriety
November 2018	Candle Light Sebring	November 2018	Fidelity BB Study Grp
December 2018	High Noon Group	December 2018	Turning Point
January 2019	Key to Sobriety	January 2019	New Hope Study Group

### ACCEPTANCE GROUP

Trinity United Methodist Church 715 Cornelia Avenue, Lakeland, FL

### Offers Babysitting

Wednesday Women's Meeting - 7 pm

**BIG BOOK STUDY Meeting - 7 pm**  
**Saturday Open Discussion - 6 pm**

**(They no longer offer babysitting on Thursdays.)**

**CHANGES TO THE WHERE & WHEN**

Dear Members:

If you are:

- Starting a new group
- Changing an existing group
- Re-starting a defunct group
- Closing a group

and you want Heartland Intergroup to publish the changes, **please provide us with thorough information**. If we do not have all the necessary information, we will not include it in the Where & When or the Events Flyer. We will be happy to print it once all the necessary information is received.

NAME OF GROUP OR MEETING	ADDRESS OF MEETING	GROUP NUMBER, IF APPLICABLE	NAME OF CONTACT PERSON	PHONE NUMBER OF CONTACT PERSON	DAY OF WEEK	TIME OF MEETING	TYPE OF MEETING (BB, Discussion, ABSI, Speaker, etc.)	OPEN OR CLOSED

NAME OF GROUP	ADDRESS OF GROUP	NAME OF CONTACT PERSON (S)	PHONE NUMBER(S) OF CONTACT PERSON(S)	DAY OF WEEK	TIME OF MEETING	TYPE OF MEETING	OPEN OR CLOSED
RULE 62 GROUP	POLO PARK WEST, 1 <sup>ST</sup> CLUB HOUSE ON THE RIGHT WHEN YOU ENTER THE DEVELOPMENT, RIGHT BEHIND THE SHERIFF'S CAR	DAVE R.  DIANE S.  SAM N.	<a href="tel:914-850-9931">914-850-9931</a>  <a href="tel:609-432-1985">609-432-1985</a>  <a href="tel:407-350-8959">407-350-8959</a>	FRIDAY	7:00 PM	1 <sup>ST</sup> FRIDAY BIG BOOK 2 <sup>ND</sup> FRIDAY A S BILL SEES IT 3 <sup>RD</sup> FRIDAY 12 & 12 4 <sup>TH</sup> FRIDAY ANNIVERSARY CAKE/DISCUSSION 5 <sup>TH</sup> FRIDAY SPEAKER MEETING	OPEN MEEETING

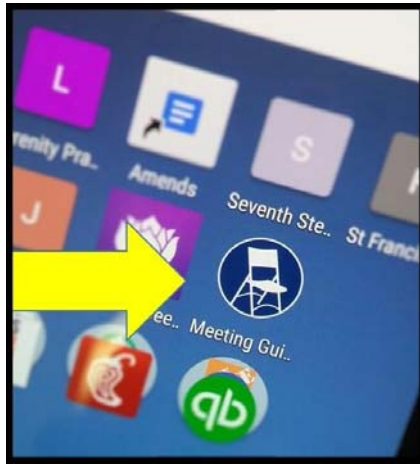
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The Ten At 10 Group <i>New Group Meeting</i>	Fellowship Hall N 401 Lake Howard Dr.	<i>In the works</i>	Chris V.	863.236.8339	Friday	10 PM	10 <sup>th</sup> Step Discussion	Open
The Way Out Young People's Group	Fellowship Hall 401 N. Lake Howard Dr.				Friday (meeting Disbanded) SUN.	10:00 PM 12:00	No longer meeting on Fridays Still Meeting On Sundays @ noon	Open
Beginner's Meeting <i>Meeting Disbanded</i>	Fellowship Hall 401 N. Lake Howard Dr.		Chris V	863.236.8339	Sunday	6:30 pm	<i>Meeting Disbanded</i>	

**LOCATE MEETINGS WITH A CLICK!**

"Meeting Guide by Josh R." is an app which can be downloaded to your cell phone to show you daily meetings in the Heartland Intergroup areas of Polk, Hardee and Highlands Counties. Available in your Play Store for Apple and Android phones.

Check it out!





## ANNIVERSARIES



If your group would like to recognize group members for their birthday month, please submit a list to Ashley.

## Speaker of The Month

Each month, at the end of the month, we present the audio of a speaker from a random meeting from someplace in the country.

Joe and Charlie "A Journey Through the Big Book"

[https://www.bing.com/videos/search?](https://www.bing.com/videos/search?q=BIG+BOOK+JOE+AND+CHARLIE&view=detail&mid=7C2AB6DAF1BD5373B8047C2AB6DAF1BD5373B804&&FORM=VRDGAR)

[q=BIG+BOOK+JOE+AND+CHARLIE&&view=detail&mid=7C2AB6DAF1BD5373B8047C2AB6DAF1BD5373B804&&FORM=VRDGAR](https://www.bing.com/videos/search?q=BIG+BOOK+JOE+AND+CHARLIE&view=detail&mid=7C2AB6DAF1BD5373B8047C2AB6DAF1BD5373B804&&FORM=VRDGAR)

LISTEN


Heartland Intergroup of AA, Inc. Monthly Faithful Fiver Contributions May 2018		May 18
Brenda F.*		
Grace O		
Lynn S.		
Mark W.		
Nicholas D.		
Steve T		
Trish F.		
TOTAL		185.00

Heartland Intergroup of AA, Inc. Monthly Individual Contributions May 2018		May 18
Anonymous		
Carl		
John C.		
TOTAL		34.30

Heartland Intergroup of AA, Inc. Monthly Group Contributions May 2018		May 18
Back to Basics/Sebring Lake Placid		
Better Nooner Than Later		
Cypress Gardens Noontime Group		
Fri. Night Beginners Mtg.		
Going to Any Length Group		
Key to Sobriety		
Ladies of the Lake		
Lakeland Highlands Big Book Study Gr		
North Lakeland Group		
Pass it on		
Sebring Group		
Turning Point Group Winter Haven		
Woody		
TOTAL		1,418.58

### Many Thanks to All Who Generously Contribute to Heartland Intergroup.

In addition to our **Faithful Fivers** and **Group Contributions**, we also receive donations for Anniversaries, Individual Contributions, and spare change to the "**Dime-a-Day**" can at the Intergroup Office. All of it helps us to continue helping the sick and suffering alcoholic.

**Thank you for your support!**

Contributions from the previous month will be included in the following month's mid-month issue.

**(If you notice that your contribution is not reflected, please remember that we publish the contributions from the prior month, so yours may not show up until next month).**

*If you or your group would like to contribute to Heartland Intergroup, you may send a check or money order to us at:*  
Heartland Intergroup, 4204 S. Florida Avenue, #H, Lakeland, FL 33813.

*We also accept payments via debit/credit over the phone at (863) 688-0211.*

### District III - South Florida Conference General Service

Chairperson - Debbie R. (863) 397-9980 / [District3chair@gmail.com](mailto:District3chair@gmail.com)

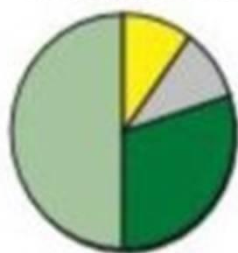
Alternate Chairperson: James C. (863) 528-2938 / [District3altchair@gmail.com](mailto:District3altchair@gmail.com)

Registrar - Shirley D. (863) 214-3259 / [District3registrar@gmail.com](mailto:District3registrar@gmail.com)

Treasurer - Kimberly H. (863) 595-5662 / [District3treasurer@gmail.com](mailto:District3treasurer@gmail.com)

Recording Secretary - J.K. (863) 877-5523 / [District3secretary@gmail.com](mailto:District3secretary@gmail.com)

## Sample of Group Contributions to A.A. Service Entities



10% to District  
10% to Area  
30% to G.S.O  
50% to Intergroup

*Opinions expressed herein are not necessarily those of Heartland Intergroup or A. A. as a whole. (Exceptions are: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS and TWELVE TRADITIONS and other A. A. books and pamphlets are reprinted with permission of A. A. World Services, Inc.) Art and other articles are reprinted with permission of the A. A. GRAPEVINE, Inc. and are subject to the GRAPEVINE COPYRIGHT*

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