



### Help Wanted

Heartland Intergroup currently has openings for volunteers on Tuesdays and Friday afternoons.

- One weekly 4-hour commitment in the morning (9-1) or afternoon (1-5). · When busy, you must be able to multi-task · Be comfortable speaking with the still suffering alcoholic · Arrange rides and/or 12-Step calls · Handle purchases (cash, credit, checks). **Benefits:**
- We learn how to make a commitment and stick with it! · Volunteer work looks good on your resume if you're seeking employment · It's rewarding! It's a chance to "keep it green" by being that very first contact to the still suffering alcoholic. · "I Am Responsible... When anyone, anywhere, reaches out for help, I want the hand of A. A. always to be there. And for that: I am responsible." · Our volunteers assure that the doors remain open and we continue to carry the message.

At times it's very quiet, so you also need to be able to handle 4 hours of down time. This is a great volunteer opportunity if you are a student needing study time, if you like to 'surf the net' or if you need quiet time to read the Big Book.

**If you are interested, please call Margo at (863) 688-0211 and give us your name, phone number and days available. Many thanks!**



### HEARTLAND INTERGROUP



4204 S. Florida Avenue

Lakeland, FL 33813

863-688-0211

[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

**Monday-Friday 9:00 A.M. to 5:00 P.M.**

**Saturday 9:00 A.M. to Noon**

## ACCEPTANCE GROUP

FEBRUARY	DATE	YEARS
JIM M	2-28-79	37
JOE B	2-17-93	23
DAVE V	2-3-98	18
MEGAN R	2-2-02	14
LARRY B	2-10-06	10
MICHAEL W	2-18-10	6
JEANNE P	2-18-11	5
CARRIE T	2-15-12	4
CHRIS D	2-2-14	2
DAVE B	2-9-14	2

## SCENIC SOBRIETY GROUP

JANUARY	DATE	YEARS
ROSE D	01/01/89	7
FEBRUARY	DATE	YEARS
TONY L	02/031/13	3

Your Group member birthday's could be here. Send your group information to [heartlandintergrouper@gmail.com](mailto:heartlandintergrouper@gmail.com) or [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org).



## MULBERRY GROUP

FEBRUARY	DATE	YEARS
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## LADIES OF THE LAKE

FEBRUARY	DATE	YEARS
ANNA Mc.	2/9/88	28
SHERRY K	2/16/14	2

## PHOENIX GROUP

JANUARY	DATE	YEARS
MARGO H	01-13-01	15
FEBRUARY	DATE	YEARS
TONY H	02/09/11	5
JENNY H	02/23/15	1

## NEW HOPE GROUP

FEBRUARY	DATE	YEARS
BOB B	2/16/1985	31
ROGER M	2/23/1987	29
BOB H	2/25/1993	23

BIG BOOK SALES		OFFICE ACTIVITY/CALLS/VISITS/etc.	NOV.	DEC.
Last Month	This Month	General Information	33	31
		AA Meeting Information	51	42
		Visits	18	15
Average month is 2015 was 28		Purchases	33	44
		Rides to Meeting	4	6
		Rides to Detox	2	0
		Other, miscellaneous	41	27
		Service Calls	40	*60
(*includes Christmas and New Year's Eve)				

## CONTRIBUTIONS

### GROUP

Acceptance Group	150.00
Big Deal Group	17.00
Come & See Group	25.00
Dixieland Steps/& Traditions	30.00
Downtown Group	120.00
Friends of Bill W. Davenport	150.00
Happy Hour Group	100.00
Ladies of the Lake	42.00
Lake Wales Tuesday Mens Group	113.00
Tuesday Noon Literature Group	50.00
Winners Circle	325.00
<b>TOTAL</b>	<b>1,122.00</b>

Faithful Fivers	185.00
Individual Contributions	459.31
Intergroup Monthly Meeting	18.00
Group Meeting Contribution	332.00

### TOTAL ALL CONTRIBUTIONS

**2116.31**



## **DISTRICT 3 NOTES**

**District III/GSR Meeting**  
**2:00 pm, 3<sup>rd</sup> Sunday of each month**  
**Holy Trinity Episcopal Church**  
**500 W. Stuart St., Bartow**  
*GSR training study begins at 1 pm (for those interested)*

Margo R., Heartland Intergroup Office Manager also became the Intergroup Liaison and Website Intergroup Liaison for District III thus keeping communication lines open between the two groups.

### **“District III Breakfast”**

District III voiced their gratitude of the support it receives from the many groups in the Heartland Intergroup area by having District Breakfasts using those monies collected to support our district. A WELL DONE goes out to Stephanie V. For her co-ordination of the January breakfast by getting the Gratitude Group-Lake Wales, Tuesday Night Big Book Group-Lake Wales and Key to Sobriety Group-Lake Wales hosting it at the Good Shepherd Episcopal Church in Lake Wales. Thank you Stephanie V. and all those volunteers from those groups for all they did to ensure the breakfast was a success. It was a special event by having a past DCM from 1990 as the Speaker. ensuring there was plenty of food and all the volunteers needed to feed and clean up. She was able to schedule a speaker who had also served as District Committee Member (DCM) for that area in 1990. Job well done, thanks again.

Does your Group want to do service as a group? District 3 needs volunteer groups for the following months in 2016 for District III Breakfast: June, November and December.

If your group is interested contact by email to [district3chair@gmail.com](mailto:district3chair@gmail.com) or [district3altchair@gmail.com](mailto:district3altchair@gmail.com)

### **Looking for something to do? District 3 needs the following:**

**Sign Up Now**

Chair-Gratitude Dinner

Chair for Events Committee

Several DCMs and ACMs

For more information contact [district3altchair@gmail.com](mailto:district3altchair@gmail.com)



"Being wrong is NOT one of my problems—so how can I take inventory?"

## Heard at meetings

"When I was drinking I was the most even tempered man who ever lived, I was mad all the time."

"I always tried to clear away the wreckage of the future."

"I allowed a committee of idiots to meet in my head."

"...and c) God could and would if he were sober."

## Rigorously Honest Group, Mulberry

Effective immediately: Time changed to 7:00 P.M. in the building directly behind where the group has been meeting.

### ART OF RECOVERY

#### Upcoming Classes:

Sunday, February 21: Intensified Pastels with Alison T.

Exciting, organic, brilliantly colored "realistic" abstract. Learn how to handle soft pastels for best effect. Lesson on warm and cool colors and combinations.

Sunday, March 13: Creative Watercolor with Margo H.

Go wild with color and free-form watercolor applications. Learn brush techniques, washes, glazing, wet-on-wet, dry brush and lifting. Your creative spirit will be awakened with this experimental class.

Please contact Margo at 619-634-9855 to sign up. Space is limited. Suggested donation: \$15.



Have something for either the monthly Heartland Intergrouper or the Events/Announcements bulletin? Send your submission to [heartlandintergrouper@gmail.com](mailto:heartlandintergrouper@gmail.com) or [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org)

If it is a flyer, please try to have it in PDF format.

## Alcoholics Anonymous Tradition 2

"Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. Must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

## Alcoholics Anonymous Step 2

"We admitted we were powerless over alcohol--that our lives had become unmanageable."

## Alcoholics Anonymous Concept 2

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

*Opinions expressed herein are not necessarily those of Heartland Intergroup A. A. as a whole. (Exceptions are: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS and TWELVE TRADITIONS and other A. A. books and pamphlets are reprinted with permission of A. A. World Services, Inc.) Art and other articles are reprinted with permission of the A. A. GRAPEVINE, Inc. and are subject to the GRAPEVINE COPYRIGHT*

***3. In keeping with Traditions, how would/does my group address matters that may arise, such***

**a.) Conduct that disrupts the meeting:** Safety is the responsibility of the group, but a sponsor can teach their sponsees how to be respectful by being an example of proper conduct. It is helpful if groups have a plan for disruptive persons. Disruptive behavior is often pre-empted by having the chairperson read the meeting guidelines for behavior in the meeting: Have instructions prepared for meeting chairs with suggestions on dealing with disruptive behavior.

The group conscience should fully empower meeting chairs and make them aware of their responsibilities to maintain order and safety in meetings so that the group as a whole will benefit. Group conscience discussions should include emphasis on Tradition One and the importance of the unity of the group having precedent over the individual. Some groups include in their opening announcements that illegal and disruptive behavior is not tolerated; include statements at the start of meetings that announce that abusive behavior will not be tolerated. Group can set boundaries. Do what is necessary to keep meetings safe. Ban persons who repeatedly engage in disruptive conduct that prevents the meeting from fulfilling its primary purpose. Do what is best for the whole group. Address disruptions when they occur.

Rely on the meeting chair as the first line of defense, with intervention with repeated offenders. The chair of a meeting can ask that there be no crosstalk during discussion, that cell phones be turned off and no texting during the meeting, and that if members must talk during the meeting to take it outside. Crosstalk can be handled by the person having the floor by stopping their "activity and remaining quiet until cross-talkers stop talking. Sponsors can discourage sponsees from texting during meetings. Starting meetings late can be disruptive especially for newcomers or visitors. When the group goes off message, members can raise their hands and get the discussion back on track (same with outside issues).

Disruption from wet drunks is usually handled by escorting the person out of the room by 2 members followed by an explanation; avoid confronting the person in the meeting room; approach them outside so you can address the concern of the disruptive behavior: The person can then be allowed to return if they agree to stop being disruptive. What about a wet drunk - isn't that why we are here? If the disruptive drunk upsets people in the group, then the behavior needs to be addressed. Be careful about allowing the personality of the "offender" to interfere with your judgment about inappropriate behavior. Remind members who are asked to leave a meeting that they are not being "kicked out" of A. A., nor is their membership being taken away. They are only being "kicked out" of a meeting because they are disrupting the meeting and in support of Traditions One and Five (unity and the primary purpose of a group) they are not welcome when they exhibit threatening or disruptive actions, Long-term members may offer to meet one-on-one with the disruptive member. If one-on-one contact with a disruptor is not effective and the disruptions continue, the group may have to ban them from the meeting until their behavior changes,

One group is dealing with two individuals who are disruptive and violent. Initially things were not handled well - particularly because it was not discussed at the group's business meeting and it fractured the group. It is a Tradition One issue, not a Tradition Three issue. It is up to the chairperson to handle these situations and with the support of the group conscience developed at regular business meetings. Some problems have no good solutions. Conduct can be hard to manage when there is a tendency to want to retain the member. The process should include discussing the behavior in the business meeting and talking to the person one-on-one. If the disruptive person has a sponsor, another member can go to that sponsor and talk about the sponsee's disruptive behavior so the sponsor can address the situation; and also can suggest getting outside professional help.

Acceptability of behaviors can vary with geography and urban/suburban/rural settings. Each of us is annoyed to different degrees by different forms of disruption. Some may feel that no one has the authority to stop specific behavior. Groups can either deal with disruptions, make it impossible to disrupt or allow it to continue.

We always have the option to call the police if disruptive behavior continues. Utilize available security personnel in institutions. The meeting rooms need to be safe and sometimes the police will need to be involved. Call the police if someone's behavior becomes unacceptable or threatening. It is okay to call the police for help. In an emergency, call 911. Have a plan to safeguard our meetings. Be aware that people in AA are in different stages of growth. Safety in meeting rooms should be taken seriously

**b.) Illegal activity:** Illegal and threatening behavior should involve the police. Many groups establish guidelines regarding when it is appropriate to call authorities. Handle the situation within the legal system. The nature of illegal acts can range from violence, embezzlement, theft of property to drug sales at a meeting. Some groups do not hesitate to report illegal activity to the proper authorities. Just because we are AA does not mean we have to tolerate illegal behavior. When we are in a meeting, we are still citizens and no one is above the law. Some situations may require a phone call to local authorities and/or a restraining order. Today there are restraints (liability issues) that need to be handled properly. Cooperate with the landlord regarding safeguarding their property.

We can all look out for one another and help to maintain a safe and positive meeting environment for all members and those yet to join us. What's good for the group comes first, but personal welfare follows close behind. Illegal activities that jeopardize the health and well being of others need to be reported. Everybody is welcome in A. A., but not illegal behavior. The process of sharing our experiences provides ideas on how to manage these situations that could arise. There is a good article in Box 4-5-9 "We Are Not Above the Law."

**c.) Inappropriate behavior towards vulnerable or new members (e.g., 13th Stepping):** Inappropriate behavior such as acting out or targeting vulnerable new members (e.g., "thirteenth stepping") occurs between someone new to a group and someone who has been around for a while. In general, older members keep an eye out for new and younger members. We need to be aware of two cautions: 1) predators are not always easy to spot and their targets are not always selected by appearance but by vulnerability; and 2) newcomers are vulnerable. The implications of "thirteenth stepping" may be grave for the women. Encourage victims of predators or inappropriate behavior or harassment to let the group know, talk to their sponsor, and/or report it to the proper authorities. Groups or elder statesmen cannot address a situation if they are not aware. Assure the person involved with a negative situation that the issue is being looked at or going to be looked at. Respect them and listen to members who have been hurt. Encourage someone who has been a victim of a reported crime to seek outside help/counseling. Let these members know that we care, that we are concerned and treat them with love, understanding and respect. .

Sponsorship plays a vital role. Encourage "thirteenth-steppers" to get a sponsor. Men can be sensitized to offensive behavior. Examine our motives when approaching other AA members. Be aware that not everyone welcomes a hug. Like any society, AA is not immune to human conduct. Sponsors can be helpful in pointing out warning signals or unhealthy situations to sponsees. Sponsors can teach about privacy, conviction and responsibility. We need to learn how to interact with newcomers who are young and those who are old/elderly who may have health' issues/disabilities. Some Spanish speaking members have concerns about the lack of regard for women within their groups, which drives the women out.

Ask "Would I be willing to have this group meet in my home?" If the answer is "No," then work on addressing the issues of concern. Solutions need to originate at the group level and not at GSO. Include this topic in a group inventory and plan ahead as groups.

**d.) Emergencies (injury/accident/fire/etc.):** Injuries need to be handled by those trained for such situations. Make sure fire exits, (eg) are clearly understood. Check on emergency procedures for the facility where the group meets. Have a plan in place on what to do in the event of an emergency. If it is a life threatening emergency, call 911 or other emergency resources. Never hesitate to call emergency numbers to save a life. Once the call has been made to report an emergency, responders will be arriving - give them room to do their job. Expect that some members who are not directly involved may wish to leave and that addressing the emergency situation is more important than continuing with the meeting. Consider safety measures when evaluating meeting places. Discuss this at business meeting. Some revisions to existing literature to address emergencies/safety procedures may be appropriate.



## SPOTLIGHT/UPDATE



### ON THE NEW

### BIG DEAL GROUP

#### Lakeland-Heartland Intergroup Office

A few months ago, this meeting began when Ellen S, California Tom and Chris V. decided to start a new meeting at Heartland Intergroup Office with the purpose of celebrating birthdays of those attending; be they core members or visitors. The first meeting had 17 attending and has remained strong since then. Each celebrant will be given a chip to mark years of sobriety and invited to share their story for ten minutes or so. There will be a segue to the "discussion" format once the birthdays have been celebrated. Join us during your birthday week and bring your support group along to the party. 6:00 P.M. every Tuesday.



## GROUP SPOTLIGHT/UPDATE



### ON THE NEW

#### ASK IT BASKET GROUP

**318 S. Scenic Highway, Suite 110, Lake Wales**

It was 1990 or 1991, Ron D. from Winter Haven was attending meeting at the 2720 Club in Lakeland and being fairly new to AA, his sponsor told him there was an Ask It Basket meeting that needed support and he should attend as they needed someone to be a leader and to Chair the group. Ron did so and found he really liked the meeting and was able to attend until moving to Dover. In 2013, Ron moved to Lake Wales. When he changed to a new church starting up in Lake Wales, the minister was open to the proposal of having community outreach and Ron, always remembering that 'Basket' meeting teamed up with Terri S. to begin a new Ask It Basket meeting. As all new meeting do, for a couple of months it was a small meeting which has now grown to 20 members with 14-16 attending regularly. This closed meeting is every Friday at 6:30 P.M. In the Up At The Cross Church. An Al-Anon group was first at the Church by meeting there Thursday mornings at 10:30 in the Summer of 2015.

#### **Getting Involved With Your Intergroup**

For a change of pace, perhaps we might ask what we can do for our intergroups and central offices, which are on the front line in carrying the A. A. message to individuals, groups and the public at large. A recent issue of The Messenger, the newsletter of the Nashville, Tennessee, Central Office, carried some practical do's and don'ts. reprinted from the December 1994 issue of the Grapevine and adapted as follows:

#### **First, the don'ts**

- If you haven't participated, don't complain that members have no voice in decisions.
- If you decline all commitments, don't complain that service has stagnated and then offer advice on how things should be run.
- If you've been slow to contribute, don't complain about poor financial management.
- If you haven't been reading the newsletters and reports, don't complain that you're not kept informed.
- If you hang back when volunteers are needed, don't complain that you're never asked, never appreciated.

#### **Now, the dos**

- Volunteer to answer the phones.
- Place your name on your group's Twelfth Step call list.
- Serve as an active intergroup rep. or in other service jobs on the intergroup committees.
- Encourage your home group members to contribute time and funds on a regular basis.
- Make personal contributions of your own.

Of intergroups and the work they do to help both suffering and recovering alcoholics, A. A. co-founder Bill W. said over 50 years ago, "Heaven has surely reserved a special place for every one of them." (The Language of the Heart, p. 30). Turnabout is fair play and, besides, when we support our local intergroup or central office, aren't we really helping ourselves ?

# The Golden Key

By Emmet Fox

Copyright 1931 by Emmet Fox

I have condensed this message into five pages. Had it been possible I would have condensed it to five lines. It is not intended to be an instructional treatise, but a practical guide for getting out of trouble. Study and research are well in their own time and place, but no amount of either will get you out of a difficulty. Nothing but practical work in your own consciousness will do that. The mistake made by many people, when things go wrong, is to skim through book after book without getting anywhere.

Read The Golden Key several times. Do exactly what it says, and if you are persistent you will overcome any difficulty.

Scientific prayer will enable you to get yourself, or anyone else, out of any difficulty. It is the Golden Key to harmony and happiness.

To those who have no acquaintance with the mightiest power in existence, this may appear to be a rash claim, but it needs only a fair trial to prove that, without a shadow of doubt, it is a just one. You need take no one's word for it, and you should not. Simply try it for yourself.

God is omnipotent, and we are His image and likeness and have dominion over all things. This is the inspired teaching, and it is intended to be taken literally, at its face value. The ability to draw on this power is not the special prerogative of the mystic or the saint, as is so often supposed, or even of the highly trained practitioner. Everyone has this ability. Whoever you are, wherever you may be, the Golden Key to harmony is in your hand now. This is because in scientific prayer it is God who works, and not you, and so your particular limitations or weaknesses are of no account in the process. You are only the channel through which the divine action takes place, and your treatment will be just the getting of yourself out of the way. Beginners often get startling results the first time, for all that is essential is to have an open mind and sufficient faith to try the experiment. Apart from that, you may hold any views on religion, or none.

As for the actual method of working, like all fundamental things, it is simplicity itself. All you have to do is this: Stop thinking about the difficulty, whatever it is, and think about God instead. This is the complete rule, and if only you will do this, the trouble, whatever it is, will disappear. It makes no difference what kind of trouble it is. It may be a big thing or a little thing; it may concern health, finance, a lawsuit, a quarrel, an accident, or anything else conceivable; but whatever it is, stop thinking about it and think of God instead - that is all you have to do.

It could not be simpler, could it? God Himself could scarcely have made it simpler, and yet it never fails to work when given a fair trial.

Do not try to form a picture of God, which is impossible. Work by rehearsing anything or everything that you know about God. God is wisdom, truth, inconceivable love. God is present everywhere, has infinite power, knows everything, and so on. It matters not how well you may think you understand these things; go over them rapidly.

But you must stop thinking of the trouble, whatever it is. The rule is to think about God. If you are thinking about your difficulty you are not thinking about God. To be continually glancing over your shoulder in order to see how matters are progressing is fatal, because it is thinking of the trouble, and you must think of God and nothing else. Your object is to drive the thought of the difficulty out of your consciousness, for a few moments at least, substituting for it the thought of God. This is the crux of the whole thing. If you can become so absorbed in this consideration of the spiritual world that you forget for a while about the difficulty, you will find that you are safely and comfortably out of your difficulty - that your demonstration is made.

In order to "Golden Key" a troublesome person or a difficult situation, think, "Now I am going to 'Golden Key' John, or Mary, or that threatened danger"; then proceed to drive all thought of John, or Mary, or the danger out of your mind, replacing it with the thought of God.

By working in this way about a person, you are not seeking to influence his conduct in any way, except that you prevent him from injuring or annoying you, and you do him nothing but good. Thereafter he is certain to be in some degree a better, wiser, and more spiritual person, just because you have "golden keyed" him. A pending lawsuit or other difficulty would probably fade out harmlessly without coming to a crisis, justice being done to all parties concerned.

If you find that you can do this very quickly, you may repeat the operation several times a day with intervals between. Be sure, however, each time you have done it, that you drop all thought of the matter until the next time. This is important.

We have said that the Golden Key is simple, and so it is, but of course it is not always easy to turn. If you are very frightened or worried, at first it may be difficult to get your thoughts away from material things. But by constantly repeating a statement of absolute Truth, such as. There is no power but God; I am the child of God, filled and surrounded by the perfect peace of God; God is love; God is guiding me now; or, perhaps best and simplest of all, God is with me - however mechanical or trite it may seem - you will soon find that the treatment has begun to "take," and that your mind is clearing. Do not struggle violently; be quite but insistent. Each time you find your attention wandering, switch it back to God.

Do not try to think in advance what the solution to your difficulty will be. This is called "outlining," and will only delay the demonstration. Leave the question of ways and means to God. You want to get out of your difficulty - that is sufficient. You do your half, and God will never fail to do His.

"Whoever calls on the name of the Lord shall be saved." (Acts 2:21)

## Become a Heartland Intergroup Faithful Fiver

Faithful Fivers are AA members or groups who graciously contribute \$5.00 or more each month to support 12<sup>th</sup> Step Work at Heartland Intergroup.

Heartland Intergroup serves all of Polk, Hardee and Highlands counties known as District 3.

We:

- Answer phones
- Provide AA meeting locations
- Provide general A.A. information
- Arrange 12<sup>th</sup> Step calls
- Sell books, literature, pamphlets, medallions
- Publish the Intergrouper Newsletter
- Maintain a website
- Host Intergroup Committee meetings

*Bill W. said: "Though not costly, these agencies are absolutely essential to our continued expansion – to our survival as a fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to recognition on our part that A.A. must everywhere function in full strength and that, under our tradition of self-support; we are all going to foot the bill". (Self-Support: Where money and spirituality mix").*

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### Sign Me Up! (You may remain anonymous)

Name: \_\_\_\_\_ Phone Number \_\_\_\_\_

Address: \_\_\_\_\_

City & State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Yes, I would like to be reminded quarterly

I pledge to give \$ \_\_\_\_\_ Monthly/Quarterly/Annually (circle one)

Make checks payable to Heartland Intergroup, 4204 S. Florida Avenue #H, Lakeland, FL 33813

Your contribution is tax deductible/Internal Revenue Service/Code 501 © 3

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*If your **home group has been unable to support** Heartland Intergroup with a regular monthly percentage of your basket, **your group can make a commitment** to become a Faithful Fiver Group and contribute a small amount each month.*

HEARTLAND INTERGROUP of AA, INC.  
4204 S. Florida Avenue #H  
Lakeland, FL 33813  
(863) 688-0211  
Email: [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org)  
[www.heartlandintergroup.org](http://www.heartlandintergroup.org)

We need Twelve Step call volunteers in some of our communities. If you are willing to have us add you to our list of 12 Step Volunteers, please call our office or email the following information to: [officemanager@heartlandintergroup.org](mailto:officemanager@heartlandintergroup.org).

Areas we need volunteers:

- Babson Park
- Bartow/Highland City
- Frostproof
- Haines City (Need women)
- Lake Placid
- Mulberry
- Polk City
- Sebring
- Wauchula
- Zolfo Springs

### **TWELVE STEP INFORMATION FORM**

Today's Date: \_\_\_\_\_

First & Last Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address: \_\_\_\_\_

Which areas/counties/communities are you willing to travel to?

\_\_\_\_\_

I am willing to do 12 Step Calls \_\_\_\_\_ (yes/no)

I am willing to give people rides to meetings: \_\_\_\_\_ (yes/no)

Hours/Days Available \_\_\_\_\_

Telephone: \_\_\_\_\_

Home Group \_\_\_\_\_ Sobriety Date \_\_\_\_\_

(1 year of continuous sobriety is required for 12-step work)

All of the above information is confidential and is for the exclusive use of Heartland Intergroup.

## “HEARTLAND INTERGROUP” and “DISTRICT III”

Needs your help

Both are looking for sites that can be used for events such as Pasta Fest, Gratitude Dinner, Founders Day Celebration, etc. Must be able to have 300+ capacity and a commercial kitchen. If you have suggestions please send a note to [heartlandintergrouper@gmail.com](mailto:heartlandintergrouper@gmail.com) or call Heartland Intergroup at 863-688-0211.

## HEARTLAND INTERGROUP BOOK STORE



Purchase A.A. items that are available from Heartland Intergroup's Book Store.



### HEARTLAND INTERGROUP

Monthly meetings are every 2<sup>nd</sup> Monday at 6:00 p.m.

Heartland Intergroup office  
4204 S. Florida Avenue, Ste. H, Lakeland

### MEETINGS AT INTERGROUP OFFICE

Just Show Up Group  
Anniversary Group  
Art of Recovery Group  
Big Deal Group  
Sponsor/Sponsee Group  
Downtown Group